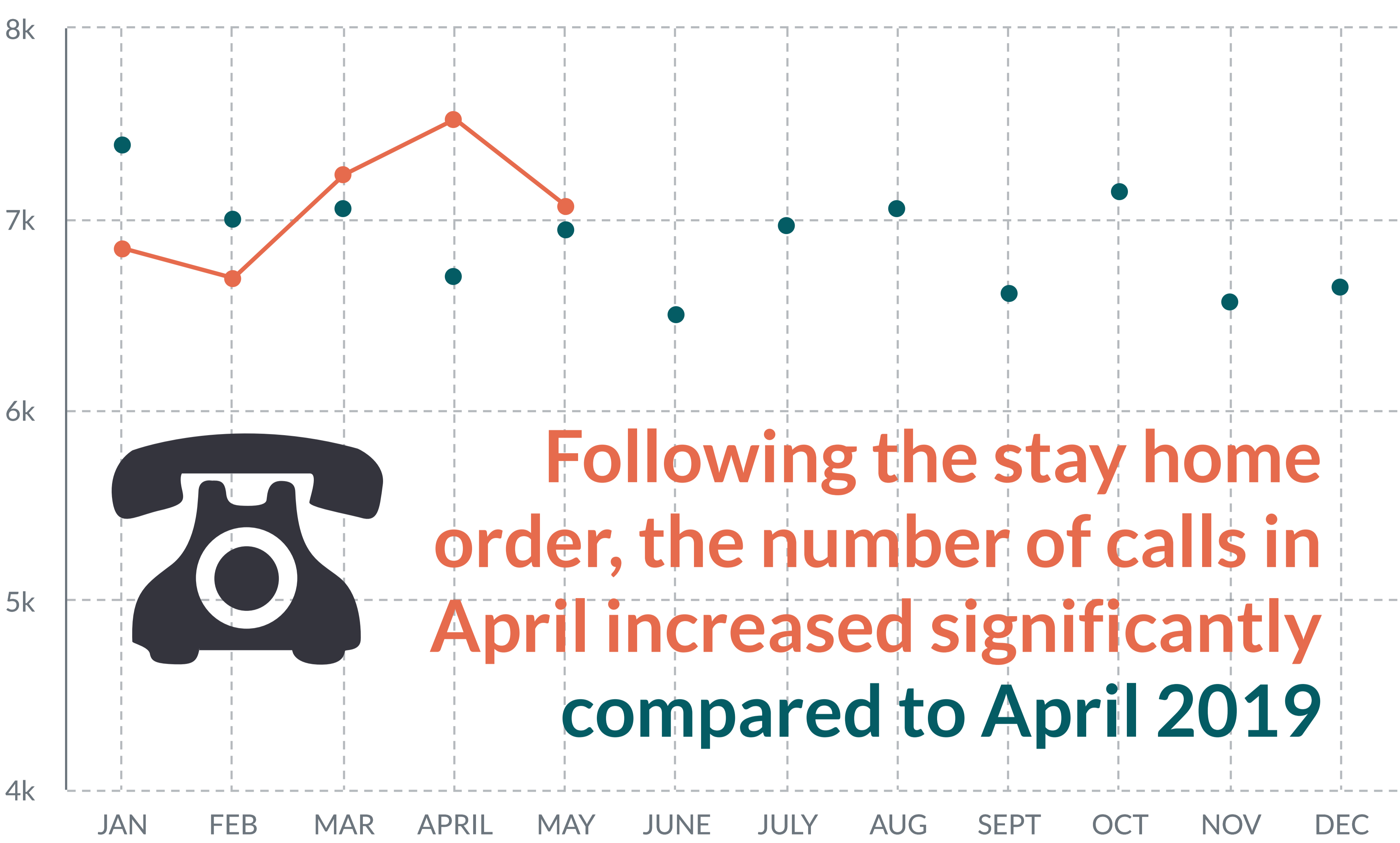


BEHAVIORAL HEALTH NEEDS AND SERVICES

Economic, Social and Overall Health Impacts:
Behavioral Health Needs and Services

King County, WA
March - May, 2020

Calls to behavioral health* crisis line increased 12% in 2020



* Behavioral health refers to connections between behaviors and health (physical and mental) and well-being of people, including substance use

Suicide-related emergency medical services incidents declined



Overall EMS incidents declined nationwide and King County incidents were down 25%

EMS incidents for suspected suicidal thoughts and behaviors and self-harm behaviors similarly declined

