

**PSYCHIATRIC
NURSE
PRACTITIONER
AND
MEDICATION**

We have quick access to Community House's psychiatric nurse practitioner for appointments and medication.

This is particularly helpful for those who are in need of an initial evaluation if they are interested, or getting medications started up again if a participant has had them in the past.

Medication can be provided through our pharmacy, and can be picked up at Community House.

**Community House Mental
Health Agency**
851 Poplar Place S.
Seattle, WA 98122

LINC Office
119 23rd Ave
Seattle, WA 98144



**Assisting individuals in getting
their needs met and in staying out
of jail**

**Community House Mental Health
Agency**

*Creating Self-Esteem. Creating
Friendship. Creating Community.*



COMMUNITY HOUSE



What We Offer

LINC is a short-term program (6-12 months) that works with individuals to connect them with various resources and long-term supports, such as behavioral health treatment and social services, and basic needs resources.

We have access to...

- Individual, supportive, outreach case management for assistance with resources and advocacy
- Respite beds in staffed facilities
- A psychiatric provider and medication management
- Day treatment through Community House
- Peer support services

RESPITE

Respite beds are a temporary place for participants to stabilize after leaving jail.

Hilltop- Located in our Long-Term Residential facility in the Capitol Hill neighborhood



Firwood- Located in our Long-Term Residential facility in the Greenwood neighborhood



Both facilities include:

- 3 meals per day
- Medication management available
- 24/7 staff
- Groups and day programming available

DAY TREATMENT

Community House Mental Health Agency offers a space to spend time throughout the day, Monday through Friday from 10 AM—2:30 PM (Wednesdays they open at 11 AM).

A free meal is served each weekday, and multiple groups are offered. These include: chair yoga, writing group, art group, music appreciation, men's and women's groups, computer education, games group, and yarn art. There is also a food bank on Fridays.

Community House offers "house jobs," where participants can sign up to complete a job and earn a small wage.

CASE MANAGEMENT

Together, the LINC Specialist and participant will create an individualized care plan. This could include applying for housing, getting benefits started (through DSHS or SSA), or obtaining a phone. It could also include support to appointments, getting connected to a primary care doctor, mental health agency, or substance use treatment. Our LINC Specialists are able to assist with a wide variety of things! Just ask and we will see what we can do.