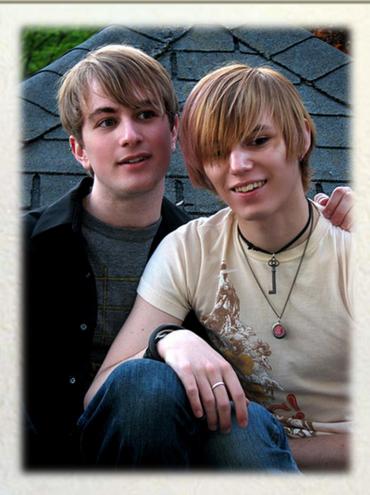
Signs of a healthy relationship



In a healthy relationship people...



- Treat their partner with respect and fairness
- Support and encourage each other
- Treat each other as equals

In a healthy relationship people...

- Are honest
- Earn their partner's trust
- Have shared interests
- Also have separate interests and identities





In a healthy relationship people...



- Try hard to have honest and clear communication
- Enjoy being with each other
- Never hurt their partner physically or sexually

Warning Signs of an Abusive Relationship



Warning signs of an abusive relationship

- One person throws or breaks things during an argument
- One person tries to control what the other person does, who they see or what they wear
- One person is often jealous

Warning signs of an abusive relationship

- One person hurts the other person physically or sexually
- One person puts the other person down, calls them names or humiliates them



Warning signs of an abusive relationship

"Crazy-making" behavior - this is when one person lies or changes their story, or denies or minimizes the other person's experience



How to get help

 Love is Respect, the National Teen Dating Abuse Hotline is a 24 hour resource designed for teens and young adults. Call them at 1-866-331-9474 or online at loveisrespect.org

 You can also talk to a teacher, counselor, school nurse, or someone in the Teen Health Center.