Chlamydia is the most commonly reported bacterial STD in the United States.

**Signs and Symptoms**
- Many people do not have symptoms.
- If symptoms occur, they usually appear 1-3 weeks after exposure.
- Abnormal discharge from penis or vagina.
- Burning or pain while peeing.
- Irritation around anus.
- Painful or swollen testicles.
- Bleeding between menstrual periods.
- Painful intercourse (women).
- Lower abdominal or back pain (women).

**Transmission**
- Oral, anal or vaginal sex.
- Infected mother to baby at vaginal birth.

**Prevention**
- Use condoms/barriers consistently and correctly for oral, anal or vaginal sex.
- Maintain a mutually monogamous relationship with a partner who has been tested and/or treated for STDs.
- Get tested regularly and treated for STDs.
- Get an infected partner treated.
- Do not have sex with a partner who has chlamydia until 1 week after they have completed treatment and no longer have symptoms.

**Treatment**
- See a health care provider for exam and tests to figure out the best treatment.
- Treatment is medicine (antibiotics) prescribed by a health care provider.
- If pregnant, get a follow-up exam to make sure the treatment worked.

**If Not Treated**
- Can increase risk for getting or spreading HIV.
- Pelvic Inflammatory Disease (women).
- Infertility (women).
- Ectopic (tubal) pregnancy.
- Chronic pelvic pain.
- During pregnancy:
  - Premature delivery.
  - Low birth weight in newborns.
  - Eye and respiratory tract infections in newborns.

**Help Stop the Spread of Chlamydia**
- Refrain from oral, anal or vaginal sex if you have symptoms.
- Seek medical care, including STD tests.
- Do not have sex until 7 days after you have completed treatment.
- Take all medicines prescribed, even if your symptoms are gone.
- Re-test in 3 months.
- Make sure sex partners get treated.
- Get yearly STD screens if sexually active.
- If you are pregnant, get tested for STDs and HIV.

Visit our web sites:
for more info about STDs:
www.kingcounty.gov/stdfacts
for info about getting tested and treated:
www.kingcounty.gov/stdtesting