

HCA Update: Integrated Managed Care

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Overview Video: Integrated Managed Care



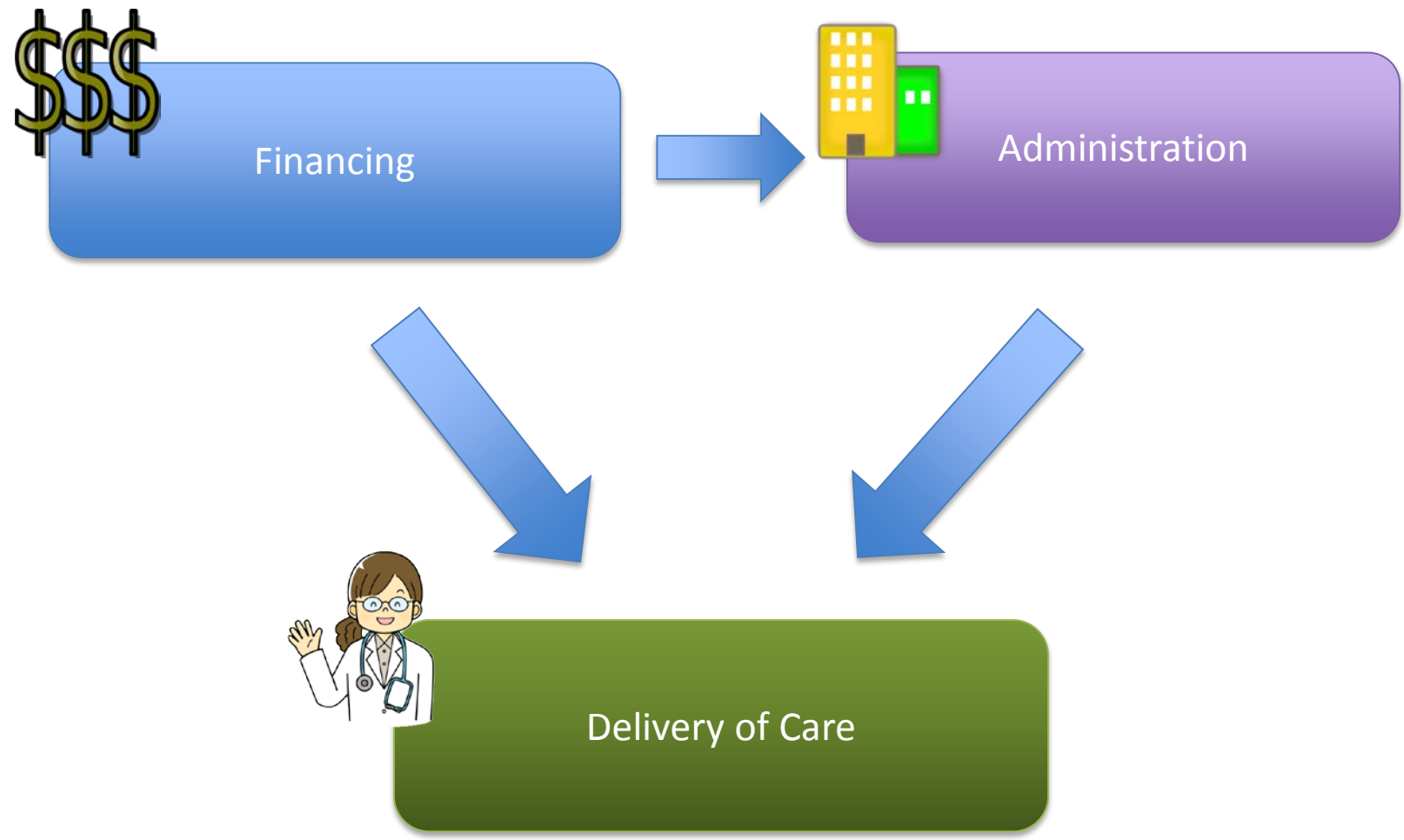
<https://www.youtube.com/watch?v=zwv1yX3czoU#action=share>

