Getting to know Amerigroup Washington

- We help provide access to health care for over 190,000 Amerigroup members through:
  - Temporary Assistance for Needy Families (TANF)
  - Expansion population
  - Children’s Health Insurance Program (CHIP)
  - Supplemental Security Income and Aged, Blind and Disabled (SSI/ABD)
  - BHSO (Behavioral Health Services Only)
We are growing

• On January 2020, we will be one of only two health plans that will be statewide with Fully Integrated Managed Care. Amerigroup Washington will be in all 39 counties
Whole Person Health

We believe achieving good health only begins with the best doctors. But to truly improve healthcare, we need to focus on more than just medical needs.

“Whole Person Care” includes physical and behavioral health, dental health, emotional well being and more. We support organizations that are focused on creating healthy communities. We invest in education, employment, housing and homelessness issues, social justice, transportation, health equity, and more. It also means listening and working with our friends and neighbors to create extra benefits that address social determinants of health.

Through community outreach, we engage friends and neighbors at fun, educational events promoting access to care. We also serve on committees on Boards throughout the State. We are out in the community almost every day. We can only be impactful if we are building trusting relationships in the community. Everything we do is viewed through the lens of “nothing about us, without us.”
We are proud of our Amerigroup Foundation

- We continue to award grants that promote healthier families and communities throughout Washington. Here are just a few of the organizations and programs we’ve funded

  - Boys and Girls Club of Washington State
  - Catholic Family & Child Service – Mental Health First Aid class
  - Washington Low Income Housing Alliance – Emerging Advocates Program
  - Adult Transition to Independence Center (ATTIC)
We support Providers too

- Community Health Centers of Snohomish County, Pierce County and CHAS – Reach out and Reach Program
- ICHS- Lunar Year 5K Run and Bloom Gala
- Mattawa Clinic - Mattawa Comm”Unity” Day
- Country Doc: Healthcare for the Homeless events
- Health Point – Kaleidoscope Gala
- Sea Mar – Latino Health Conference; Homeless Outreach Days
Our work with Tribes and American Indian Alaskan Native groups

The following traditional healing benefits were identified working with Seattle Indian Health Board staff for reimbursement:

- Smudging
- Sweat lodge
- Storytelling
- Talking Circle
Achieving “Whole Person Care.” We offer extra benefits just for Amerigroup members

- **No-cost eyeglasses** - up to $100 once a year for members age 21-64

- **GED test payment** - We pay for all 4 tests!
Achieving “Whole Person Care.” We offer extra benefits just for Amerigroup members

• **No-cost sports physicals** for members ages 7-18
• **No-cost Boys & Girls Club membership** where available for members ages 6-18
• **No-cost YMCA membership** up to age 19 at the Wenatchee YMCA if you qualify for the Y scholarship. This is Wenatchee only
More extra benefits just for Amerigroup members

• **No-cost first aid kit** when members fill out a personal disaster plan online

• **No-cost dental hygiene kit** when members fill out a personal disaster plan online

• **Disease Management** support and education to help members control ongoing health conditions like asthma, diabetes and COPD

• **Healthy Families** to give families with children ages 7-13 coaching and support on nutrition and activity
Yes, even more extra benefits just for Amerigroup members

- **Taking Care of Baby and Me®**
  rewards program to give new moms gift cards just for going to checkups on time

- **Circumcision**- for newborns up to $150

- **Electric Breast Pump (3 options)**
  1. Medela in Style Advanced Personal Double Breast Pump
  2. Ameda Purely Yours Double Electric Personal Pump
  3. Ameda Purely Yours Ultra Pump
Not done yet...even more extra benefits just for Amerigroup members

• **myStrength™** This new App offers tools to help members with emotional health issues such as depression, anxiety, stress, and misuse of drugs and alcohol.

  Go to [www.mystrength.com/amerigroup](http://www.mystrength.com/amerigroup) to sign up.

• **Amerigroup Mobile** app for smartphones so members can safely access their ID card, find a doctor, and explore health and wellness information anytime, anywhere

• **No-cost cell phone** through Safe Link and up to 250 minutes of service each month for qualified members, plus:
  • *200 extra one-time bonus minutes* when they choose to get free health text messages
  • *Unlimited wellness text messages* from Amerigroup, plus reminders to renew their benefits on time
  • *Unlimited minutes* when calling our Member Services department
Not kidding...even more extra benefits just for Amerigroup members

- **No-cost membership to one of these organizations** that support self-advocacy, disability rights and opportunities for people with disabilities: American Association of People with Disabilities (AAPD), Autistic Self Advocacy Network (ASAN), National Council on Independent Living (NCIL) and TASH.
With FIMC, we added new benefits that support our members

**Peer Support Specialist Registration and Renewal Payment:**

We pay registration and annual renewal cost for our members who want to become and participate as Peer Support Counselors.

Although there is no cost for the training, application or test to become a certified Peer Support Counselor, a member must first become an “Agency Affiliated Counselor.” Here is the cost:

- $60 initial registration fee
- $50 annual renewal fee

**Life Transition Kit:** Includes first aid supplies, toothpaste, travel toothbrush, mouthwash, dental floss, gift card, emergency blanket and a resource card with contact numbers.

For Members experiencing homelessness or transitioning from an institutional setting or enrolled in an employment program.
We aren’t done!

**Light Box for Seasonal Affective Disorder (SAD):**

Members must be diagnosed with Seasonal Affective Disorder to be eligible.

Members with past or current eye problems such as glaucoma, cataracts or eye damage from diabetes, must get advice from their eye doctor before starting light therapy.

**FitnessCoach Program:**

Services include online exercise classes and online information on fitness and exercise topics, also includes information available to special needs populations.

**Weight Watchers:**

Members can receive one Weight Watchers voucher good for sign-up fee and 13 weeks of classes and 14 weeks of Digital Tools.

You have to be over age 17 and get permission from your doctor.
**Non-medical transportation benefit:**

To help you access services including getting to school, work, job interviews, getting kids to daycare, and other services

18 and older. One time only benefit

- $50 Orca Card in King County

Or

- $50 Gas card if you do not live in an area served by Orca

**And new for 2020!**

**We increased our Acupuncture benefit** - Adult members will be able to use 7 Acupuncture treatments sessions every calendar year. Members will have to utilize an in network Provider.
And lastly....

**Costco Gold Card Membership to begin December 2019**

- In an effort to tackle food insecurity with a focus on health equity, we will pay for Costco Gold Memberships. Costco provides discounted items that will benefit financially vulnerable individuals and families. Unfortunately, the annual membership fee is unattainable for many people who are receiving Medicaid benefits. This means discounts on items including milk, diapers, peanut butter, winter coats, etc. are not accessible by the people who would most benefit from discounted pricing.

- Member will call the NCC (National Call Center), verify all contact information is correct and we will mail a coupon/voucher that can be redeemed at the Costco location for an annual membership.

- If our member currently has a Costco membership, they can call us when it is time to renew and we will send a coupon if they are still an active member.
If a your or member has a question...a

• Contact Member Services: 1-800-600-4441 TTY: 711
• Visit: www.myamerigroup.com/WA

And you contact me at laura.schmiedeknecht@amerigroup.com or call me at 206-376-7871.