

200 cal



Soft Chicken Taco

130 cal



Box of Raisins

90 cal



Applesauce

500 cal



Regular Tater Tots
(20 pieces)

210 cal



Chocolate
Chip Cookie

250 cal



Small Hamburger

440 cal



Double Cheeseburger

300 cal



Small Cheeseburger

240 cal



Medium Soft Drink
(21 ounces)

70 cal



Barbecue Sauce

0 cal



Water

130 cal



Baked Potato Chips

260 cal



Slice of Cheese Pizza

60 cal



Butter Garlic
Croutons

230 cal



Small French Fries

500 cal



Large French Fries

280 cal



6" Turkey Breast
Sub Sandwich
(no cheese, mayo or oil)

80 cal



Light Strawberry
Yogurt Cup

180 cal



Crisp Beef Taco

100 cal



1% Milk Carton
(8 ounces)

410 cal



Small Chocolate
Milk Shake

190 cal



Four Chicken Nuggets

150 cal



Small Soft Drink
(16 ounces)

230 cal



Potato Chips

80 cal



Mandarin Orange Cup

300 cal



Slice of
Pepperoni Pizza

90 cal



Apple Juice Box

60 cal



Small Side Salad

90 cal



Apple Slices
with Caramel Dip

220 cal



Ranch Dipping Sauce

580 cal



6" Tuna
Sub Sandwich

240 cal



Small Tater Tots
(10 pieces)

290 cal



6" Roast Beef
Sub Sandwich
(no cheese, mayo or oil)

120 cal



Child Size Soft Drink
(12 ounces)

390 cal



3 Chicken
Breast Strips

190 cal



Mini Turkey Breast
Sub Sandwich
(no cheese, mayo or oil)