

MIDD 2 Initiative PRI-08: Crisis Intervention Training – First Responders

How does the program advance the adopted MIDD policy goals?

This initiative will impact the adopted MIDD policy goals of “divert individuals with behavioral health needs from costly interventions, such as jail, emergency rooms, and hospitals.”

Crisis Intervention Training (CIT) is an intervention primarily focused on increasing the understanding and use of community-based resources to help reduce the reliance on and use of jail and hospitals. The initial strategy goals were to increase diversion of youth and adults with mental illness and chemical dependency from initial or further justice system involvement, and to reduce the number of people with mental health and substance use disorders using costly interventions such as jail, emergency rooms, and hospitals.

1. Program Description

◇ A. Service Components/Design (Brief)

The King County CIT program is modeled after the Crisis Intervention Team program of police-based crisis intervention with community behavioral health care and advocacy partnerships. CIT provides intensive training to law enforcement and other first responders that teaches them to effectively assist and respond to individuals with mental illness or substance use disorders, and better equips them to help individuals access the most appropriate and least restrictive services while preserving public safety.

◇ B. Goals

The goals for CIT are to increase safety for first responders, individuals, and the community; increase options and tools when responding to individuals in crisis; and encourage and increase the use of community resources resulting in decreased jail bookings and hospital emergency department admissions.

◇ C. Preliminary Performance Measures (based on MIDD 2 Framework)⁴⁶

1. How much? Service Capacity Measures

This initiative trains 600 participants annually.

2. How well? Service Quality Measures

- Improved perception of health and behavioral health issues and disorders

3. Is anyone better off? Individual Outcome Measures

- Increased skills related to crisis de-escalation/intervention

⁴⁶ Throughout 2017, review and refinement of Results-Based Accountability (RBA) performance measures for MIDD 2 initiatives will be conducted whenever applicable, in consultation with providers. Updates to performance measures that may result from this collaborative process will be reported in the next MIDD Annual Report in August 2018.

◇ *D. Provided by: Both County and Contractor*

2. Spending Plan

Year	Activity	Amount
2017	Crisis intervention trainings to law enforcement and other first responders continue.	\$ 820,000
2017 Annual Expenditure		\$ 820,000
2018	Crisis intervention trainings to law enforcement and other first responders continue.	\$ 841,320
2018 Annual Expenditure		\$ 841,320
Biennial Expenditure		\$ 1,661,320

3. Implementation Schedule

◇ *A. Procurement and Contracting of Services*

BHRD currently contracts with the Washington State Criminal Justice Training Commission and coordinates with the King County Sheriff's Office for CIT services. No RFP is needed.

◇ *B. Services Start date (s)*

Trainings continued on January 1, 2017.

4. Community Engagement Efforts

This initiative is continuing from MIDD 1 with an established program model and minimal expected change. Routine community engagement that occurs as part of the ongoing delivery of this program includes monthly meetings with CIT coordinators from participating first responder agencies, behavioral health providers, and CIT instructors to ensure regional review and coordination regarding policies, legal issues, community needs, and program-specific needs in local jurisdictions.