



**COMMUNITY
HEALTH PLAN**
of Washington™

Mario Sanchez

Hans Au

King County Navigator In-Service Day

Our Plans



Apple Health is the managed care Medicaid program in Washington State. Washington Apple Health allows more people access to care with a focus on preventive care and positive health outcomes.

Community **HealthFirst**[™]
Medicare Advantage Plans

Our affordable Medicare Advantage HMO plans give members valuable extended coverage and services.

We are here to help

- All CHPW staff are licensed by the state of Washington and undergo rigorous industry training every year.
- We will always act in the best interest of the patient, regardless of what plan they are enrolled in.
- CHPW staff are available on-site at various CHCs on a regular basis.
- Any patient who has CHPW Apple Health or Medicare or has dual coverage (Apple Health/Medicare) can meet with a CHPW representative to get assistance.
- We can help them with the following:
 - Face to face customer service
 - Applying for Medicare Part C and D
 - Extra Help resources and application process
 - Help review Medicare coverage options
 - Enrollment in a Medicare Advantage plan (if eligible)

Medicare Eligibility, Benefits and Options

Medicare vs Medicaid

- Medicare is federal insurance for seniors and the disabled.
- Medicaid is state assistance for people who qualify based on their income.
- There are instances when people have both Medicare and Medicaid.



Coverage Options

- Original Medicare

- Part A: Hospital
- Part B: Medical
- Part D: Prescription Drugs
- Medigap aka Medicare Supplement

- Medicare Advantage

Part C: combines the different parts together into one plan.

$$A + B = C$$

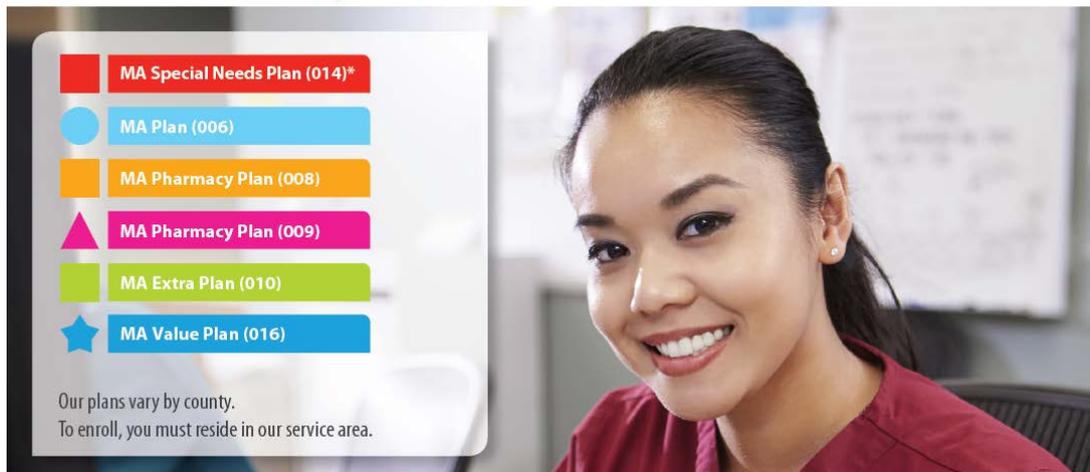
$$A + B + D = C$$



CHPW Medicare Plans

Let's review the CHPW Plans

Your Plan Options



- ✓ As low as \$0 monthly cost
- ✓ \$0 or low PCP copay
- ✓ Vision
- ✓ Dental
- ✓ Gym Membership
- ✓ Part D coverage

The benefits highlight provided will give you a brief overview of the benefits, plans vary by county.

