

SEATTLE CHILDREN'S ODESSA BROWN CLINIC

Screening for Food Insecurity at Well Child Visits
in Seattle's Central District



All staff at Odessa Brown are supportive of food insecurity screenings and connecting families with the resources they need.

Patient-Administered Screening

At every child's well visit, parents are given a paper questionnaire regarding various health markers including food insecurity.

The two question **Hunger Vital Sign** as well as a third question about food quality is included in the paper questionnaire.



Responses to the questionnaire are then entered into the patient's **electronic medical records** and passed off to medical providers and staff for use during the child's visit.

Post-Screening Connections

Physicians, social workers, dietitians, and other staff connect families to one or more resources.

If families indicate difficulty accessing food, staff refer families to **WithinReach**.

WithinReach

WithinReach is an organization that connects individuals and families with community resources including SNAP, WIC, and local food banks.

Families may be eligible for two produce prescription programs, including Fresh Bucks Rx & Complete Eats Rx depending on **SNAP** eligibility and residency.

The family's choice of produce prescriptions and referrals are recorded in the electronic medical record.

Hunger Vital Sign

Identifies households at risk for food insecurity if they answer that either or both of the following statements is **'often true' or 'sometimes true'** (vs. 'never true'):

"Within the past 12 months we worried whether our food would run out before we got money to buy more."

"Within the past 12 months the food we bought just didn't last and we didn't have money to get more."

On-site Pop-up Food Pantry

In partnership with Northwest Harvest, an on-site mobile food pantry comes to Odessa Brown on the 2nd and 4th Tuesday of each month, offering pantry staples and fresh produce to patients and their families.

To access, families need only to complete an intake form asking their name and age range of the individuals living in their household.



Thank you Odessa Brown for your contribution to the King County Healthcare & Food Insecurity Learning Network!

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