



Valid Washington State Driver's License and successful completion of a pre-employment background check. Knowledge of the safe operation and maintenance of assigned equipment, use and care of tools and equipment, parks maintenance operations and procedures including trail maintenance and construction, landscaping and grounds keeping and facilities. The employee must be able to lift 50 pounds. The employee must have the ability to work in all PSII positions.

### **ESSENTIAL FUNCTIONS**

1. Construct, renovate, and maintain parks, buildings, facilities, athletic complexes and infrastructure such as fences, trail structures, furniture, play areas and signs.
2. Provide customer service by enforcing county ordinances, responding to customer complaints and questions, responding to emergency situations and managing special event traffic.
3. Renovate, rehabilitate and maintain athletic fields and large bodies of turf.
4. Operate, maintain and inspect a wide variety of equipment and tools related to parks management.
5. Identify and assign daily tasks; train, monitor and assess work performance of seasonal employees and volunteers. Ensure tasks are clear and understood.
6. Maintain landscaped areas. Prune and transplant trees, shrubs and flowers.
7. Identify evaluate and possibly remove hazardous trees and poisonous or nuisance vegetation.
8. Design and construct landscaped areas in accordance with accepted horticultural standards.
9. Perform daily maintenance of park facilities including cleaning restrooms, litter and garbage, prep athletic fields, mow using a variety of riding mowers and push mowers, groom artificial turf fields using proper equipment and techniques.
10. Protect, inspect, renovate, repair, and maintain park open space, trails and wetlands.
11. Complete appropriate forms, timesheets, and work requests, and attend meetings and training sessions.
12. Inspect, repair and remove hazards. Post notices for the public. Perform emergency repairs or removal of unsafe conditions to maintain safety of park users.
13. Inventory and order supplies, materials and equipment.
14. Perform minor painting, carpentry, plumbing and electrical repairs.
15. Ability to use a personal computer.

### **NON-ESSENTIAL FUNCTIONS**

1. Participate in volunteer projects.
2. Participate in various committees.

### **PERSONAL PROTECTIVE EQUIPMENT USED**

Gloves, eye protection, rain gear, hard hat, respirator, safety harness, coveralls and ear protection.

### **OTHER TOOLS & EQUIPMENT USED**

Blower, forklift, various County vehicles, dump truck, 72" and 16' riding mowers, Gator/Toro motorized cart and groomer, shovel, broom, vacuum, rake, pitchfork, tractor, push mower, post hole digger, garbage bags and cans, chemical sprayer, power washer, 5 yard truck and trailer, fencing, weed eater, various hand and power tools, and computer.

### **PHYSICAL DEMANDS AS JOB IS TYPICALLY PERFORMED**

Continuously = occurs 66-100% of the time

Frequently = occurs 33-66% of the time  
 Occasionally = occurs 1-33% of the time  
 Rarely = may occur less than 1% of the time  
 Never = does not ever occur (such demands are not listed)

Highly Repetitive = Repeating the same motion every few seconds with little or no variation for more than two hours total per day.

**This job is classified as**

Heavy—exerting 50-100 pounds of force occasionally, and/or 25-50 pounds of force frequently, and/or 10-2- pounds of force constantly to move objects.

**Standing**

Health Care Provider initials if restricted \_\_\_\_\_

Frequently on grass, dirt, vegetation, cement, asphalt, linoleum and uneven surfaces for up to 40 minutes at a time for up to 5.5 hours total in a work shift. Most commonly occurs while maintaining equipment, performing renovation, construction, and maintenance of grounds and facilities, and directing traffic during special events..

**Walking**

Health Care Provider initials if restricted \_\_\_\_\_

Occasionally on grass, dirt, vegetation, cement, asphalt, linoleum and uneven surfaces for distances of up to ½ mile for up to 30 minutes at a time for up to 3 hours total in a work shift. Most commonly occurs while prepping athletic fields, cleaning restrooms and litter and garbage control. installing signs, backpack blowing, weed eating, performing pavement cleaning and directing traffic during special events.

**Sitting**

Health Care Provider initials if restricted \_\_\_\_\_

Frequently on an automobile seat, mower, tractor seat or office chair for up to 2 hours at a time for up to 6 hours total in a work shift. Most commonly occurs while driving various County vehicles (including the 5-yard truck and trailer) and tractors (with side cutting attachment) as well as using a computer to complete a timesheet.

**Climbing**

Health Care Provider initials if restricted \_\_\_\_\_

Rare on a ladder to heights of 10 feet for up to 10 seconds at a time for up to 5 minutes total in a work shift. Most commonly occurs while climbing on to a roof to check a drain, on or off a tractor or 5-yard truck and trailer as well as on a ladder to replace a light bulb.

**Balancing**

Health Care Provider initials if restricted \_\_\_\_\_

Occasionally for up to 15 minutes at a time for up to 2 hours total in a work shift. Most commonly occurs while loading/unloading equipment and materials in the back of a truck or trailer as well as traversing steep inclines and uneven surfaces. The employee also utilizes balance when climbing on and off of tractors/trucks/mowers as well as walking on a trailer ramp.