17% lower in April 2020 compared to April 2019

17%

39% lower in May 2020 compared to May 2019

39%

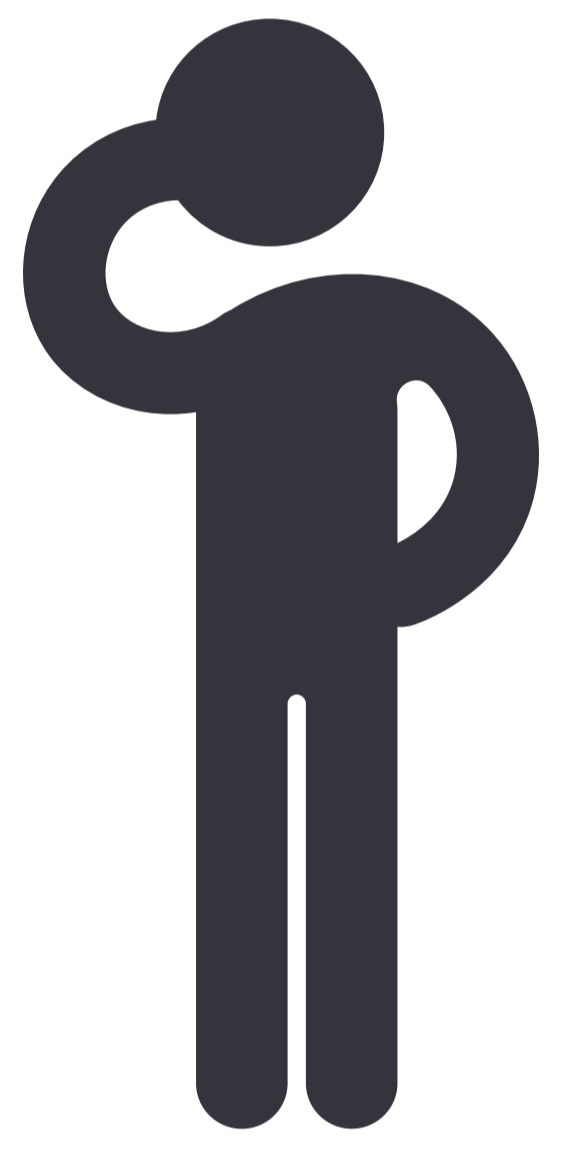
Overall suicide related emergency department visits also declined

