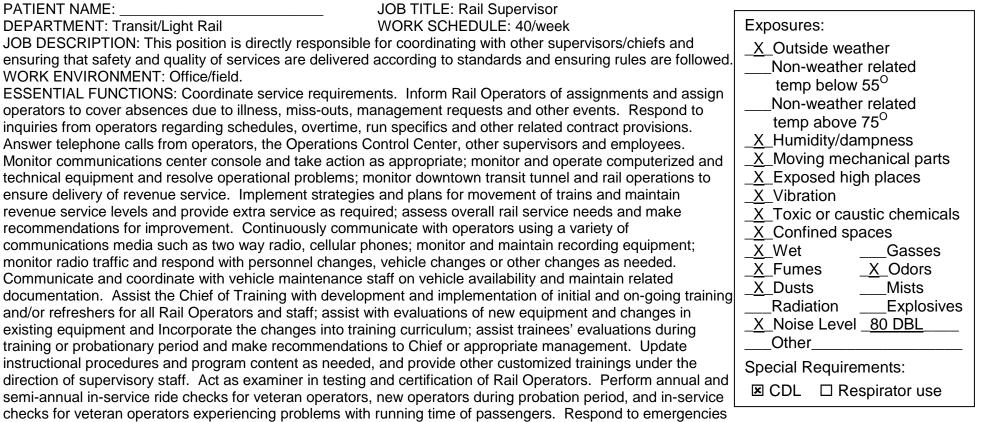
Job Analysis Form

Alternate Format Available



SHORT FORM FOR PRE-EMPLOYMENT PHYSICALS



on Rail vehicles, Rail platforms and Rail right-of-ways and coordinate required activities with emergency response personnel; investigate rail accidents, derailments, incidents and industrial injuries. Refer complaints to Rail Operations Chief and assist in fact finding process.

intain

a variety of electronic reports, perform data input and retrieval, review for accuracy all forms and documents received from Rail Operators and forward them to management or other units, as appropriate. Operate Rail Vehicles as determined by management. Perform other duties as assigned.

***Continued on next page.

PHYSICAL DEMAND	HRS PER SHIFT	PHYSICAL DEMAND	HRS PER SHIFT
Standing	0 – 7 hours	Reaching floor-knee	0 – 10 minutes
Walking 🗵 uneven terrain	30 min – 4 hours	Lifting/Carrying 1-10#	0 – 10 minutes
Sitting	30 min – 7 hours	Lifting/Carrying 11-20#	0 – 5 minutes
Climbing stairs	0 – 30 minutes	Lifting/Carrying 21-50#	0
Climbing	0	Lifting/Carrying 51-100#	0
Balancing	0 – 30 minutes	Lifting/Carrying 100+#	0
Bending/Stooping	0 – 1.5 hours	Handling	0 – 2 hours
Kneeling	0 – 10 minutes	Hand Controls	0 – 4 hours
Crouching	0 – 10 minutes	Fingering 🗵 keyboarding	0 – 2 hours
Crawling	0	Vision to assure safety of others	0 – 7 hours
Foot controls	0 – 4 hours	Hearing to assure safety of others	0 – 7 hours
Reaching above shoulders	0 – 30 minutes	Push/Pull 50-75lbs	0 – 5 minutes
Reaching waist-shoulder	0 – 5 minutes	See Colors	0 – 7 hours
Reaching knee-waist	0 – 5 minutes		

I have reviewed the following Job Analysis for the above-named candidate.

Physician's Signature

Date