Recent overdose deaths involved fentanyl in black tar. This is new in King County.

Fentanyl continues to be most common in pills, primarily M30s. It can also be found in white powers.

Reduce overdose risk

- **Avoid using alone.** If you must use alone, have someone check on you often or use a service like neverusealone.com.

- **Have naloxone (Narcan) ready** to reverse an overdose. Find it near you at stopoverdose.org.

- **Recognize signs of overdose:** abnormal breathing (slow or no breath, gurgling, snoring), not responding, grey or blue skin.

- **Call 911** right away if you suspect an overdose.