

# MASKS PROTECT YOU AND ME



Thank you for wearing a mask around others! People age 5 years and older should wear masks.

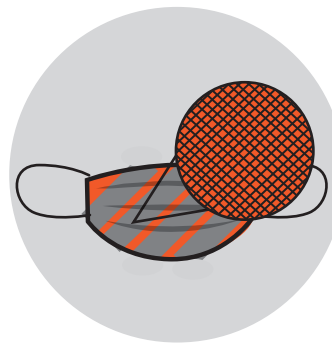
## Masks Should:



Have 2 or more layers



Allow you to breathe



Have tightly woven fabrics such as cotton



Fit snugly over nose and mouth with no large gaps

## Tips for getting a snug fit:



Wear masks with a wire nose clip secured on the nose



Try a Mask Fitter or Brace



You can wear a cloth mask over a disposable mask

Please reserve N95s for health care workers.

For more information:  
[kingcounty.gov/masks](https://kingcounty.gov/masks)

Public Health  
Seattle & King County 

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