**Updated 3/18/2020: COVID-19 Street Outreach- Interim General Guidelines for Staying Safe**

The following information is a general guide and is not intended to take the place of medical advice from a healthcare provider.

*Important Resource links at end of document*

**Take care of yourself**

- Get plenty of rest, drink plenty of fluids, eat healthy foods, and manage your stress to keep your immunity strong.

- Practice good hand hygiene and don’t touch your face.

- Stay home when sick.

- Are you at higher risk? Older adults and people who have chronic medical conditions like heart or lung disease, immunosuppressive diseases or diabetes seem to be at higher risk for developing complications from COVID-19 illness. If you are pregnant or have an underlying health condition check with your primary care provider to get guidance about how to take care of yourself during the COVID-19 outbreak.

- Stay up to date on COVID-19 information, check the Public Health-Seattle King County websites, see links below.

- Review COVID-19 Sanitation Guidelines so you understand how to properly clean and disinfect.

**Basic Field Safety**

- Try to have client interactions outside.
  - Maintain 6 ft distance between yourself and clients
  - Have clients put on a mask on if they have any respiratory symptoms.
- Do not transport clients in vehicles. (This should only be done by staff who have been specially trained in use of personal protective equipment).
- Try to stay 6 feet away from people whether they have symptoms or not.
- Clients who have symptoms of cough, cold or fever should wear a mask.
- Avoid touching coworkers or clients (no handshaking, don’t handle client belongings)
- If you need to have physical contact with the client or the client’s belongings, use glove and then dispose of gloves appropriately. Wash hands afterwards.
- Avoid sharing items such as pens, cell phones unless you can properly disinfect after sharing.
- Instruct clients to cover cough with tissue or have them cough into their sleeve.
- Properly sanitize equipment and supplies frequently (ie: pens, cell phone, clip boards)
- Wash your hands often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.

**Carry a well-stocked outreach bag:**

- Gloves
- Hand sanitizer
- Tissues for yourself and to hand out to clients
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- Extra pens (try not to share any equipment)
- Masks (for clients with symptoms)
- Small package of bleach wipes or other disinfectant wipes (wipe off frequently touched equipment like phone and pens)
- COVID-19 resources (Coronavirus Call Center: 206-477-3977, CHAP line 1-800-756-5437, additional COVID-19 information)
- Bottled water
- Thermometers (digital or tempadots) – to give to people with symptoms to help monitor their temperature

**COVID-19 Screening Questions:**

Be sure that client is wearing a mask if illness is suspected.

Ask COVID-19 screening questions:

1. Have you had close contact with a person who has confirmed COVID-19 illness?

2. Have you had any of the following in the last two weeks?
   - Fever or feel feverish
   - Cough (especially a new or changed cough)
   - Shortness of Breath*

If client answers yes to any of the above call the COVID Call Center at 206-477-3977
Encourage the client to call their PCP for further assessment.
If client doesn’t have a PCP, refer to medical provider and provide the CHAP line number 1-800-756-5437.

**Call 911 if the person:**

- Has trouble breathing
- Persistent chest pain
- New confusion
- Unable to rouse
- Bluish lips or face

Resource Links:

For up to date COVID info:

For up to date Homeless related COVID info:

Sign up to receive updates on homeless related COVID issues: covidhomelessnessresponse@kingcounty.gov