

To Parents & Guardians: Introducing FLASH

Dear Families,

I hope you are well. I am writing to let you know that we will begin our puberty and sexual health unit on _____.
date

I hope you were able to see the FLASH lessons at back-to-school night. If you didn't, I want to invite you to look at them online: www.kingcounty.gov/flash, or to contact the district and preview them now. Contact _____ at _____.
name phone/email

I would encourage you to discuss the topics covered in class at home, too. Your child may bring home Family Homework assignments to do with an adult who is a family member or who is like family. These assignments are optional, and I will always provide an Individual Homework assignment as an alternative for the same credit. They are also confidential. Students will NOT be asked to report back what you have discussed.

The purpose of these assignments is to encourage family communication about these topics. It's a chance to discuss your cultural or religious beliefs and your personal feelings about puberty, dating relationships, and sexual health issues. Surveys show that young people would like to talk more about these issues with a parent or other trusted adult, and research shows that having these conversations now plays a very important role in helping children prevent pregnancy, STDs and HIV when they are older. The FLASH program includes Family Homework to make these discussions easier and more frequent.

If you're considering excusing your child from the unit or from individual lessons, please call me. I can answer any questions you have and am glad to provide you with the required paperwork.

Please be in touch if you have any questions at all.

Sincerely,