




Health and Safety Practices in Child Care during COVID-19

Live Call with Nurses from the PHSKC
Child Care Health Program

NEWS: Executive Constantine transmits emergency legislation to fund child care services for first responders

King County Executive Dow Constantine sent legislation to the King County Council on March 30 proposing the release of \$2.2 million in funding from Sound Transit educational taxes to provide emergency child care to first responders and other essential workers who live or work in King County.

Virtual Meeting Guidelines

- ❑ Join on time, leave as you need, and be respectful of and kind to all participants.
- ❑ Mute your microphone for this presentation.
- ❑ To ask a question, click on the chat icon in the lower left of your screen and type it. It looks like this: 
 - Please keep your questions clear and brief.
- ❑ Please allow others to ask questions, as you might learn from theirs, too.
- ❑ Embrace differences, as we are all focused on the common goal of health and safety.

Reminders

Please know COVID-19 information changes daily, so the Child Care Health Program is unable to know everything about it.

The Child Care Health team will, however, be able to offer you clarity around best practices, the WAC, and methods to reduce the spread of the virus among children in your care *and* you as their providers.

There will be ongoing opportunities to have consultation with and support from the Child Care Health team in the coming weeks.

Reminders

You may find that there are differences in the guidance issued by local, state, and national entities. King County is currently more heavily impacted by COVID-19 than many other regions throughout the state and country. Public Health—Seattle & King County's guidance reflects our commitment to protecting the health and safety of our residents in light of our unique local circumstances.

What we know
about COVID-
19 so far...

COVID-19 is a new disease, caused by a novel (or new) coronavirus that has not previously been seen in humans.

What we know about COVID- 19 so far...

Someone who is actively sick with (i.e. has symptoms of) COVID-19 can spread the illness to others:

- a) through respiratory droplets when someone coughs or sneezes.
- b) when someone touches a surface that has the virus on it and then touches their nose, mouth, or eyes.

What we know about COVID- 19 so far...

The virus can live on surfaces for up to 3 days (72 hours).

People begin to show symptoms between 2 and 14 days after being exposed.



**Shortness of
breath**



Fever




Dry cough

Symptoms

People at higher
risk of developing
more severe
illness if they
become infected
with COVID-19
are:

- **60 years and older**
- **People with weakened immune systems**
(i.e. due to cancer treatment, smoking, bone marrow or organ transplantation, prolonged use of immune weakening medications)
- **People with another high-risk health condition**
(i.e chronic lung disease or moderate to severe asthma, serious heart conditions, severe obesity (body mass index [BMI] ≥ 40), poorly controlled diabetes)

Orientation to resources on PHSKC website

- Go to www.kingcounty.gov/covid
- Scroll down to "Resources"
- Click on the  next to "For schools and child care"



Resources

- Related Public Health news releases +
- For the general public +
- For schools and child care -**

- [Guidance for student housing at higher education institutions](#)
- [Updated COVID-19 Child Care Recommendations](#)
- [Guidance for child care administrators: What to do when you have a positive COVID-19 case in your facility](#)
 - [ለህጻናት መንከባከቢያ አስተዳዳሪዎች መመሪያ \(Amharic\)](#)
 - [托兒中心行政員的指南 \(Chinese\)](#)
 - [Tilmaanta loogu talagalay Maamulayaasha Xanaanada Cunugga \(Somali\)](#)

Signs to p
to help gr
restaurants,
apartme
communicat
are taking to
CO


**VIRUSE
DON'T
DISCR**

Orientation to resources on PHSKC website

- [Posters for child cares](#)
- [Checklist for child cares](#)
- [Fact sheets for families](#)
- [Guidance if you have a positive case in your facility](#)



Questions from Providers

- ❑ To ask a question, click on the chat icon in the lower left of your Skype screen and type it. It looks like this: 
- ❑ Please keep your questions clear and brief.
- ❑ We'll take calls from the chat box first, then phone-in questions toward the end.

Wrap Up

- Public Health – Seattle & King County (PHSKC) COVID-19 page: www.kingcounty.gov/covid
- Look out for follow-up resources from our community partners.
- Please take the survey via the link in the chat box.