**Bending neck up**

Health Care Provider initials if restricted \_\_\_\_\_

Occasionally for up to 20-30 minutes at a time for up to 3 hour total in a work shift. Most commonly occurs while replacing light bulbs, installing signs, performing bucket duties and performing tree work.

**Bending neck down**

Health Care Provider initials if restricted \_\_\_\_\_

Frequently for up to 1 hour at a time for up to 6 hours total in a work shift. Most commonly occurs while lining athletic fields, litter and garbage control, cleaning restrooms, equipment maintenance using a chainsaw, blower, weed whacker, vacuum as well as while mowing, raking, shoveling or sweeping

**Bending/Stooping**

Health Care Provider initials if restricted \_\_\_\_\_

Occasionally on grass, dirt, vegetation, cement, asphalt, linoleum and uneven surfaces for up to 15 minutes at a time for up to 2.5-3 hours total in a work shift. Most commonly occurs while cleaning and prepping athletic fields, litter and garbage control, cleaning restrooms, equipment maintenance, weeding, raking, shoveling, using digging bar, installing fence posts, using a chainsaw, and using a hand blower.

**Kneeling**

Health Care Provider initials if restricted \_\_\_\_\_

Occasionally on grass, dirt, vegetation, cement, linoleum and uneven surfaces for up to 15 minutes at a time for up to 1.5 hours total in a work shift. Most commonly occurs while cleaning and prepping athletic fields, weeding, equipment maintenance and setting up for special events. The employee can alternate kneeling and crouching as needed.

**Squatting**

Health Care Provider initials if restricted \_\_\_\_\_

Occasionally on grass, dirt, vegetation, cement, linoleum and uneven surfaces for up to 15 minutes at a time for up to 1.5 hours total in a work shift. Most commonly occurs while performing equipment maintenance, athletic field prep, weeding shrub and flower beds. The employee can alternate kneeling and crouching as needed.

**Operating Controls with Feet**

Health Care Provider initials if restricted \_\_\_\_\_

Frequently for up to 2 hours at a time for up to 6 hours total in a work shift while operating various County vehicles such as a truck, motorized cart, forklift, 5-yard truck and trailer, mower and tractor.

**Reaching above shoulder height**

Health Care Provider initials if restricted \_\_\_\_\_

Occasionally for up to 30 seconds at a time for up to 45 minutes to 1 hour total in a work shift while setting up tents for special events, installing signs, performing fence work, replacing light bulbs, setting up for special events and performing tree work.

**Reaching at waist to shoulder height**

Health Care Provider initials if restricted \_\_\_\_\_

Frequently for up to 2 hours at a time for up to 6 hours total in a work shift while driving various County vehicles, operating a tractor/mower, cleaning gutters, performing fence repairs, shoveling, raking, litter and garbage control, setting up for special events and performing tree duties.

**Reaching at knee to waist height**

Health Care Provider initials if restricted \_\_\_\_\_

Occasionally for up to 30 minutes at a time for up to 2 hours total in a work shift while shoveling, sweeping, mopping, litter and garbage control, athletic field prep, setting up for special events and

manipulating supplies/materials/tools such as shovels, posts, fencing, bags of cement, dirt and asphalt.

**Reaching at floor to knee height**

Health Care Provider initials if restricted \_\_\_\_\_

Occasionally on grass, dirt, vegetation, cement, asphalt, gravel, linoleum and uneven surfaces for up to 15 minutes at a time for up to 1.5 hours total in a work shift. Most commonly occurs while performing litter and garbage control, weeding, shoveling and setting up for special events.

**Lifting 1-10 pounds**

Health Care Provider initials if restricted \_\_\_\_\_

Occasionally up to 5 seconds at a time for up to 30 minutes total in a shift. Most commonly occurs with objects weighing 4-9 pounds while manipulating various hand tools, hand blower (6 pounds), paint cans and signs, or performing litter and garbage control.

**Carrying 1-10 pounds**

Health Care Provider initials if restricted \_\_\_\_\_

Occasionally for distances of up to 100 feet for up to 5 minutes at a time for up to 30 minutes total in a work shift. Most commonly occurs with weights of 4-9 pounds while transporting various hand tools, hand blower (6 pounds), paint cans and signs, or performing litter and garbage control.

**Lifting 11-20 pounds**

Health Care Provider initials if restricted \_\_\_\_\_

Occasionally for up to 5 minutes at a time for up to 2 hours total in a work shift. Most commonly occurs with weights of 15-20 pounds while performing litter and garbage control, manipulating wood/performing tree duties, installing fencing and as well as when using a chainsaw (17 pounds) and backpack blower (20 pounds). The employee also lifts when shoveling and manipulating chain binders.

**Carrying 11-20 pounds**

Health Care Provider initials if restricted \_\_\_\_\_

Occasionally for distances of up to 100 feet for up to 10-15 minutes at a time for up to 1 hour total in a work shift. Most commonly occurs with weights of 20 pounds while performing litter and garbage control, installing fencing, moving and setting up chairs and tables for special events, using the backpack blower or chainsaw as well as when transporting equipment to and from the truck.

