

# Job Analysis Form

Alternate Format Available



King County

## SHORT FORM FOR PRE-EMPLOYMENT PHYSICALS

PATIENT NAME: \_\_\_\_\_

JOB TITLE: Rail Service Worker

DEPARTMENT: Transportation, Light Rail

WORK SCHEDULE:

JOB DESCRIPTION: Cleans interior and exterior and moving Light Rail vehicles (LRVs) in the yard

WORK ENVIRONMENT: Outside

ESSENTIAL FUNCTIONS: Clean interior and exterior of Light Rail Vehicles either by operating them through a car-wash, or by hand washing and steam cleaning, using a variety of solvents, soaps, and cleaning chemicals. Report any defects to supervisor, such as defective lights, body damage, interior damage, and operating defects. Post, add and subtract the amounts of commodities used in designated logs. Move LRV's around the shop and yard. Remove trash and debris from the rail cars. Check and replenish consumables such as sand and wiper fluid. Couple and uncouples rail vehicles. Maintain shop facilities as instructed. Clean and service shop equipment. Make deliveries or pick up materials. Operate computer for related data input and retrieval; may enter transactions and related data into a computer information systems. Perform related duties as required.

PHYSICAL DEMAND	HRS PER SHIFT	PHYSICAL DEMAND	HRS PER SHIFT
Standing	30 min – 2 hours	Reaching knee-waist	2 – 6 hours
Walking <input type="checkbox"/> uneven terrain	3 – 5 hours	Reaching floor-knee	1 – 4 hours
Sitting	30 min – 1 hour	Lifting/Carrying 1-10#	4 – 6 hours
Climbing stairs	30 min – 1.5 hour	Lifting/Carrying 11-20#	1 – 6 hours
Climbing <u>ladder</u>	0 – 15 minutes	Lifting/Carrying 21-50#	5 min – 4 hours
Balancing	2 – 7 hours	Lifting/Carrying 51-100#	5 min – 2 hours
Bending/Stooping	2 – 4 hours	Lifting/Carrying 100+#	5 min – 1 hour
Kneeling	20 min – 1 hour	Handling	4 – 7 hours
Crouching	2 – 4 hours	Hand Controls	4 – 6 hours
Crawling	0	Fingering <input type="checkbox"/> keyboarding	1 – 3 hours
Foot controls	2 – 4 hours	Vision to assure safety of others	4 – 7 hours
Reaching above shoulders	1 – 3 hours	Hearing to assure safety of others	4 – 7 hours
Reaching waist-shoulder	2 – 6 hours	Other	4 – 7 hours

Exposures:

- Outside weather
- Non-weather related temp below 55°
- Non-weather related temp above 75°
- Humidity/dampness
- Moving mechanical parts
- Exposed high places
- Vibration
- Toxic or caustic chemicals
- Confined spaces
- Wet  Gasses
- Fumes  Odors
- Dusts  Mists
- Radiation  Explosives
- Noise Level 85 DBL
- Other \_\_\_\_\_

Special Requirements:

- CDL  Respirator use

I have reviewed the following Job Analysis for the above-named candidate.

\_\_\_\_\_  
Physician's Signature

\_\_\_\_\_  
Date