HCA's Interest in Integration

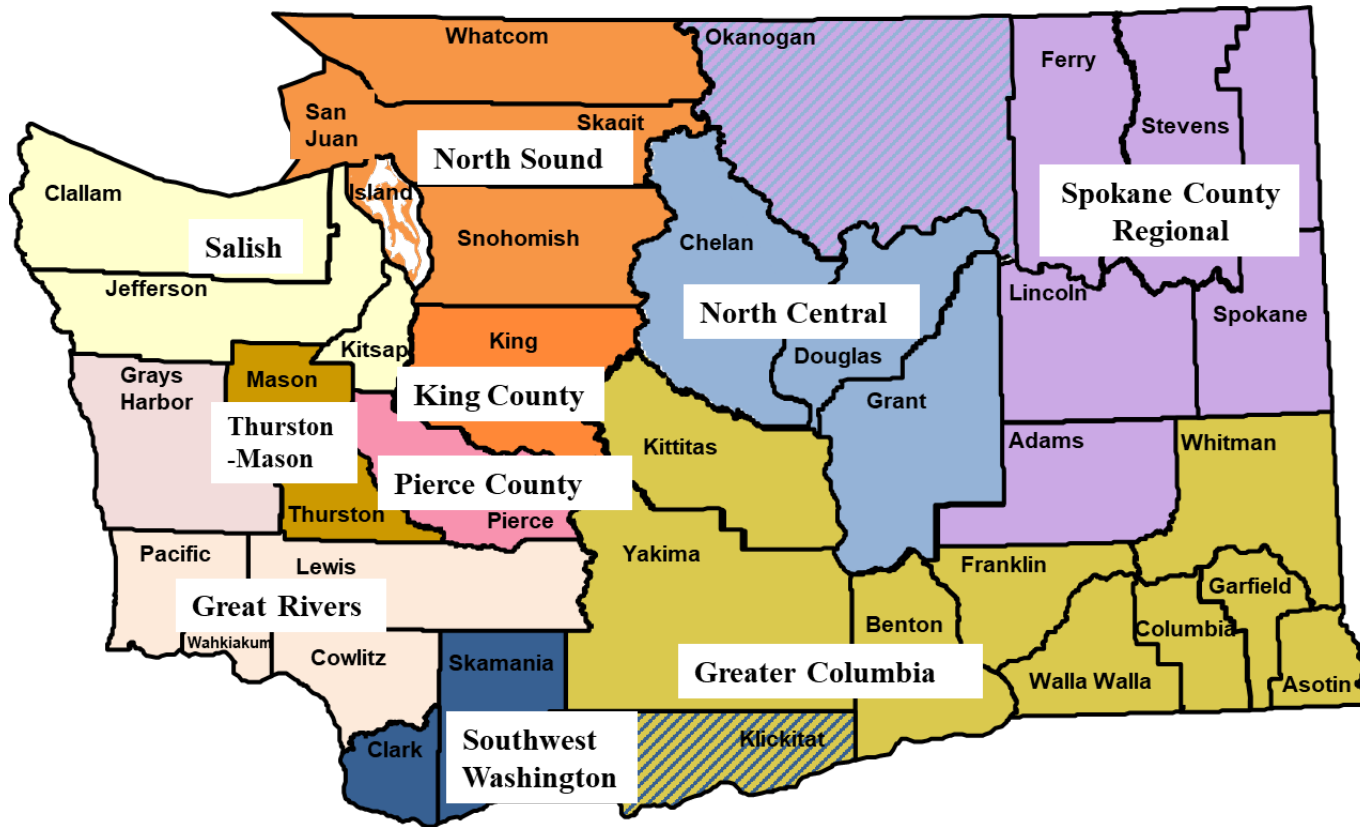
- For over twenty years, HCA/DSHS have tried to make two distinct managed care systems work together so that care for clients can be delivered seamlessly.
- We have tried contract requirements, standard MOUs between MCOs and BHOs, education, joint meetings, but...
- Client still get caught in the no-persons'-land called Access to Care standards.



Integrating Financing & Administration to Integrate Care



Update on Integration Status



2019	2019 Regional Shifts	2020
Greater Columbia	Okanogan	Olympic (Salish)
King	Klickitat	Cascade Pacific (Thurston/ Mason)
North Sound		Cascade Pacific (Great Rivers)
Pierce		
Spokane		

New System: Whole-Person Care

- For Apple Health clients, physical health, mental health and substance use disorder services will be managed by one managed care plan that is responsible for keeping them well – both mind and body.
- A single MCO will coordinate care for their clients, across the full continuum of physical and behavioral health services.
- Access to Care standards no longer apply; care is provided based on level of care guidelines and medical necessity.
- MCOs are held to HCA network adequacy standards and must have an adequate network including essential behavioral health provider types.
- Medical and behavioral health providers will be contracted with the same payers (MCOs) and can move towards integrated clinical models that are supported by value-based and innovative payment methodologies.



