

**Recognizing Signs and Symptoms of COVID-19 in the Elderly**  
Monitor for ANY change from baseline. One or more symptoms may be observed.

Common COVID-19 Signs and Symptoms	Signs and Symptoms in the Elderly
Sore Throat	Sore Throat
Fever	Fever- often low grade (99 degrees)
Cough	Cough (new or worsening)
Shortness of Breath	Shortness of Breath
Headache	Headache (mild to severe)
Diarrhea	Diarrhea (loose stool – one or more)
Myalgia	Myalgia (general or local muscle aches)
Malaise	Malaise (general feeling unwell)
Runny Nose/ Congestion	Runny Nose/Congestion
Nausea	Nausea/Loss of Appetite
	Dizziness
	Confusion or altered mental status

**Asymptomatic infections** have been identified in Long Term Care settings. For a facility that has known COVID-19 cases, any change in baseline status should be assessed for COVID-19