



King County

Adult Services Division

Women's Advisory Board

Department of Community and Human Services

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TTY Relay: 711

WOMEN'S ADVISORY BOARD MINUTES FROM THE August 9, 2023, MEETING

Meeting Type: Regular: X Special: _	Location: Chinook Building- 401 5 th Ave., Seattle, WA Join Zoom Meeting: Join Zoom Meeting https://kingcounty.zoom.us/j/84312053856 Meeting ID: 843 1205 3856 Passcode: KCWAB	Called to Order: 4:15 PM	By: Rebecca Chan
Members Present:			
Roxanne Thayer- <i>po.8</i> Councilmember McDermott	<i>Po. 5 Vacant</i> Councilmember Upthegrove	<i>Po. 14 Vacant</i> Council At-Large	
Rebecca Chan- <i>po.1</i> Councilmember Dembowski	<i>Po. 9 Vacant</i> Councilmember Dunn	<i>Po. 15 Vacant</i> Council At-Large	
Karol Brown- <i>po.6</i> Councilmember Balducci	<i>Po. 10 Vacant</i> Council At-Large		
Tanya Matthews- <i>po.2</i> Councilmember Zahilay	<i>Po. 11 Vacant</i> Council At-Large		
	<i>Po. 12 Vacant</i> Council At-Large		
	<i>Po. 13 Vacant</i> Council At-Large		
Excused/Absent:	Karol Brown- <i>po.6</i> (Councilmember Balducci), Sarah Reyneveld- <i>po.4</i> (Councilmember Kohl-Welles). Melissa Margain- King County Staff Liaison		
Speakers:	N/A		
Staff:	Marjan Didra- King County Staff Liaison		
Guests:	N/A		
Approval of Agenda: N/A	Vote: N/A		
Approval of Minutes: N/A	Vote: N/A		

AGENDA ITEMS:

Agenda Item 1:	Welcome & Introductions		
	Guest:		
Action Items:	Person(s) Responsible:	Deadline/Due Date	

<p>In this meeting, the WAB members discussed various topics and action plans in moving forward with their current project of older adults and healthy aging, specifically related to women in King County.</p> <p>WAB members shared lessons learned and brainstormed ways to ensure a smooth process concerning collecting documents, edits, and revising.</p> <p>WAB members also talked about their experience with the six-step process of writing the recommendation for gender-based violence:</p> <ul style="list-style-type: none"> • Step One- In the first six-month period of the project, the WAB members heard from the various providers across King County. • Step Two- Given the intersections of the topic, the members gathered to decide which one they needed to focus on. • Step Three- After thoroughly reviewing their notes and discussions, they decided to form four groups to dive deeper into a particular issue. At the same time, simultaneously continue to hear from the providers in the community. • Step Four- The groups identified issues (three different subject areas) based on their research focus. • Step Five- The members then began to write the recommendations based on their research. • Step Six- The members collectively reviewed, edited, and revised the recommendation. <p>Note: The positive aspect of having members work on separate issues allowed members with expertise or passion for a particular topic to remain engaged and contribute exponentially to the overall project.</p> <p>WAB members also emphasize the necessity to ask key questions from providers:</p> <ul style="list-style-type: none"> • What kind of impact can WAB have? • What can King County do to initiate change? How can County support? 	<p>WAB members</p>	<p>August 9, 2023</p>
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Agenda Item 2:	Public Comment		
	N/A		
Action Items:	Person Responsible	Deadline/Due Date	
N/A			
Agenda Item 3:	Announcements		

	Boardmember Updates: Rebecca Chan announced: with the Dobbs decision, something came through from our state that is good for women in WA. Series of insurance mandates aimed at improving access to care such as continuity of behavioral health prescriptions, healthcare benefit managers, eliminating cost sharing for supplemental and diagnostic breast exams, deductibles for maternal support services, and post-partum care.	
	Roxanne Thayer announced: In July, the Kitsap County health board declared a healthcare crisis in Kitsap County, which impacts women the most with a lack of access to maternal healthcare. Naval Hospital pulled their maternal department, so they don't have access.	
Action Items:	Person Responsible	Deadline/Due Date

Agenda Item:	Older Adults and Healthy Aging (OAHA)	
Future Focus	WAB members are interested in presentations from various organizations that provide services to Seniors to discuss issues such as transportation. Specifically, WAB members want to hear from those with lived experiences or those living in poverty.	
Action Items:		
Future Agenda	Person Responsible	Deadline/Due Date
WAB members to propose to draft a resolution in support of all women in King County's access to healthcare.	Roxanne Thayer	ASAP
Members to reach out to their council members to spread the word of vacancy.	WAB members	ASAP
Members from subcommittees related to the King County Thriving Aging project.	WAB members	ASAP
WAB members are to review the mission statement at their next meeting on September 13, 2023.	WAB members	ASAP
WAB members to think about the project name instead of Senior care to Older Adults and Thriving Aging.	WAB members	ASAP
WAB members are to keep working with the King County OAHA as they hear from the providers to complete their project.	WAB members	ASAP
Include the mission statement in the emails to the WAB members.	Marjan Didra	ASAP
WAB members request for access to a centrally stored location to store WAB documents and projects.	Marjan Didra	ASAP
Send the re-appointment form to members who wish to remain on the board.	Marjan Didra	ASAP
Work with WAB members to create an orientation for newly appointed WAB members by October 2023. Includes introductions, icebreakers, review of the mission statement, set expectations, and highlight commitment, which can be delivered in the hybrid format, but preferably in person. Share GBV recommendations with the new members during the session. When emailing the newly reappointed individuals, include ways to access the meeting, charter and bylaws, and mission statement. Welcome video from the KC Exec. Invite Rick Ybarra from KC to provide an overview of the board policies and Q&A.	WAB members Marjan Didra	ASAP

GBV recommendation and updates on the transmittals.	Melissa Margain	ASAP
Website updates to WAB members.	Melissa Margain	ASAP

AJOURNMENT

Time: 6:00 p.m.

NEXT MEETING

Date: September 13, 2023, Vice Chair: Tanya Matthews Time: 4:00-6:00 p.m. Location: Chinook Building-
401 5th Ave., Room 115, Seattle, WA OR Zoom/Call-In