



## King County

### Behavioral Health and Recovery Division

Department of  
Community and Human Services

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August 4, 2017

**Dear MIDD Partners,**

In our ongoing effort to share information about King County's Mental Illness and Drug Dependency (MIDD) programming and processes, this letter contains important information and updates on a variety of MIDD matters including:

- Planned MIDD Initiative Request for Proposal (RFP) timelines
- Update on the initiative formerly known as Workload Reduction (SI-03), now known as Quality Coordinated Outpatient Care
  - Medicaid Match loss impacts
  - Phased approach to 2017 funds
  - Initiative redesign collaboration opportunities
  - Revised initiative title
- Clarification on use of MIDD Workforce Development funds (SI-04)
- MIDD Implementation and Evaluation Plans Update
- Guidance on MIDD Initiative administrative overhead for providers
- Performance Measurement Meetings
- MIDD Initiative Highlights

Much of the information in this letter has been communicated in the monthly King County Behavioral Health Division (BHRD) Partnership meetings.

#### **Planned MIDD Initiative Request for Proposal (RFP) Timelines**

A [planned RFP schedule](#) for MIDD initiatives that will have new or revised RFPs released has been created and added to the MIDD website. Please check the site regularly for updates, as planned timelines may change.

### **Quality Coordinated Outpatient Care (Workload Reduction) (SI-03)**

*Medicaid Match Loss Impact-* King County has experienced a Medicaid actuarial rate change that resulted in the loss of Medicaid match for this initiative effective July 2017. Previously, the funds were 100 percent matched by the state, resulting in a doubling of the MIDD investment delivered directly to providers. The loss of Medicaid match drives a significant reduction in the total funds available to providers through this initiative: MIDD revenue for this initiative was budgeted at approximately \$4M annually. Medicaid match provided an additional \$4M.

On July 28, King County providers were notified that if they receive MIDD Workload Reduction funds, the exhibit will be amended to reflect this reduction and there is no guarantee of funding beyond 2017 for this initiative. We anticipate that the contract amendments will be going out to providers the week of August 14.

*Phased Approach to 2017 Workload Reduction Funds-* King County recognizes that the funding reduction has significant implications to our provider partner agencies and staff. Therefore, the County plans to phase the reduction in during the final six months of 2017. This phased reduction approach uses funds from 2018 which will reduce the amount available in year one of the redesigned initiative. The phased in reduction will occur as follows:

- Full funding July, August and September
- 50% funding October and November
- 25% funding December (with flexibility of how agencies elect to phase down services)

*Initiative Redesign Collaboration Opportunities-* Throughout MIDD 2 renewal and planning, this initiative had been targeted for redesign in light of behavioral health integration and the merging of substance use disorder and mental health contracting and services. With the added complexity of the loss of Medicaid Match and the upcoming physical and behavioral health integration, this initiative requires a thoughtful and collaborative redesign process that involves providers and MIDD Advisory Committee members.

King County will hold its first design session on August 31, from 1-4 PM in the King County Chinook Building rooms 121-123. The timeline and schedule for this work will be discussed at that meeting. Please email [kelli.carroll@kingcounty.gov](mailto:kelli.carroll@kingcounty.gov) if you are interested in participating in the design work. Please note that the design workgroups will be facilitated by consultant Christina Hulet.

*Revised Initiative Title-* The new name of this initiative reflects King County's focus on supporting behavioral health system transformation to fully integrated managed care and the implementation of behavioral health outcome measures.

### **Clarification on use of MIDD Workforce Development funds (SI-04)**

Previously when providers didn't fully utilize MIDD chemical dependency professional (CDP) education and training funds allocated under this initiative, the unused funds were re-distributed within the initiative for additional reimbursable training and education expenses.

Due to the uncertain Medicaid environment that may impact the Affordable Care Act and Medicaid Expansion, King County is taking a cautious approach to ensure stability in the behavioral health system. Therefore, we are reminding providers to stay within their allocation for this initiative and spend it down as allocated.

Also, we want to remind you that we will be revising this initiative for 2018, so further changes may be coming. As with SI-03, we will be bringing a provider workgroup together in the early fall to advise us on revisions, so please stay tuned for more information. If you are interested in participating in the design workgroup for Workforce Development, please email [sherry.mccabe@kingcounty.gov](mailto:sherry.mccabe@kingcounty.gov).