Feelings of depression increased

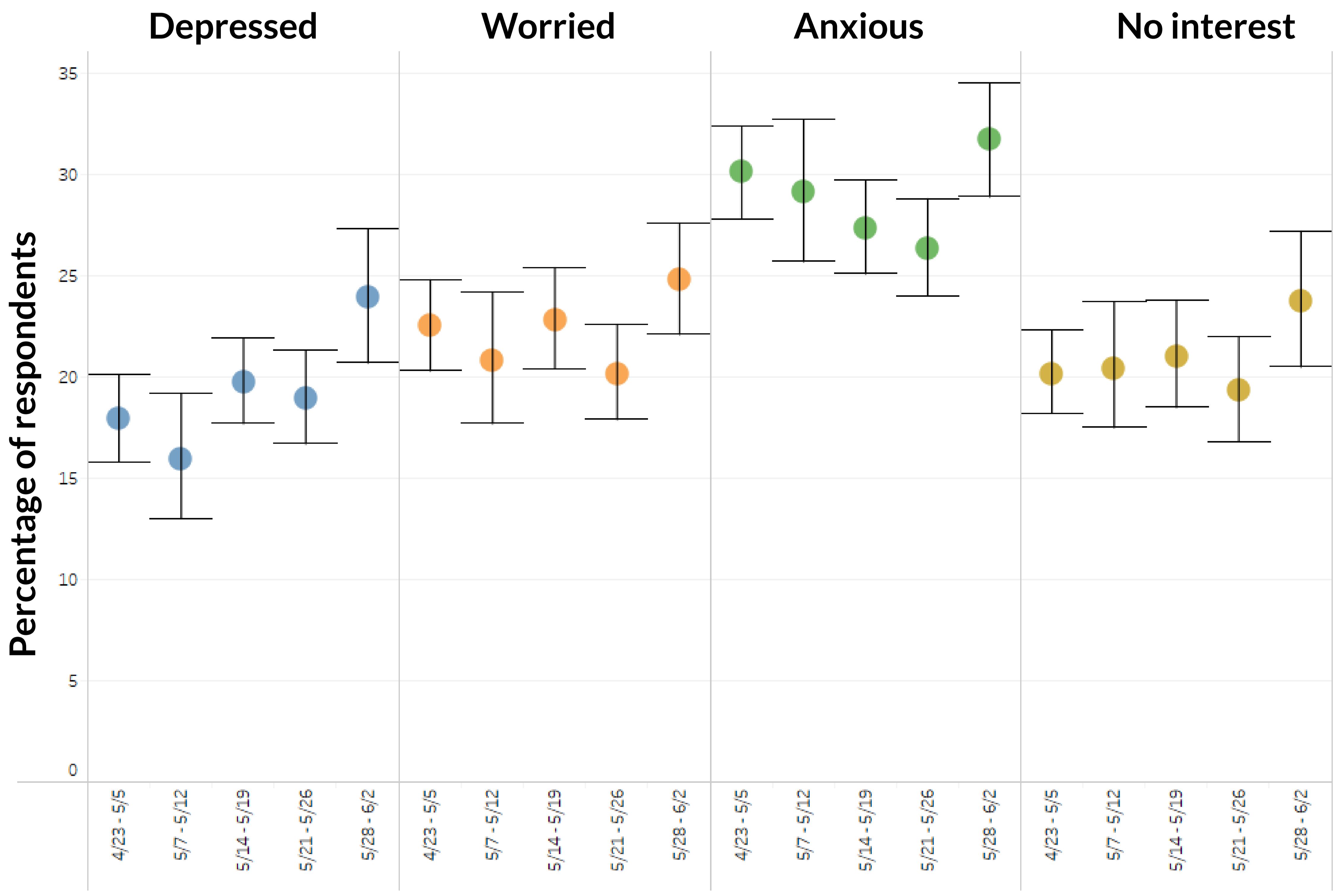
16% → **22%**

Week of 4/23

Week of 5/28



Percent of adults in WA State who report experiencing the following feelings for more than half the week



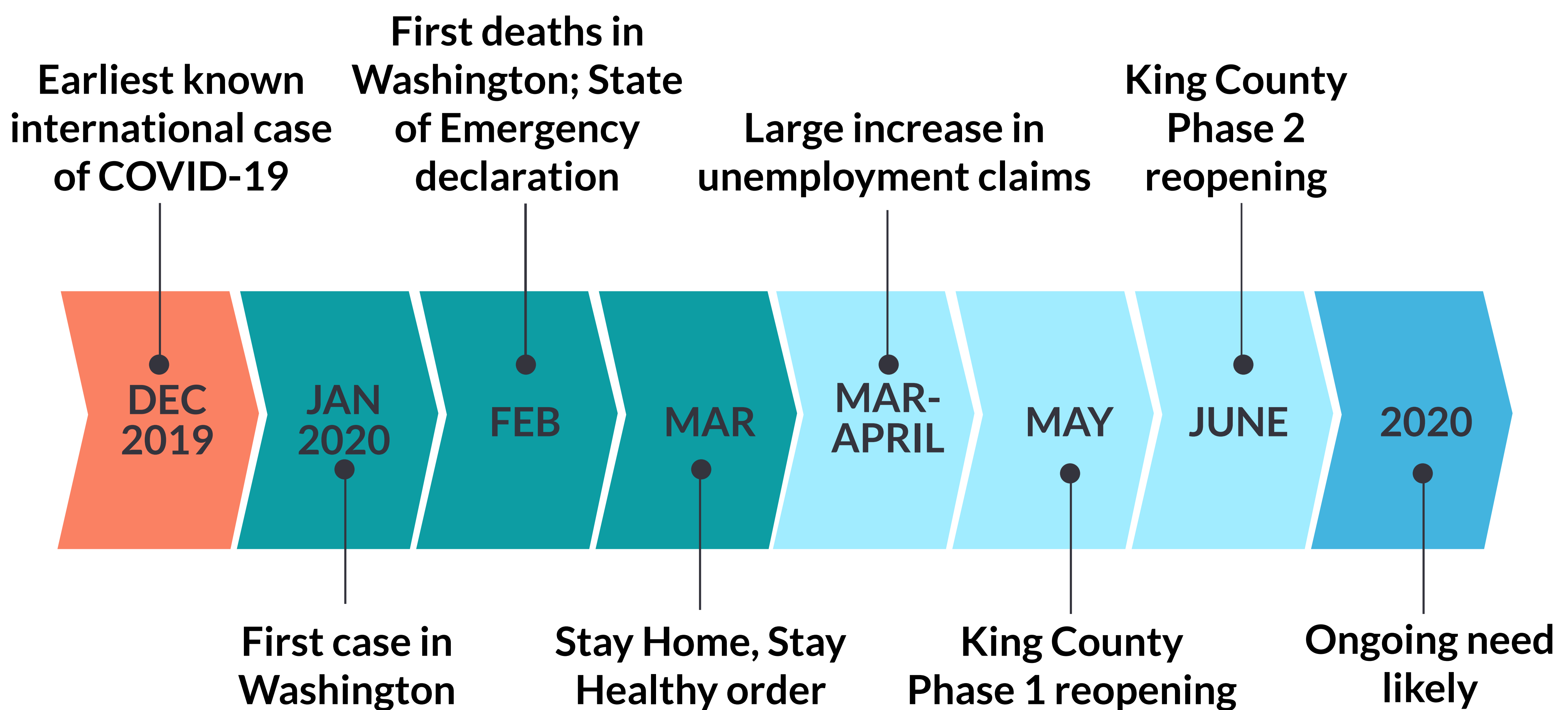
Data source: Census Household Pulse Survey.

Depression is highest among



- Those who expect to lose employment or lost employment
- People self-identifying with multiple race categories
- Incomes less than \$35,000/yr

Pandemic timeline



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Data Sources: <http://www.kingcounty.gov/covid/impacts/>

Public Health
Seattle & King County



7/16/2020