Special Needs Plan (SNP)

MA Special Needs Plan - Supplemental Benefits	
Routine Eye Exam	One supplemental, routine visit per year
Routine Eyewear	\$130 plan coverage limit per year
Dental Coverage	\$1,800 plan coverage limit per year
Hearing Exam	One routine hearing exam per year.
Hearing Aids Coverage	One fitting and evaluation for the hearing aid per year. \$1500 plan coverage limit every two years for hearing aids and supplies (such as batteries)
Over-the-Counter products	Up to \$50 benefit for health-related products every quarter. No carry over of balance to future quarters.
Fitness Program	Includes free basic Silver & Fit membership at a single participating fitness center or instructor-led class program.
Transportation	\$0 copay for up to 24 one-way, non-emergency trips to plan-approved locations each calendar year

MA Value Plan (016)

HMO Plan Benefits	MA Value Plan - 016
Monthly Premium	\$0
Out-of-Pocket Maximum	\$6,700
Part A Deductible	\$0
Part B Deductible	\$0
Inpatient Hospital	\$465 per day for days 1-4
	\$0 day for days 5-90
Primary Care Copay	\$15
Specialist Visit	\$50
Urgent Care	\$15
Emergency Care	\$90 , \$0 if admitted
Ambulance	20%
Worldwide Emergency Care	\$25,000 annual benefit
Routine Lab Services	\$0 Copay
Outpatient Surgery	\$250
Diabetic Supplies	\$0
Preferred Pharmacy (1 Month Supply)	\$0/\$10/\$42/50%/33%
Standard Pharmacy (1 Month Supply)	\$5/\$15/\$47/50%/33%
Fitness Program	Includes free basic Silver & Fit membership at a single participating fitness center or instructor-led class program.
Routine Eye Exam	\$0 (1 routine visit per year)
Naturopathic Services (Includes Acupuncture)	No coverage
Eyewear	\$100 every two years
Dental Coverage	No coverage

Additional Programs

Extra Help

EXTRA HELP WITH MEDICATIONS:

- Your resources must be limited to **\$14,100** for an individual or **\$28,150** for a married couple living together.
 - Resources include such things as bank accounts, stocks, and bonds. We **do not** count your home, car, or any life insurance policy as resources; and
- Your annual income must be limited to **\$18,210** for an individual or **\$24,690** for a married couple living together. Even if your annual income is higher, you still may be able to get some help.

MEDICARE SAVINGS PROGRAM:

- Helps pay for Part B premiums
- Income of less than 135% of Federal Poverty Level
- Eligibility is determined by the Department of Social and Health Services (DSHS)



Over 65 years old, but not eligible for Medicare

- **Group Plan**
 - Examples: employer, professional organization, VA, Tricare
- **Individual Health Plan**
 - Can be purchased from an agent or broker. Some plans are available through the Washington Healthplanfinder.
 - Qualified Health Plans (QHP)
 - Offered by the Health Benefit Exchange via Washington HealthPlanFinder
 - Required to cover the 10 Essential Benefits
 - Differences include extra benefits, provider network
 - Enrollee is not eligible for subsidies
 - Subject to enrollment periods.



Apple Health Overview

Apple Health Overview

- CHPW is the only not-for-profit plan providing managed care to Washington's Apple Health Members.
- We are leading the field in mental health care access through Integrated Managed Care.
- We offer a robust benefits program to eligible members.



