



Community Education Team

4/3/2020

Who we are



We are a part of Apple Health Core Connections.

Apple Health Core Connections program serves children and youth in foster care, adoption support and alumni of foster care (ages 18-26). We have an orientation training that gives an overview of the program, added benefits for members, medical requirements for youth in foster care, and reviews processes and procedures.

Our Goal



- Our goal is to provide no cost training for caregivers, adoptive parents, DCYF caseworkers, providers and YOU on topics related to understanding the needs of children and caregivers in the child welfare system

Trainings



- ACEs (Adverse Childhood Experiences study)
- Childhood Development and the Impact of Trauma
- Coping with Holiday Stress
- Cultural Care
- Resiliency
- Secondary Traumatic Stress and Self Care
- Substance Use, Abuse & Addiction
- Suicide Prevention
- Sexual Health in Foster Care- Skill Building for Caregivers
- Whole Brain Parenting

Other trainings



Adult Mental Health First Aid (MHFA) – SOON on-line and webinar

- Mental Health First Aid for Adults teaches people how to recognize signs of mental health or substance use challenges in adults ages 18 and older, how to offer and provide initial help, and how to guide a person toward appropriate care if necessary. Topics covered include anxiety, depression, psychosis, and addictions. This training is 8 hours. www.mentalhealthfirstaid.org

Responding to Sexual Exploitation and Trafficking of Youth

- Responding to Sexual Exploitation and Trafficking of Youth was developed by Leslie Briner, MSW of Youth Care. This training will prepare caregivers and service providers to identify, engage and provide support to sexually exploited youth. Introductory topics include definitions, language, and landscape of exploitation, identification including “red flags”, victim engagements and interventions.

RESILIENCE: The Biology of Stress & The Science of Hope

- This is a documentary film screening which chronicles the birth of a new movement among pediatricians, therapists, educators, and communities, using cutting-edge brain science to disrupt cycles of violence, addiction, and disease. <https://Kpjrfilms.co/resilience/>

Supporting LGBTQ+ Youth in Foster Care

- This curriculum was developed through AMARA with guidance from many community organizations, including Coordinated Care. This training is for caregivers and professionals who work in the child welfare setting. Consultation to help your organization improve services and processes for LGBTQ+ youth are also available from our subject matter experts.

ACE'S This training explains the Adverse Childhood Experiences (ACEs) study and identifies all 10 ACEs. This training explores the long term effects that Adverse Childhood Experiences have on physical and mental health.

Trauma What is trauma? The training answers this question by defining trauma, how trauma affects children, and what caregivers can do to assist children. The presentation will heighten the caregiver's awareness of children's cues so they will know what to expect and how to respond when a child experiences trauma triggers.

Secondary Traumatic Stress and Self Care.

This training helps you to recognize warning signs and personal triggers, as well as understand why self-care is important and how to develop a personal self-care plan. It also helps to understand the differences between Secondary Traumatic Stress, Compassion fatigue and Vicarious trauma.

Community Educators



Manager: Jennifer Barron

Jennifer.L.Barron@coordinatedcarehealth.com

206-701-1192

Region 3/4/5/6 : Lindsey Greene

Lindsey.C.Greene@coordinatedcarehealth.com

206-200-4902

Region 3/4/5/6: Heather Perry

Heather.R.Perry@coordinatedcarehealth.com

206-200-4389

Region 1/2: Zia Freeman

Zia.F.Freeman@coordinatedcarehealth.com

509-202-7894