### **MIDD Implementation and Evaluation Plans**

As required by Ordinance 18407, the Executive transmitted revised MIDD 2 Implementation and Evaluation Plans to the King Council on August 3. The MIDD 2 Implementation and Evaluation Plans build on the MIDD Service Improvement Plan by providing the initiative specific, detailed working components of MIDD 2 called for by the Council in Ordinance 18407. The Service Improvement Plan (SIP), Implementation Plan and Evaluation Plan work together to provide a full picture of MIDD 2 for policymakers, stakeholders and the public. The MIDD 2 Implementation and Evaluation Plans are now available at [www.kingcounty.gov/midd](http://www.kingcounty.gov/midd), along with the MIDD SIP.

The draft plans were reviewed and discussed at the June 22 MIDD Advisory Committee. Some revisions to the plans were made as a result of feedback received at the Advisory Committee meeting, while other revisions were made as a result of other factors. A summary of substantive revisions is below:

Item	Summary
Transition to performance-based contracting	<ul style="list-style-type: none"><li>Aligns with value-based contracting at the federal and state levels that will be driving corresponding contracting approaches in the Department of Community and Human Services (DCHS) and BHRD.</li><li>MIDD-funded contracts will begin to include performance-based elements during MIDD 2. DCHS staff will work with provider partners on the details of this evolving MIDD contract methodology.</li></ul>
Initiative Description Revision Workload Reduction/Quality Coordinated Outpatient Care	<ul style="list-style-type: none"><li>New name.</li><li>Adds current behavioral health environmental context.</li><li>Focuses on improved health outcomes for clients.</li><li>Notes that additional planning work is required.</li></ul>

MIDD Advisory Committee feedback	<ul style="list-style-type: none"> <li>• Share MIDD successes more frequently and broadly.</li> <li>• Distribute RFP announcements to MIDD Advisory Committee members.</li> <li>• Utilize a mapping system that could show where providers are and where people can obtain services.</li> <li>• Clarified the process that resulted in MIDD Framework population indicator change related to housing stability.</li> <li>• Amended certain performance measures related to increasing culturally appropriate care and noted that further work is needed developing appropriate performance measures.</li> </ul>
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It is anticipated that the MIDD Advisory Committee will discuss the revisions at its August 24 meeting. The meetings are open to the public and providers are encouraged to attend. A public comment period is included at each meeting.

#### **Status of MIDD Fund Balance**

Beginning in 2014, the MIDD fund had an unused balance of funds that were made available to fund one-time costs. The MIDD fund currently does not have fund balance available for one-time costs.

#### **MIDD Initiative Administrative Overhead for Providers**

In response to provider inquiries regarding MIDD administrative overhead, King County is in the process of developing guidance for providers about how they may explore the possibility of addressing administrative overhead costs within their existing funding allocation. Further information will follow soon.

#### **Performance Measurement Meetings**

As outlined in the MIDD Evaluation Plan, the performance measures for individual initiative were developed along with the initiative implementation descriptions in the MIDD 2 Implementation Plan. Some initiatives are still in the process of being developed; therefore, performance measures for those strategies may need to be revised as plans are finalized. Each MIDD 2 initiative description included in the MIDD Implementation Plan contains performance measurement information. These performance measurement elements will be updated throughout 2017 and 2018 through direct engagement with service provider organizations and other stakeholders. The County will be reaching out to providers to schedule performance measurement meetings for MIDD initiatives. We anticipate meetings will start in mid-September.

#### **MIDD Program Highlights:**

*Multipronged Opioid Initiative (CD-07)*- King County has been working with community partners to implement opioid strategies supported by MIDD funding. Prevention, treatment expansion, and overdose prevention strategies have been implemented. Planning for the Medicaid Demonstration Project opioid design team is underway. The opioid project is one of two

mandatory projects, along with Physical and Behavioral Health Integration, that must be included in the King County Accountable Community of Health's (ACH) application that will be submitted to the state Health Care Authority. The opioid design team project proposal focuses on expanding medication-assisted treatment and on opioid prescriber practices, including improved training, monitoring of prescribing practices and identification of non-opioid pain management alternatives.