Care Management

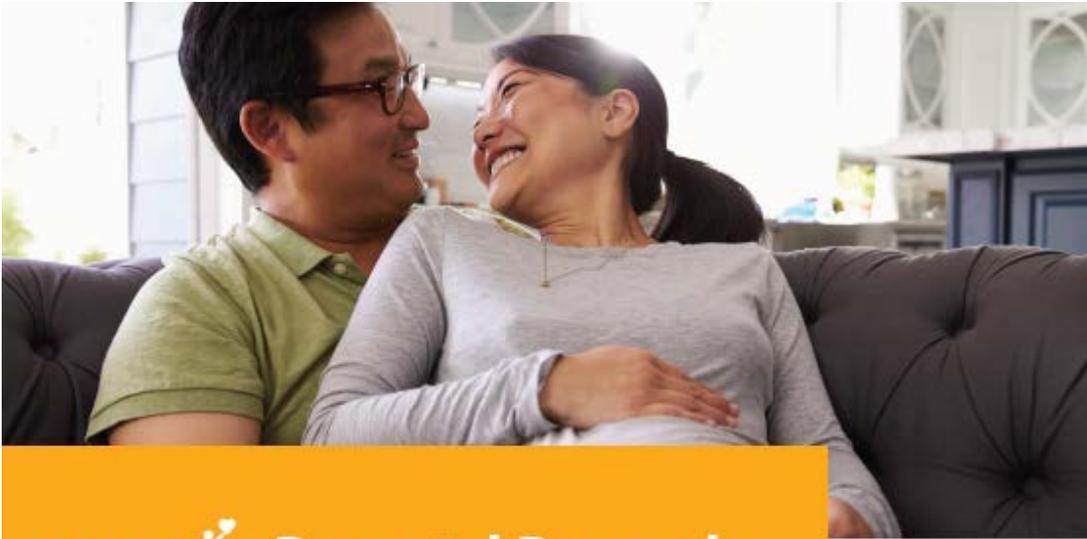
- CHPW offers care management services to our Apple Health members.
- This team consists of clinical and non-clinical staff in case management, health coaching, utilization management and patient review and coordination.
- Providers can refer patients or they can call 800-440-1561 for more information.



Pharmacy Update

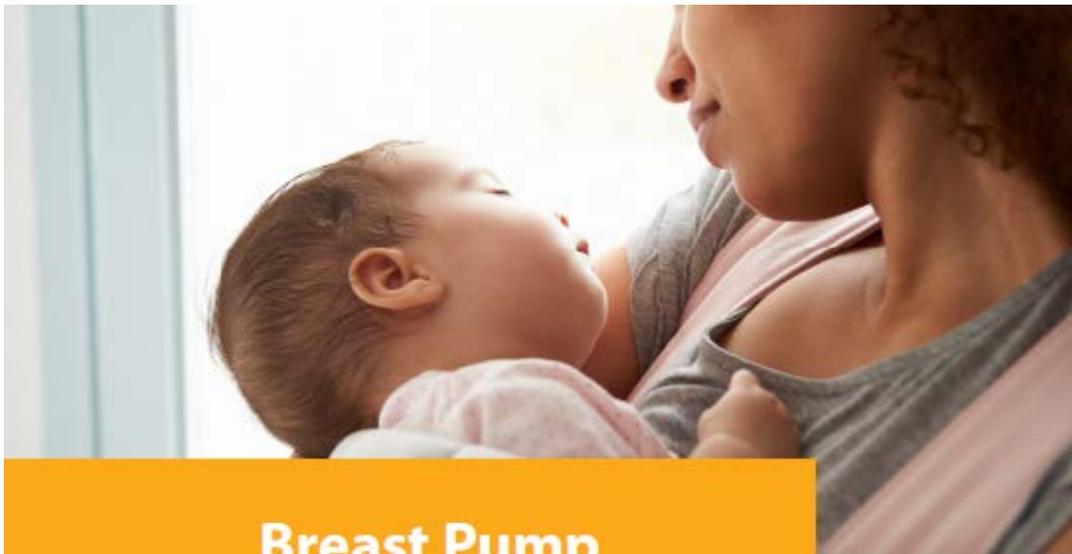
- CHPW now offers 90 day pharmacy refills to our members who take medication for chronic conditions- diabetes, high blood pressure, etc...
- These refills are available through our preferred pharmacy network which includes CHCs and other pharmacy retailers.
- Members and providers can access our searchable formulary look up tool. If a member looks up a drug, they will see a 90 day note connected to it.





 **Prenatal Rewards**

- Pregnancy Rewards are a part of the ChildrenFirst program. It is open to pregnant members of Community Health Plan of Washington. The member must receive two prenatal checkups in order to be eligible.
- Members will receive a \$65 gift card in the mail 2-3 weeks after their second checkup for the purchase of an infant car seat.



