Vocational Firm:

Address:

-5

Strategic Consulting Services, Inc

33434 8th Ave S, Ste 205 9th Ave Pavilion Bldg

Federal Way, WA 98003-6323

(253) 661-5550

Phone: Page 1

Claim # : Job Title: Maintenance Worker, Municipal

Worker

DOT#: 899.684-046

Involved Body Part(s):

	Job of Injury		Light Duty Position		Direct/Transferable Skills Position		Training Goal
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JOB ANALYSIS

Job Title: Parks Specialist I (Greenhouse)	DOT Title: Maintenance Worker, Municipal
SVP: 5	DOT #: 899.684-046
SOC: 47-2061 Construction Laborers	Type of Industry: 425 Government Services
Analyst: Jennifer Kabacy, CDMS	Source: King County Natural Resources and Parks Seattle, WA
Assigned VRC: Jennifer Kabacy, CDMS	Contact: Kirsten Chapman, Park District Maintenance Coordinator
Date: 3/30/2015	Phone: 206-423-6374
☐ On-Site ☐ Interview ☐ Representative	,

Essential Functions:

Provides a clean and safe park for visitors by being responsible for maintenance work in assigned County park areas involving grounds, facilities, athletic fields, and supportive equipment operation. Work is performed outdoors, indoors, and in inclement weather. Performs semi-skilled work, at public areas and facilities as assigned by higher-level employees and provides the public with clean, safe and attractive parks and facilities. The work also includes providing for ongoing maintenance and ensuring the physical integrity of King County parks.

ESSENTIAL FUNCTIONS Listed in order of importance

- 1. Maintain building facilities and parks grounds.
- 2. Operate and maintain equipment such as weed eaters, power blowers, push mowers.
- 4. Provides custodial care of buildings and structures by removing litter,

sweeping, vacuuming and setting up for events and other related activities.

- 5. Identify, remove, repair and/or eliminate known hazards.
- 8. Perform seasonal maintenance program for planting areas and walks.
- 9. Operates park maintenance vehicles.
- 10. Provides for the welfare of and safety of park visitors by giving assistance and information, including park rules and regulations.
- 11. Perform routine maintenance and operation of trucks, tractors, power equipment and tools.
- 12. Protect County from property removal or abuse.

Job Qualifications and Skills:

ESSENTIAL ABILITIES FOR ALL KING COUNTY JOB CLASSIFICATIONS

- 1. Ability to demonstrate predictable, reliable, and timely attendance.
- 2. Ability to follow written and verbal directions and to complete assigned tasks on schedule.
- 3. Ability to read, write & communicate in English and understand basic math.
- 4. Ability to learn from directions, observations, and mistakes, and apply procedures using good judgment.
- 5. Ability to work independently or part of a team; ability to interact appropriately

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Strategic Consulting Services, Inc 33434 8th Ave S, Ste 205

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Worker Claim #

Job Title: Maintenance Worker, Municipal

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Involved Body Part(s):

with others.

6. Ability to work with supervision, receiving instructions/feedback, coaching/counseling and/or action/discipline.

JOB SPECIFIC REQUIREMENTS

Valid Washington State Driver's License and successful completion of a pre-employment background check. The employee must be able to repetitively lift up to 50 pounds.

Machines, Tools, Special Equipment, Personal Protective Equipment Used: Blower, forklift, various County vehicles, dump truck, Gator/Toro motorized cart, rake, pitchfork, push power, benches, paint, paint brushes, garbage bags and cans, chairs, tables, cleaning chemicals (such as Quat, Windex, Comet, and bleach), weed eater, belt sander, various hand and power tools, lawn mower, and computer.

PHYSICAL REQUIREMENTS							
Frequency Scale	Strength	Work Pattern					
N = Never	☐ Sedentary	☐ Full-time					
S = Seldom (1-10 %, up to 48 min)	Light	□ Part-time*					
O = Occasional (11-33%, 48 min 2 hr 25 min)	Medium	⊠ Seasonal					
F = Frequent (34-66%, 2 hr 26 min - 5 hr 35 min)	☐ Heavy	4-8 Hours Per Day					
C = Constant (67-100%, more than 5 hr 35 min)	☐ Very Heavy	_up to 5 Days Per Week					

^{*}This is a part-time, seasonal position.

