## **Job Analysis Form**

Alternate Format Available



## SHORT FORM FOR PRE-EMPLOYMENT PHYSICALS

A more detailed form is available on the web at http://www.metrokc.gov/ohrm/kcjabank/

<sup>\*\*\*</sup>Continued on next page.

PHYSICAL DEMAND	HRS PER SHIFT
Standing	2 – 12 hours
Walking □ uneven terrain	2 – 12 hours
Sitting	2 – 23 hours
Climbing stairs	1 – 3 hours
Climbing	5 – 30 minutes
Balancing	2 - 5 hours
Bending/Stooping	2 – 10 hours
Kneeling	2 – 10 hours
Crouching	2 – 10 hours
Crawling	0 – 15 minutes
Foot controls	1 – 7 hours
Reaching above shoulders	1 – 4 hours
Reaching waist-shoulder	2 – 12 hours

PHYSICAL DEMAND	HRS PER SHIFT
Reaching knee-waist	2 – 12 hours
Reaching floor-knee	1 – 7 hours
Lifting/Carrying 1-10#	2 – 12 hours
Lifting/Carrying 11-20#	2 – 12 hours
Lifting/Carrying 21-50#	2 – 12 hours
Lifting/Carrying 51-100#	2 – 12 hours
Lifting/Carrying 100+#	30 min – 1.5 hour
Handling	2 – 12 hours
Hand Controls	2 – 12 hours
Fingering   keyboarding	2 – 6 hours
Vision to assure safety of others	2 – 12 hours
Hearing to assure safety of others	2 – 12 hours
Other	

I have reviewed the following Job Analysis for the above-named candidate.		
Physician's Signature	Date	