Breast Pump for New Moms

- Any member of CHPW who has a baby is eligible for a free manual or electronic breast pump. Breast pumps are obtained through Byram Healthcare.
- To receive their free breast pump, the member must get a prescription from their doctor after the baby is born and before they leave the hospital. Please note the doctor must be in the CHPW network.
- There are 2 ways to order:
 - Online: Visit www.breastpumps.byramhealthcare.com and click Get Started**
 - By phone: Call 1-877-773-1972**
- Byram Healthcare will reach out to the member's provider to confirm the prescription.

Model Samples

Insurance Company
COMMUNITY HEALTH PLAN WASHINGTON (CHPW)
[Change Insurance Provider](#)

Display
[Breast Pumps](#)

COMMUNITY HEALTH PLAN WASHINGTON (CHPW)



Medela Pump In Style Advanced Starter Set

MY57081
[More Information](#)



Spectra S2 Plus

SBUSP06L1
[More Information](#)



Evenflo Deluxe Advanced

EF5164112
[More Information](#)



Freemie Hands Free Independence Breast Pump

DAFG066
[More Information](#)



Lansinoh® Smartpump™

LO53116
[More Information](#)



Ameda® Finesse™ with Minnie Tote

AD101A06
[More Information](#)



- Well Child Rewards are a part of the ChildrenFirst program. To qualify, your children must keep up to date on regular well child checkups and immunizations for children (up to 18 years old). If they do, they will be eligible for a Well Child Reward with each visit.
- Members will receive a \$20 gift card in the mail 2-3 weeks later, redeemable on Amazon. If the member has not previously received a Pregnancy Reward, they are eligible for a one-time \$65 gift card (replacing the usual \$20 gift card) for the purchase of an infant car seat through Well Child Rewards. The child must be under one year old for this reward.



Well Child Rewards Check-up Schedule



\$20 Amazon gift card for every visit



Immunization



Flu shot



Well Child Visit



Infant

- 2 WEEKS: ★
- 1 MONTH: ★
- 2 MONTHS: ★
- 4 MONTHS: ★
- 6 MONTHS: ★
- 9 MONTHS: ★



Toddler

- 12 MONTHS: ★
- 15 MONTHS: ★
- 18 MONTHS: ★
- 24 MONTHS: ★
- 30 MONTHS: ★
- 3 YEARS: ★
- 4 YEARS: ★



Child

- 5 YEARS: ★
- 6 YEARS: ★
- 7 YEARS: ★
- 8 YEARS: ★
- 9 YEARS: ★
- 10 YEARS: ★



Pre-teen

- 11 YEARS: ★
- 12 YEARS: ★
- 13 YEARS: ★



Teen

- 14 YEARS: ★
- 15 YEARS: ★
- 16 YEARS: ★
- 17 YEARS: ★
- 18 YEARS: ★



Community Health Plan of Washington Baby Bassinet Box



September 2018

CHPW Baby Bassinet Box

- Baby Bassinet Box is a value-added benefit for CHPW members enrolled in Apple Health
- It's a new baby starter kit that includes:
 - Bassinet box with custom mattress and fitted sheet that can be used as a safe sleep space for infants up to 6 months of age
 - Infant care items: CHPW diaper bag, diapers, baby wipes, 2 onesies, 1 Halo SleepSack, cap, mittens, booties, bib and thermometer
- The most important part of this program is educating pregnant mothers about Safe Sleep practices to prevent infant deaths caused by suffocation and Sudden Infant Death Syndrome (SIDS).

CHPW Baby Bassinet Box

- CHPW's Baby Bassinet Box is available at no cost to CHPW Apple Health members who are pregnant and in their 3rd trimester.
 - Undocumented patients who have children enrolled in CHPW can also have a Bassinet Box
- In order to receive a Baby Bassinet Box, the patient must first watch a safe sleep video during a routine prenatal office visit.

Thank you for attending!

Contact Information:

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