**Lifting 21-50 pounds**

Health Care Provider initials if restricted \_\_\_\_\_

Occasionally for up to 10 seconds at a time for up to 45 minutes total in a work shift. Most commonly occurs with weights of 40-50 pounds while performing litter and garbage control, moving and setting up canopies for special events, manipulating a 5-gallon bucket of paint, fence posts, fencing, asphalt/patching materials, bucket of dirt, debris, equipment tires, 5 gallon container of gasoline and drainage grates.

**Carrying 21-50 pounds**

Health Care Provider initials if restricted \_\_\_\_\_

Occasionally for distances of up to 50 feet for up to 2 minutes at a time for up to 1.5 hours total in a work shift. Most commonly occurs with weights of 40-50 pounds while performing litter and garbage control, athletic field prep, moving and setting up canopies for special events, transporting a 5-gallon bucket of paint, fence posts, fencing, asphalt/patching materials, bucket of dirt, debris, equipment tires, 5 gallon container of gasoline and drainage grates.

**Lifting 51-100 pounds**

Health Care Provider initials if restricted \_\_\_\_\_

Rarely for up to 10 seconds at a time for up to 1 minute total in a work shift. Most commonly occurs with weights of 55-75 pounds performing litter and garbage control or when loading/unloading equipment (such as a push mower) from a truck bed. The employee also lifts 60 pounds when manipulating bags of cement, fertilizer and grass seed.

**Pushing and Pulling**

Health Care Provider initials if restricted \_\_\_\_\_

Occasionally for distances of up to 100 feet at a time with a force of up to 10-30 pounds for up to 10-15 minutes at a time and up to 1 hour total in a work shift while using wheelbarrow, blowers, pressure washers, chair racks, push mowers, ball field liners and hand trucks.

**Handling**

Health Care Provider initials if restricted \_\_\_\_\_

Frequently for up to 2 hours at a time for up to 6 hours total in a work shift while manipulating a variety of hand tools and gas powered equipment, installing fencing, shoveling, raking, lining ball field, sweeping, mopping, litter and garbage control, driving, operating a tractor/riding mower and using a blower.

**Operating Controls with Hands**

Health Care Provider initials if restricted \_\_\_\_\_

Frequently for up to 2 hours at a time for up to 6 hours total in a work shift while operating various County vehicles such as a motorized cart, forklift, ball field liner, mowers, tractor and other tools/equipment related to parks maintenance.

**Fingering**

Health Care Provider initials if restricted \_\_\_\_\_

Occasionally for up to 20 minutes at a time for up to 3 hours total in a work shift while using a computer, writing, as well as using various hand tools such as pliers, wrenches and screwdrivers. The employee also keyboards while completing a timesheet.

**Feeling**

Health Care Provider initials if restricted \_\_\_\_\_

Continuously for up to 2 hours at a time for up to 7 hour total in a work shift while detecting vibrations to identify malfunctioning equipment, in particular mowers and tractors.

**Talking**

Health Care Provider initials if restricted \_\_\_\_\_

Occasionally for up to 10 minutes at a time for up to 40 minutes total in a work shift while conversing with co-workers and supervisors about work assignments as well as providing assistance to park visitors.

**Hearing**

Health Care Provider initials if restricted \_\_\_\_\_

Continuously for up to 2.5 hours at a time for up to 7 hours total in a work shift while identifying potential safety hazards such as moving equipment and operating machinery, taking directions and training, discussing assignments with co-workers and lead.

**Seeing**

Health Care Provider initials if restricted \_\_\_\_\_



**SIGNATURES**

Signatures on this page are obtained before the document becomes available for use and are not required each time the document is reused. Obtained signatures are kept on file at King County Safety & Claims. The Health Care Provider signature section is separate and appears on the following page.

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Printed name & title of VRC evaluator

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Signature of VRC evaluator

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Date

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Printed name & title of contact

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Signature of contact

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Date

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Printed name & title of employee

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Signature of employee

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Date

**HEALTH CARE PROVIDER SECTION**

**Check all that apply**

The employee is released to perform the described duties without restrictions on performance or work hours as of \_\_\_\_\_.

The employee is released to perform the described duties on a reduced schedule as of \_\_\_\_\_. The recommended schedule is:

Temporary until \_\_\_\_\_  Permanent as of \_\_\_\_\_

The employee is released to perform the described job with the following modifications:

Temporary until \_\_\_\_\_  Permanent as of \_\_\_\_\_

The employee is not released to perform the described duties due to the following job functions:

Temporary until \_\_\_\_\_  Permanent effective \_\_\_\_\_

The employee is unable to work in any capacity.  
A release to work is:  anticipated by \_\_\_\_\_  Not expected

**The limitations are due to the following objective medical findings:**

Printed or typed name and phone number of Health Care Provider

Signature of Health Care Provider

Date