PHYSICAL DEMANDS			RE	QUE	ENC	Y	ACTIVITY DESCRIPTION
	% Time	N	S	О	F	C	
Sitting	Up to 80%			X	X	X	Percentage of time varies depending on job tasks, 20-80% of the day. Frequently on an automobile seat or office chair for up to 2 hours at a time (or rarely for up to 6 hours total in a work shift.) Most commonly occurs while driving various County vehicles, and using a computer to complete a timesheet. On a rare occasion, the employee may need to sit for up to 7 hours in a day as well during training sessions.
Standing	Up to 80%			X	X	X	Occasionally to continuously, depending on task, on: grass, dirt, vegetation, cement, linoleum and uneven surfaces for up to 3 hours at a time for up to 7 hours total in a work shift that does not includes overtime. Most commonly occurs while directing traffic during events.
Walking	Up to 80%					X	Continuously on grass, dirt, vegetation, cement, linoleum and uneven surfaces for distances of up to 5 miles for up to 3 hours at a time for up to 7 hours total in a work shift. Most commonly occurs while performing trail maintenance, collecting trash, performing maintenance duties such as vacuuming, setting up and taking down chairs and tables for events, conducting inspections, push mowing, backpack blowing, weed eating and washing signs.

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Worker Claim#

Job Title: Maintenance Worker, Municipal

DOT#: 899.684-046

Involved Body Part(s):

Lifting	N	\mathbf{S}	О	F	C	Occasionally lift/carry up to 20 lbs including hand
floor – waist		Up to 50 lbs	Up to 20 lbs			tools, cleaning equipment, hand blower, paint cans, and various supplies such as paper products, trash bags, trash cans, signs, etc. Seldom (up to 45 minutes per shift) lift/carry up to 50 lbs including 5-gallon buckets of paint, bags of seed, buckets of dirt, and cases of cleaning products.
Lifting	N	S	0	F	C	To lift/carry tools up to 20 lbs including hand tools,
waist–shoulder		Up to 50 lbs	Up to 20 lbs			cleaning equipment, hand blower, paint cans, and various supplies such as paper products, trash bags, trash cans, signs, etc. Seldom (up to 45 minutes per shift) lift/carry up to 50 lbs including 5-gallon buckets of paint, bags of seed, buckets of dirt, and cases of cleaning products.
Lifting	N	S	0	F	C	To access supplies, paper towel dispensers, stacking
above shoulder			Up to 20 lbs			chairs, etc.
Carry	N	S	О	F	C	To lift/carry tools up to 20 lbs including hand tools,
(Dist.)		Up to Up to 50 lbs 20 lbs cleani variou trash of shift) of pair cleani			cleaning equipment, hand blower, paint cans, and various supplies such as paper products, trash bags, trash cans, signs, etc. Seldom (up to 45 minutes per shift) lift/carry up to 50 lbs including 5-gallon buckets of paint, bags of seed, buckets of dirt, and cases of cleaning products.	
Pushing/Pulling	N	S	0	F	С	Occasionally to frequently, with up to 32 lbs of force
			Up to 32 lbs of force	Up to 32 lbs of force		for up to 2 hours per shift, for such duties as push mowing, using a floor scrubber, pushing/pulling a hand truck, etc.

	N	S	O	F	C	
Climbing		X				Seldom on a ladder to heights of 10 feet for up to 10 seconds at a time for up to 20 seconds total in a work shift. Most commonly occurs while hanging floral baskets.
Balancing			X			To stand and walk, to balance on ladders, uneven ground, etc.
	N	S	0	F	C	
Stooping / Bending				X		Frequently on grass, dirt, vegetation, cement, linoleum and uneven surfaces for up to 15 minutes at a time for up to 3 hours total in a work shift. Most commonly occurs while raking, shoveling, cleaning, mopping, picking up litter, setting up tables and chairs, and using a hand blower.
Twisting			X			When performing such duties as raking, shoveling, cleaning, mopping, etc. Worker is encouraged to move the feet to minimize twisting at the torso.
Squatting / Kneeling				X	·	Frequently, for 15 minutes at a time, up to 3 hours per shift to perform such duties as raking, shoveling, cleaning, mopping,

