

## **MIDD 2 Initiative CD-17: Young Adult Crisis Facility (NEW)**

*How does the program advance the adopted MIDD policy goals?*

This initiative will impact the adopted MIDD policy goal of “reduce the number, length, and frequency of behavioral health crisis events.”

This program helps to address a serious gap in the current behavioral health and housing systems for transition aged youth with serious behavioral health needs, including those experiencing their first psychotic break. Program treatment services will be offered to stabilize individuals and mitigate further trauma for an already vulnerable population.

This approach is also consistent with the principles of King County’s plans for behavioral health integration and health and human services transformation, which call for reduced fragmentation across systems, increased flexibility of services and coordination of care, and strong emphasis on prevention, recovery and elimination of disparities for marginalized populations.

### **1. Program Description**

#### *◇ A. Service Components/Design (Brief)*

This program expands the current Children's Crisis Outreach Response System (CCORS) to respond to the behavioral health needs of transition age youth living in young adult housing throughout Seattle, east King County, and/or south King County including transitional housing, rapid rehousing and permanent housing.

The CCORS Team will provide on-site mobile crisis outreach and short-term intensive community-based support to transition aged youth living in homeless young adult housing. The CCORS team will also provide ongoing stabilization services for the young adult as well as support to the contracted housing providers to ensure the safety of all staff and clients. This includes access to short-term crisis respite/crisis stabilization beds as needed.

#### *◇ B. Goals*

This initiative focuses on mobile behavioral health team(s) based in young adult housing programs, as a priority element of a coordinated approach that will support youth and young adults experiencing homelessness with acute behavioral health needs and/or a history of trauma in achieving and succeeding in safe and stable housing. Improving behavioral health services to this population will help ensure that their homelessness is a brief and one-time experience.

◇ C. *Preliminary Performance Measures (based on MIDD 2 Framework)*<sup>106</sup>

1. *How much? Service Capacity Measures*

There are currently approximately 11 providers of homeless housing for young adults in King County with 441 beds available. Young adults in these beds will be the target population for this initiative. It is unclear what percentage of young adults in homeless housing have behavioral health needs. This information will be updated after the program is in operation for 12 months. The volume of crisis response need in the housing continuum is not yet known. CCORS will track the number of referrals from young adult housing providers as well as the number of outreaches, location, client demographics and other key service measures to ensure that the capacity of the CCORS teams meets the volume of need. They will also track crisis stabilization bed utilization and disposition.

2. *How well? Service Quality Measures*

- Increased use of preventive (outpatient) services
- Improved access to social services safety net
- Increased housing stability

3. *Is anyone better off? Individual Outcome Measures*

- Reduced behavioral health risk factors
- Reduced unnecessary hospital and emergency department use
- Reduction of crisis events

◇ D. *Provided by: Contractor(s)*

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<sup>106</sup> Throughout 2017, review and refinement of Results-Based Accountability (RBA) performance measures for MIDD 2 initiatives will be conducted whenever applicable, in consultation with providers. Updates to performance measures that may result from this collaborative process will be reported in the next MIDD Annual Report in August 2018.

## 2. Spending Plan

Year	Activity	Amount
2017 Jul-Dec	Mobile behavioral health team(s)	\$376,667
2017 Jul-Dec	Crisis Stabilization Beds	\$100,000
<b>2017 Annual Expenditure</b>		<b>\$476,667</b>
2018	Mobile behavioral health team(s)	\$753,333
2018	Crisis Stabilization Beds	\$200,000
<b>2018 Annual Expenditure</b>		<b>\$953,333</b>
<b>Biennial Expenditure</b>		<b>\$1,430,000</b>

## 3. Implementation Schedule

### ◇ A. Procurement and Contracting of Services

Services offered under this initiative will be contracted through expansion of the existing contract with the YMCA that is managed by staff within King County Department of Community and Human Services.

### ◇ B. Services Start date (s)

Services are expected to start in July 2017.

## 4. Community Engagement Efforts

This program was developed in response to homeless housing provider outreach to King County. The young adult homeless system has seen a dramatic increase in transition aged youth with serious behavioral health needs. In recent months, there have been two suicides, and several attempted suicides by young, homeless people who are experiencing their first psychotic break. There have been multiple other incidents of high needs young people in homeless housing or shelter situations that were not intended or suited to serve youth with these high needs.

Department staff met with homeless housing providers in October 2016. In early 2017, DCHS conducted a site visit to meet with senior leadership to better understand the needs homeless housing providers, see facilities and hear directly from staff and young people, and understanding some of the barriers to serving this youth people.

Stakeholders and partners will continue to be consulted as design and implementation proceed.