

# Seattle and King County First Responder Testing Site for COVID-19

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## Instructions for COVID-19 Test Results

### Overview

You recently had a COVID-19 viral test processed by the UW Laboratory.

The test measures the presence of two distinct regions of the viral genome. If viral RNA is present in the sample, it is exceedingly likely that it will be detected.

The test is highly specific for COVID-19 and does not cross-react to other respiratory pathogens (including coronaviruses). **Co-infection** of the COVID-19 virus is low with other common respiratory viruses.

### What now?

**Step 1:** Review your test result.

**Positive:** Continue Isolation precautions and inform your household members that they are now close contacts of a confirmed COVID-19 case. *They need to be in Quarantine.*

**Inconclusive:** You should be treated as a presumptive positive case. Continue Isolation precautions and inform your household members that they are now close contacts of a presumptive positive COVID-19 case. *They need to go into Quarantine immediately.* You may or may not require additional testing.

**Negative:** Continue your current precautions until advised otherwise by your Health Officer.

**Step 2:** Review the Quarantine Directive and Isolation Order from Dr. Jeff Duchin, Health Officer for Public Health – Seattle & King County.

**Step 3:** Please immediately contact your agency's health officer for further guidance on duration of precautions and return to work.

**Step 4:** Visit additional COVID-19 resources:

- King County [Quarantine Directive and Isolation Order](#) from Dr. Jeff Duchin
- [UW Lab Medicine FAQ about COVID-19 testing](#) (UW Laboratory Medicine)
- [What to do if you have a positive result](#) (Washington Department of Health)
- [Coronavirus General Facts](#) (Washington Department of Health)
- [What to do if you were potentially exposed](#) (Washington Department of Health)
- [CDC COVID-19 General Information Website](#)
- Washington State Department of Health COVID-19 Call Center: **1-800-525-0127**
- UW Medicine COVID-19 Information Line: **206-520-2285**

**If you have any issues accessing the hyperlinks, you can find the information via these webpages:**

- King County [Quarantine Directive and Isolation Order](https://www.kingcounty.gov/depts/health/news/2020/March/~media/depts/health/communicable-diseases/documents/C19/LHO-quarantine-directive-isolation-order.ashx) from Dr. Jeff Duchin  
<https://www.kingcounty.gov/depts/health/news/2020/March/~media/depts/health/communicable-diseases/documents/C19/LHO-quarantine-directive-isolation-order.ashx>
- [UW Lab Medicine FAQ about COVID-19 testing](https://testguide.labmed.uw.edu/public/guideline/covid_faq) (UW Laboratory Medicine)  
[https://testguide.labmed.uw.edu/public/guideline/covid\\_faq](https://testguide.labmed.uw.edu/public/guideline/covid_faq)
- [What to do if you have a positive result](https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/COVIDcasepositive.pdf) (Washington State Department of Health)  
<https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/COVIDcasepositive.pdf>
- [Coronavirus General Facts](https://www.doh.wa.gov/Emergencies/NovelCoronavirusOutbreak2020/FactSheet) (Washington State Department of Health)  
<https://www.doh.wa.gov/Emergencies/NovelCoronavirusOutbreak2020/FactSheet>
- [What to do if you were potentially exposed](https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/COVIDexposed.pdf) (Washington State Department of Health)  
<https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/COVIDexposed.pdf>
- [CDC COVID-19 General Information Website](https://www.cdc.gov/coronavirus/2019-ncov/faq.html)  
<https://www.cdc.gov/coronavirus/2019-ncov/faq.html>