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Involved Body Part(s):

					picking up litter, setting up tables and chairs, using a hand blower, and landscape bed maintenance.
Crawling		X			Occasionally, to perform landscape bed maintenance.
Hand or Foot Controls				X	Depending on duties, worker may operate hand controls up to 7 hours per shift, to operate County vehicles, and equipment such as motorized carts, weed eater, blower, sprayers, etc.
Reaching Forward (Level)				X	Constantly reach between floor and shoulder level to perform various job tasks.
Below Waist				X	Constantly reach between floor and shoulder level to perform various job tasks.
Above Shoulder		X			Occasionally reach above shoulder level to access supplies, paper towel dispensers, and to perform various job tasks such as stacking chairs, etc.
Handle/Grasp				X	Continuously for up to 3 hours at a time for up to 7 hours total in a work shift while manipulating various hand tools, push mowing, shoveling, raking, pitching hay, driving, operating a weed eater and using a blower.
Fine Finger Manipulation	X				Seldom, up to 1 hour per shift to use a computer, manipulate garbage bags, place caps on cleaning solutions, operate hand tools, etc.
Repetitive Motion				X	Worker may repetitively perform duties depending on the work shift, to include upper extremities (such as raking, shoveling, operating equipment, etc), and with lower extremities to include walking and climbing. Duties can be intermittent during the shift, or worker can be assigned to perform one specific job function for the entire shift (mowing, directing traffic, etc).
Vibratory Tasks			X		Frequently, to use hand and power tools, and push mowers.
Talking		X			To communicate with other workers.
Hearing		X			To communicate with other workers.

Visual:	Near Acuity	X	Far Acuity	X	Depth Perception	X	Accommodation	X
					Color Discrimination	X	Field of Vision	X

ENVIRONMENTAL CONDITIONS	FREQUENCY	ENVIRONMENTAL CONDITIONS	FREQUENCY			
	N S O F C		N S O F C			
Exposure to Weather	С	Noise Intensity	F			
Extreme Cold	0	Atmospheric Conditions	N			
Extreme Hot	0	Exposed Heights O				
Wet and / or Humidity	F	Exposure to Electricity	0			
Proximity to Moving Mechanical Parts	F	Exposure to Toxic / Caustic Chemicals				
Exposure to Explosives	0	Exposure to Radiation N				
Other	Traffic, weather, and other	r natural environmental hazards.				

Strategic Consulting Services, Inc Vocational Worker 33434 8th Ave S, Ste 205 Firm: Claim# 9th Ave Pavilion Bldg Address: Job Title: Maintenance Worker, Municipal Federal Way, WA 98003-6323 DOT#: 899.684-046 Phone: (253) 661-5550 Involved Body Part(s): Page 5 **Analyst's Comments: Possible Employer Modifications:** Note: The information for this job analysis was gathered by either on-site observation, interview and / or is representative of the labor market as indicated on page one. Additional data may have been obtained from standardized industry resources such as the DOT, GOE, COJ, OOH, WOIS and O-NET. On occasion, practicality and feasibility prevent the direct observation and/or gathering of objective, quantifiable data. For this reason, a "best estimate" may have been used. **Analyst: Presenting VRC:** 3/30/2015 3/30/2015 Jennifer Kabacy, CDMS Jennifer Kabacy, CDMS Vocational Consultant Vocational Consultant Date Date

Employer Verification:

Kirsten Chapman, Park District Maintenance Coordinator Worker Verification: (optional)

Date

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Involved Body Part(s):

MEDICAL PROVIDER:

	I agree that the above named injured worker can perform the physical activities described in this job analysis and can return to work. State date worker is released to return to work if different from today's date												
	I agree the injured worker can perform the described job but only with modifications (describe in comments section). Modifications are needed on a permanent \square or temporary \square basis.												
	The above-named inju	ired work	ter <u>temporarily</u> cannot per	rform this	job based on the following physical limitations:								
	Anticipated release	date:											
	Treatment plan:												
			ker is <i>permanently</i> restric ving physical limitations (performing the physical activities described in this ctive medical findings):								
Com	ments:												
Sign	nature				Date								
Prin	nt Name				_								
	Attending Provider		Consulting Physician		Pain Program Physician								
	IME Physican		PCE Therapist		OT / PT Therapist								