## Sugary Drinks

<table>
<thead>
<tr>
<th>Topic</th>
<th>The Truth Behind Sugary Drinks</th>
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<tbody>
<tr>
<td>Date</td>
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<tr>
<td>Time</td>
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<tr>
<td>Audience</td>
<td>Grades K-3</td>
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</table>
| Materials   | Sugar cubes
              Sugary drinks poster board
              2 liter soda bottle
              Plastic baggies |

### Goals:
What goal(s) will this lesson address? Ten years from now, what should your students remember?

### Main Ideas
What are 1-3 ideas that your students will understand at the end of your lesson? Can you predict any potential misunderstandings of concepts?

### Guiding Questions
What are 1-3 questions that will foster students’ learning of the concepts outlined above?

### Assessments
How will students demonstrate they have learned and understood the material? Will they take a quiz or test, have homework, do a journal entry? Or will they play a game? Work in teams to finish as task?

### Lesson Steps and Activities

1. Activity Title
   - Time:
   - Notes, talking points, activity directions, etc.

2. Activity Title
   - Time:
   - Notes, talking points, activity directions, etc.

3. Activity Title
   - Time:
   - Notes, talking points, activity directions, etc.

4. Closing
   - Time:
   - Final comments, questions, next steps, etc.
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