

Public Health Recommendations:

After COVID-19 Vaccination

Thank you for getting vaccinated and helping our communities get one step closer to overcoming this pandemic. **Until you are fully vaccinated (2 weeks after final dose), it's important to protect others. Many people, including children, are not vaccinated yet. These actions will protect our community.**

1. **Wear a mask.** Wear 2 or more layers. Make sure it's a **snug fit**.
2. **Stay at least 6 feet away from others in public.**
3. **Wash hands often.**
4. **Avoid crowds.**
5. **Follow CDC Travel Guidance:** bit.ly/Covid-Travel
6. **If exposed to COVID-19,** check quarantine and testing guidance to know if you should quarantine: kingcounty.gov/covid/quarantine
7. **If you test positive,** follow isolation guidance: kingcounty.gov/covid/quarantine
8. **Follow any relevant workplace or school guidance**



Fully vaccinated? You can start doing many things again that stopped because of the pandemic! See next page.

Reminders about the COVID-19 vaccines:

- **You may have some side effects,** which are normal signs that your body is building protection. Call your healthcare provider if you have any side effects that bother you or do not go away.
- **If you experience a severe allergic reaction to the vaccine, call 9-1-1 or go to the nearest hospital.**
- **Schedule your second dose.** If you are receiving a 2-dose vaccine, make an appointment for the second dose after you receive your first dose. You need both doses to be protected against COVID-19.
- **Protection from vaccine is not immediate.** You are fully vaccinated 2 weeks after a single-dose vaccine or 2 weeks after the second dose in a 2-dose series.
- For more information, visit kingcounty.gov/covid/vaccine.

When you've been fully vaccinated

You are considered fully vaccinated:

- 2 weeks after the second dose in a 2-dose vaccine series (like Moderna or Pfizer)
- 2 weeks after a single-dose vaccine (like Johnson & Johnson)

If it has been less than 2 weeks since your shot, or if you still need to get your second dose, you are **NOT** fully protected. Keep taking all prevention steps until you are fully vaccinated.

Fully vaccinated people should be aware of the following:

- Everyone, even if fully vaccinated, must wear masks in some settings, including schools and childcare, healthcare, homeless service sites, correctional facilities and on public transit.
- Even vaccinated people should wear masks in indoor public places to prevent the spread of COVID-19.
- Any business can require masks – so keep one with you.
- Follow guidance at your workplace. Employers may request or require proof of vaccination.
- Watch for COVID-19 symptoms, especially if you've been around someone who is sick. If you have symptoms of COVID-19, get tested and stay home and away from others.
- If you have a known exposure to someone with COVID-19, get tested 3 or more days after exposure, and socially distance and monitor for symptoms for 2 weeks. You probably don't need to quarantine, unless you have symptoms. To be sure, check out the quarantine guidance here: kingcounty.gov/covid/quarantine

We are still learning how well vaccines prevent the spread of COVID-19 and updates are ongoing. Check out the CDC's latest guidance for fully vaccinated people here: bit.ly/fully-vaccinated