BHRD is developing a request for qualifications to allocate MIDD funding for expansion of evidence-based buprenorphine medication-assisted treatment in the County and expects to request responses by the end of August 2017. BHRD worked with health and behavioral health providers to respond to a grant opportunity administered by the state Division of Behavioral Health and Recovery (DBHR) to develop opioid treatment related "Hub and Spoke" projects in six areas of the state. The Hub and Spoke model creates a coordinated, systemic response to the complex issues of opioid addiction among the Medicaid populations, focusing specifically on medication-assisted treatment for individuals with opioid use disorder. Two County organizations received grants – Valley Cities Behavioral Health and Harborview Medical Center.

In addition, the overdose prevention medication, Naloxone, is being distributed to opioid users, behavioral health providers, first responders, housing programs and others throughout the County and demand for receiving this medication is growing.

*Correction-Based Substance Use Disorder Treatment Services (RR-02 and RR-12)*- BHRD is working with the King County Department of Adult and Juvenile Detention to develop this program using MIDD funding and other resources. The program will provide cognitive-behavioral substance use disorder (SUD) treatment and cognitive-behavioral interventions addressing criminogenic risk factors for eligible adult individuals who are in the King County Jail or court ordered to the King County Community Center for Alternative Programs (CCAP). In addition, an Integrated Domestic Violence Intervention Pilot Program at CCAP for appropriate men participants who are assessed as having a SUD is linked to this program. An RFP through the Department of Community and Human Services is slated for release in September for this work.

*Mental Health First Aid initiative (PRI-07)*- Mental Health First Aid is a new initiative for King County supported by MIDD. Mental Health First Aid is an 8-hour training course designed to give members of the public basic skills to help someone who is developing a mental health problem or experiencing a mental health crisis. Just as CPR training helps a layperson without medical training assist an individual experiencing a heart attack, Mental Health First Aid training helps a layperson assist someone experiencing a mental health crisis. Using the National Council for Behavioral Health Mental Health First Aid Curriculum, BHRD is working with local Mental Health First Aid trainers to hold a training session this fall, with additional classes envisioned to occur over 2018. This would be a great class for providers, staff, and those who regularly interface with the public to take. If you are interested getting on a list to attend a class, please contact [sherry.mccabe@kingcounty.gov](mailto:sherry.mccabe@kingcounty.gov).

*Trans Guide-* The King County Trans Resource and Referral Guide is now available, thanks to one time MIDD fund balance provided last year. The Coalition Ending Gender-Based Violence, in partnership with several community organizations and with support from King County, was able to produce this updated guide. The online version is available at [www.kctransguide.org](http://www.kctransguide.org), and is **available in both Spanish and English versions**. The web hosting has been donated by a community member and will be updated on an ongoing basis.

An initial print run of 1,000 English and 500 Spanish hard copies of the guide are currently being distributed by the Coalition and BHRD; a PDF of the guide is also available. Please contact [jesse.benet@kingcounty.gov](mailto:jesse.benet@kingcounty.gov) if you'd like copies or have inquiries.

*New Initiatives-* King County BHRD leadership is reviewing all MIDD initiatives that have yet to be deployed to assess the timeline and planning in order to make sure that the county is taking into consideration immediate system needs and emerging issues.

*MIDD Advisory Committee Meetings-* These meetings are currently held on the fourth Thursdays of each month in the King County Chinook Building rooms 121-123. As noted above, the meetings are open to the public and providers are encouraged to attend. A public comment period is included at each meeting.

Thank you for your ongoing support of King County and of MIDD. We will continue to share information with you throughout 2017 regarding MIDD matters like implementation and evaluation work, and also about pending federal policy and fiscal changes that may impact MIDD and BHRD.

Please email [kelli.carroll@kingcounty.gov](mailto:kelli.carroll@kingcounty.gov) or [jim.vollendroff@kingcounty.gov](mailto:jim.vollendroff@kingcounty.gov) if you have questions or would like additional information.

Kind Regards,  
*Jim Vollendroff*

Director  
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