King County Specifics

- King County will have 5 Apple Health plans in 2019
- King County is standing up an IPA-like structure that will manage the behavioral health provider network under Contract with the MCOs
- King County will also manage the behavioral health administrative service organization contract, and act as the payer for crisis services and other non-Medicaid funding sources such as block grants

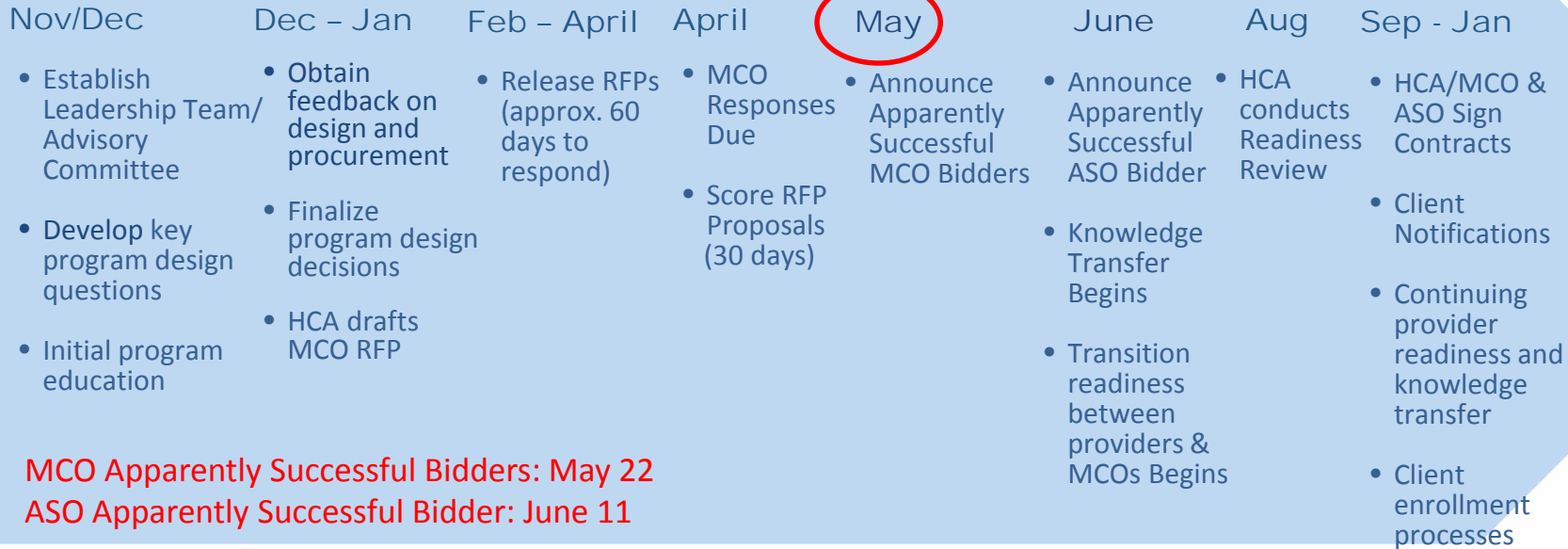
Medicaid Integration Timeline

2017

2018

2019

Mid-Adopter



Key Acronyms

RSA – Regional Service Areas

MCO – Managed Care Organization

BHO – Behavioral Health Organization

AH – Apple Health (medical managed care)

ACH – Accountable Community of Health

BH-ASO – Behavioral Health Administrative Services Organization

FIMC – Fully-Integrated Managed Care

HCA – Health Care Authority

NC – North Central

Mid-Adopter Regions: Regions pursuing fully-integrated managed care before 2020

Lessons Learned & Resources

- BH Provider workgroup or collaborative is a best practice
- Communication and collaboration is key
- Early Warning System and daily calls after go-live
- Providers who are not accustomed to managed care billing and processes may need technical assistance or system changes
- Initial transition months should focus on stabilizing systems – change won't happen overnight

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