

Job Analysis Form

Alternate Format Available



King County

SHORT FORM FOR PRE-EMPLOYMENT PHYSICALS

PATIENT NAME: _____

JOB TITLE: Rail Laborer

DEPARTMENT: Transportation, Light Rail

WORK SCHEDULE: 40/week

JOB DESCRIPTION: This position will perform a wide variety of maintenance and equipment operation duties not associated with journey-level work to include assisting journey-level workers perform carpentry, painting, plumbing and electrical work. Assist in landscaping, signal equipment, track, structures and communications equipment.

WORK ENVIRONMENT: Field and shop.

ESSENTIAL FUNCTIONS: Operate a variety of equipment, machinery and vehicles such as Bucket Trucks, Platform Trucks, landscaping equipment, Hy-Rail Equipment, pressure washers and forklifts. Perform minor maintenance and repair to equipment and facilities. Flag track-way to provide safe rail work zones; may set-up work-zone traffic control areas. Assist custodians as needed. Maintain work records and complete work requests. Respond to emergency calls as necessary. Perform snow and ice removal. Operate company assigned vehicles including Hy-rail and aerial lift equipment. Perform other duties as assigned.

PHYSICAL DEMAND	HRS PER SHIFT	PHYSICAL DEMAND	HRS PER SHIFT
Standing	1 – 6 hours	Reaching knee-waist	30 min – 2 hours
Walking <input type="checkbox"/> uneven terrain	1 – 7 hours	Reaching floor-knee	0 – 4 hours
Sitting	30 min – 4 hours	Lifting/Carrying 1-10#	1 – 6 hours
Climbing stairs	0 – 30 minutes	Lifting/Carrying 11-20#	0 – 6 hours
Climbing <u>ladder</u>	0 – 30 minutes	Lifting/Carrying 21-50#	0 – 1 hour
Balancing	0 – 1 hour	Lifting/Carrying 51-100#	0 – 15 minutes
Bending/Stooping	30 min – 4 hours	Lifting/Carrying 100+#	0
Kneeling	30 min – 4 hours	Handling	1 – 6 hours
Crouching	30 min – 4 hours	Hand Controls	0 – 6 hours
Crawling	0	Fingering <input checked="" type="checkbox"/> keyboarding	0 – 1 hour
Foot controls	0 – 3 hours	Vision to assure safety of others	0 – 7 hours
Reaching above shoulders	0	Hearing to assure safety of others	0 – 7 hours
Reaching waist-shoulder	0 – 30 minutes	Other	

Exposures:

- Outside weather
- Non-weather related temp below 55°
- Non-weather related temp above 75°
- Humidity/dampness
- Moving mechanical parts
- Exposed high places
- Vibration
- Toxic or caustic chemicals
- Confined spaces
- Wet
- Gasses
- Fumes
- Odors
- Dusts
- Mists
- Radiation
- Explosives
- Noise Level 110 DBL
- Other _____

Special Requirements:

- CDL
- Respirator use

I have reviewed the following Job Analysis for the above-named candidate.

Physician's Signature

Date