Job Analysis Form

Alternate Format Available



SHORT FORM FOR PRE-EMPLOYMENT PHYSICALS

Physical Required: General physical, Diabetes, BP, Vision, and Back strength and lifting.

***Continued on next page.

PHYSICAL DEMAND	HRS PER SHIFT	PHYSICAL DEMAND	HRS PER SHIFT
Standing	30 min – 1 hour	Reaching knee-waist	0 – 10 minutes
Walking uneven terrain	30 min – 1 hour	Reaching floor-knee	0 – 5 minutes
Sitting	6 – 8 hours	Lifting/Carrying 1-10#	1 – 4 hours
Climbing stairs	0 - 5 minutes	Lifting/Carrying 11-20#	0 – 1 hour
Climbing	0	Lifting/Carrying 21-50#	0 - 30 minutes
Balancing	0 - 5 minutes	Lifting/Carrying 51-100#	0
Bending/Stooping	0 - 5 minutes	Lifting/Carrying 100+#	0
Kneeling	0 - 5 minutes	Handling	1 – 2 hours
Crouching	0 - 5 minutes	Hand Controls	0 - 6 hours
Crawling	0	Fingering 🗵 keyboarding	0 - 6 hours
Foot controls	0 – 1 hour	Vision to assure safety of others	
Reaching above shoulders	0 – 30 minutes	Hearing to assure safety of others	
Reaching waist-shoulder	4 – 6 hours	Other	

I have reviewed the following Job Analysis for the above-named employee.

Physician's Signature

Date