Food insecurity nearly doubled after implementing strategies to slow the spread of COVID-19.

9% of adults reported in June that their households did not have enough food during the last 7 days.

Food insecurity for adults in households with children peaked the week of June 4-9 at 13%.

If the household didn’t have enough food to eat, 30% also reported children were not eating enough because they couldn’t afford food.

1 in 2 couldn’t afford to buy more food.

1 in 3 said the stores didn’t have the food they wanted.

1 in 3 were afraid to go or didn’t want to go out to buy food.

These adults were most likely to report not having enough food to eat:

- Low-income households <$25,000
- American Indian/Alaska Native, Native Hawaiian/Pacific Islander, Multiple race, Other
- Less than high school education
- Younger adults 18-44 years of age
- Unemployed, self-employed, or working in a family business

Policies have enabled new resources or expanded existing resources, but some are set to expire, and barriers to accessing food such as transportation or documentation status still exist.

Data Sources: https://www.kingcounty.gov/covid/impact/