**KEEP ME HOME IF...**

- **I have a fever**
  - A temperature of 100.4°F or higher, a cough, shortness of breath or difficulty breathing, chills, muscle pain, sore throat, new loss of taste or smell, or other signs of new illness unrelated to a preexisting condition (such as seasonal allergies)*
  - 2 loose/watery stools more than normal for child in 24 hours; OR
  - Any blood or mucus in stool

- **I have diarrhea**
  - Unusually tired, low activity level, pale, lack of appetite, cranky, or crying more than normal

- **I’m just not feeling very good**
  - 2 or more times in 24 hours

- **I have a rash, sores, lice, ringworm, or scabies**
  - Body rash (not related to allergic reaction, diapering, or heat)
  - Oozing open sores or wounds
  - Mouth sores with drooling
  - Untreated head lice, ringworm or scabies

*Fever threshold has been lowered and new symptoms have been added to align with CDC recommendations during the COVID-19 pandemic.

Questions about when your child is well enough to return to child care? Refer to: Washington Administrative Code (WAC) for Child Care and Early Learning Programs 110-300-0205 for the complete illness exclusion requirements OR CDC guidance for What to Do If You Are Sick with COVID-19 at [https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/](https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/)