Child:		Child age	
Caregiver:		Date:	
SCARED Brief Assessment of Anxiety and PTS Symptoms (ages 7-17)			
I'm going to read you a list of statements that describe how people feel. Think about each statement carefully and decide if it is "Not True or Hardly Ever True," "Somewhat True or Sometimes True" or "Very True or Often True" for you. Then for each statement, tell me the answer that seems to describe you <a href="now">now</a> . Please answer all statements as well as you can, even if some do not seem to concern you.			
	0 Not True or Hardly Ever True	1 Somewhat True or Sometimes True	2 Very True or Often True
I get really frightened for no reason at all.			
I am afraid to be alone in the house.			
People tell me that I worry too much.			
I am scared to go to school.			
I am shy.			
Now I'm going to read you another list of decide if it is "Not True or Hardly Ever 1 True or Often True "for you. Then tell manswer all statements as well as you can	Frue", "Somewhat Interpretation of the answer that some do not not the some do not not the some do not the sound do not th	about the statement of the constant of the con	True", or Very u <u>now.</u> Please ou.
decide if it is "Not True or Hardly Ever 1 True or Often True " for you. Then tell m	True", "Somewhat 1 ne the answer that s	about the statement of the contract of the con	carefully and  Frue", or Very  I now. Please
decide if it is "Not True or Hardly Ever 1 True or Often True " for you. Then tell manswer all statements as well as you can  I have scary dreams about a very bad thing that once happened to me.	True", "Somewhat Inter the answer that some do not be not	about the statement of rue or Sometimes Teems to describe you ot seem to concern you also the seems	carefully and Frue", or Very u now. Please ou.  2 Very True or
I have scary dreams about a very bad thing that once happened to me.  I try not to think about a very bad that once happened to me.	True", "Somewhat Inter the answer that some do not be not	about the statement of rue or Sometimes Teems to describe you ot seem to concern you also the seems	carefully and Frue", or Very u now. Please ou.  2 Very True or
I have scary dreams about a very bad thing that once happened to me.  I get scared when I think back on a very bad thing that once happened to me.	True", "Somewhat Inter the answer that some do not be not	about the statement of rue or Sometimes Teems to describe you ot seem to concern you also the seems	carefully and Frue", or Very u now. Please ou.  2 Very True or
I have scary dreams about a very bad thing that once happened to me.  I get scared when I think back on a very bad thing that once happened to me.	True", "Somewhat Inter the answer that some do not be not	about the statement of rue or Sometimes Teems to describe you ot seem to concern you also the seems	carefully and Frue", or Very u now. Please ou.  2 Very True or

Screen for Child Anxiety Related Emotional Disorders Muris, P, Merckelbach, H. ,& Korver, P., & Meesters, C. (2000).

## **SCARED Scoring:**

**SCARED** brief version:

Assesses anxiety and posttraumatic stress symptoms ( ages 7-18)

Anxiety: 3+ = clinical PTSD: 6+ = clinical