

# CALL 9-1-1

POLICE | FIRE | MEDICAL EMERGENCIES

## FOR MORE INFORMATION

# CALL 9-1-1

at the First Sign of a Stroke

### Questions from 911 call-taker

- What is your emergency?
- What's the address? Where are you calling from?
- Who needs help?
- Is the patient awake and breathing normally?
- What's your name?
- What's your age?

### King County Emergency Medical Services

401 5<sup>th</sup> AVE. Suit 1200, Seattle WA 98104  
<https://www.kingcounty.gov/vpsi>

### Chinses Information & Service Center

611 S Lane St. Seattle WA 98104  
<https://www.cisc-seattle.org>

### Non-Emergency Police Number

Seattle: (206) 625-5011  
Kent: (253) 856-5800  
Renton: (425) 430-7500  
Auburn: (253) 931-3080  
Federal Way: (253) 835-6700

**Call 5-1-1 for traffic information.**

**Call 2-1-1 for social services.**

### When you Call 9-1-1:

- Know your home address.
- Please don't hang up the phone until you are asked to do so.
- When you accidentally call 9-1-1. Tell the operator that it was a mistake.
- Ask for interpretation if needed.



**EVERY  
40 SEC,  
AN AMERICAN  
HAS A STROKE.**

**IT'S THE FIFTH  
LEADING CAUSE OF  
DEATH IN THE US.**



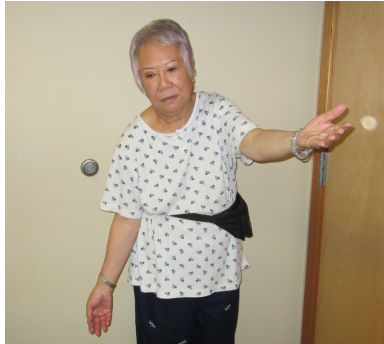
# F



## Face Dropping

Ask the person to smile.  
Does the face look uneven?

# A



## Arm Weakness

Ask the person to raise both arms.  
Does one arm drift downward?

# S



## Speech Difficulty

Ask the person to repeat a simple phrase.  
Is the speech slurred or strange?

# T



## Time Last Known Well

Remember a time last know well or seen acting normally (e.g., 20 minutes ago)

**KNOW SIGNS OF STROKE  
ACT PROMPTLY**

- **If you see any of these signs, call 9-1-1 right away.**
- **Immediate care saves lives.**
- **Do not recommend to drive by yourself to get to the hospital.**
- **Do not give food, water, or medication to a patient.**

References: American Heart Association, the National Stroke Association, & US Centers for Disease Control and Prevention

Designed and Developed by: Hwayoung Chae, MPH, School of Public Health- University of Washington. 2018.

## 911에 전화했을 때 묻는 질문

- 응급상황이 무엇입니까?
- 주소가 어디입니까? 지금 어디서 전화를 걸고 있습니까?
- 도움이 필요한 사람이 누구입니까?
- 환자가 의식이 있습니까?
- 당신의 이름은 무엇입니까?
- 당신의 나이는 어떻게 됩니까?

## 911 전화를 하실 때,

- 집주소를 알아두세요.
- 상담원이 요청할 때까지 전화를 끊지 마세요.
- 실수로 911에 전화했을 때는 그냥 끊지 마시고, 실수로 전화했다고 말하세요.
- 통역이 필요하시면 한국어를 한다고 말해주세요.

### 킹카운티 응급의료서비스

#### King County Emergency Medical Services

401 5<sup>th</sup> AVE. Suit 1200, Seattle WA 98104

<https://www.kingcounty.gov/vpsi>

### 중국인정보서비스센터

#### Chinses Information & Service Center

611 S Lane St. Seattle WA 98104

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### 비응급시 경찰 연락번호

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교통정보는 5-1-1로 전화하세요.

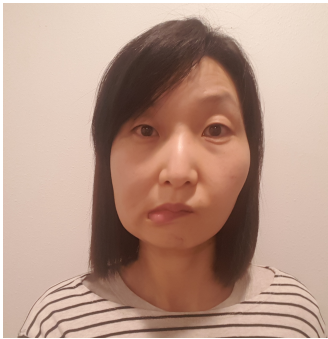
사회서비스는 2-1-1로 전화하세요.

# 40초마다 뇌졸중 환자가 미국에서 발생합니다.



# 뇌졸중은 5번째 사망원인입니다.

# F



## Face 얼굴 마비

웃어보세요.  
얼굴이 비대칭인가요?

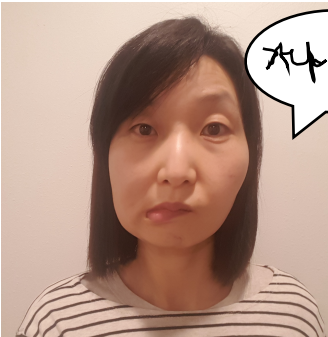
# A



## Arm 팔 근육 약화

양쪽 팔을 들어보세요.  
한 쪽이 힘이 없이 늘어집니까?

# S



## Speech 언어 장애

간단한 문장을 반복해 보세요.  
말이 어눌하고 이상하게  
들립니까?

# T



## Time 9-1-1전화할 때

마지막으로 정상이었던  
시기를 기억하세요.  
(예 20분 전)

뇌졸중 증상을 알고  
즉시 치료받자

- 다음과 같은 증상을 발견하시면, 즉시 9-1-1로 전화하세요.
- 즉각적 치료가 생명을 살릴 수 있습니다.
- 병원으로 직접 운전하는 것을 추천하지 않습니다.
- 응급팀이 올 때까지 음식이나 물, 약물을 복용하지 마세요.

참고문헌: American Heart Association, the National Stroke Association, & US Centers for Disease Control and Prevention

디자인 및 개발: 채화영 MPH, School of Public Health- University of Washington. 2018.