

FENTANYL-LACED PILLS IN KING COUNTY



Your contacts may be the same, but the drug supply in the PNW has changed. Between 2018 and 2020, fentanyl-related overdose deaths in King County alone have increased by 164%. **Here's what you help yourself and your loved ones be safe:**

GET NALOXONE

This life-saving medication can quickly reverse opioid overdoses. In 2020 alone, it saved over 2,000 community members in Washington state. It's available in pharmacies without a prescription and for free. **Scan the code to get free naloxone now.**



AVOID USING ALONE

During an overdose, it's impossible to give yourself naloxone, perform rescue breathing, or call 911 for yourself. Having someone else present means they can respond and save your life.

If everyone you're with is using, take pills in turns, just in case they're laced with a deadly dose of fentanyl. There's no one to get help if everyone has overdosed.

If you do choose to use by yourself, use a free service like Never Use Alone. **Scan the code to go to their website.**



REMEMBER THE BIG 3

In case of an overdose, someone will need to: **Administer naloxone, perform rescue breathing, and call 911.** Even if you don't have naloxone, rescue breathing alone can keep someone alive until EMS arrives. Here's what you need to do:

- Tilt their head back.
- Lift their chin and pinch nose.
- Place your mouth over their mouth to make a complete seal. Blow into their mouth until you see their chest rise.
- Give a breath every 5 seconds.

KNOW THE LAW

Remember that the Good Samaritan Law protects witnesses and victims from being prosecuted for drug possession: *"If you seek medical assistance in a drug-related overdose, you and the victim cannot be prosecuted for drug possession."* Call 911 and seek medical assistance right away if you think you are seeing an overdose.

PLAN AHEAD

If used correctly, fentanyl test strips can detect the presence of fentanyl in street drugs and pills. Fentanyl test strips may not be able to detect all forms of illicit fentanyl. To learn more about test strips and where to get them, **scan the code.**



GET ADDITIONAL SUPPORT



If you or someone you know is struggling with substance use, recovery is possible. Explore treatment options and get support by calling or texting **1-866-789-1511.**

Learn more at **LACEDANDLETHAL.COM**