

KAISER PERMANENTE RAINIER MEDICAL CENTER

Self-Screening for Food Insecurity During Intake at a
Primary Care Clinic in Rainier Valley

Screening & Referral Process

Patients can choose to answer food insecurity screening questions on intake forms available in the waiting room.

Patients pass the screening form along to an RN, MA, or MD (whoever they see for their appointment).

Those who screen positive are scheduled for a follow-up appointment with a Community Resource Specialist.

Prescription for Produce

Healthcare providers partnering with the state department of health may distribute Fresh Bucks vouchers to eligible patients in Seattle.



Vouchers can be used like cash to purchase fresh produce at participating farmers markets and grocery stores.

At the follow-up appointment, the Community Resource Specialist distributes Fresh Bucks vouchers and presents other options for programs and services (such as SNAP and local food banks).

Re-Screening

Food insecurity screening forms are always available to patients, but patients do not typically re-screen themselves.

If someone does re-screen and their status changes, practitioners will follow the same steps as for initial screenings.

Looking Forward

Interest in addressing food insecurity is high among practitioners at Kaiser. Some have discussed rolling out the screening process to other Kaiser clinics in Seattle.

Thank you Kaiser Permanente for your contribution to the King County Healthcare and Food Insecurity Learning Network!

