

## **MIDD 2 Initiative CD-12: Parent Partners Family Assistance**

*How does the program advance the adopted MIDD policy goals?*

This initiative impacts the adopted MIDD policy goal of “improve health and wellness of individuals living with behavioral health conditions.”

This program provides family members and caregivers, youth, and community members (schools, faith organizations, social service, and behavioral health agencies, etc.) with information about effectively navigating complex service systems, referrals to services, systems and supports for families, and/or direct support to utilize effective coping skills and strategies in person, via the telephone, or by text. Parent partners and youth peers support families where they need it (e.g., home, school, church, cafes, etc.). Family social events and community educational offerings are provided at an accessible office in Kent and/or throughout the county at parks, libraries, community centers, schools, churches, social service agencies, and other accessible locations.

### **1. Program Description**

#### *◇ A. Service Components/Design (Brief)*

This initiative funds a freestanding, family-run, family support organization, currently known as Guided Pathways—Support for Youth and Families (GPS). GPS has a staff of three parent partners and one youth peer, in addition to the executive director and an administrative/volunteer coordinator. GPS provides parent training and education, one-on-one parent partner support, and youth peer support, a community referral and education help line, social and wellness activities for families, and advocacy. It also offers continuing education opportunities for peer support specialists employed in King County agencies, and maintains an informative and appealing website that includes a blog, a resource bank, and calendar of activities.

#### *◇ B. Goals*

The goals are to help families and youth who experience behavioral health challenges to increase their knowledge and expertise; utilize effective coping skills and strategies to support themselves and/or their children/youth; and effectively navigate complex service system(s).

#### *◇ C. Preliminary Performance Measures (based on MIDD 2 Framework)<sup>93</sup>*

##### *1. How much? Service Capacity Measures*

This initiative has served approximately 400 unduplicated individuals annually.

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<sup>93</sup> Throughout 2017, review and refinement of Results-Based Accountability (RBA) performance measures for MIDD 2 initiatives will be conducted whenever applicable, in consultation with providers. Updates to performance measures that may result from this collaborative process will be reported in the next MIDD Annual Report in August 2018.

2. *How well? Service Quality Measures*

- Increased use of preventive (outpatient) services
- Improved wellness self-management

3. *Is anyone better off? Individual Outcome Measures*

- Reduced behavioral health risk factors
- Improved wellness and social relationships
- Increased stability in treatment, employment, or other quality of life measures

◇ *D. Provided by: Contractor*

**2. Spending Plan**

<b>Year</b>	<b>Activity</b>	<b>Amount</b>
2017	System navigation services, educational and social events, other supports to youth and families, program management, and stakeholder coordination continue.	\$420,250
<b>2017 Annual Expenditure</b>		<b>\$420,250</b>
2018	System navigation services, educational and social events, other supports to youth and families, program management, and stakeholder coordination continue.	\$431,177
<b>2018 Annual Expenditure</b>		<b>\$431,177</b>
<b>Biennial Expenditure</b>		<b>\$851,427</b>

**3. Implementation Schedule**

◇ *A. Procurement and Contracting of Services*

BHRD currently contracts with Guided Pathways—Support for Youth and Families (GPS) for this body of work. No RFP is needed for MIDD 2.

◇ *B. Services Start date (s)*

Services continued in 2017.

#### **4. Community Engagement Efforts**

This initiative is continuing from MIDD 1 with an established program model and minimal expected change. However, GPS continuously seeks feedback from a wide range of community partners, including schools, faith-based organizations, families, youth, and child serving systems, and actively reaches out to existing and potential new partners throughout King County. Service participants are surveyed routinely to assess whether GPS met their needs.