

DON'T HANG ON TO MEDS

I STARTED TAKING PILLS FROM MY MOM'S MEDICINE CABINET WHEN I WAS 13. I WAS DEALING WITH A LOT OF ANXIETY. PILLS WERE EASY TO GET AND NO ONE SEEMED TO NOTICE.



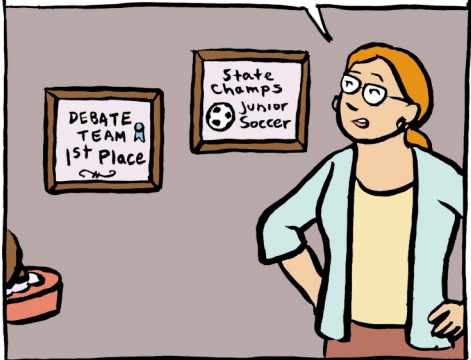
LATER I TOOK PILLS FROM OTHER PEOPLE'S MEDICINE CABINETS. I STOLE MORE AND MORE OF THE PILLS.



MY PILL USE ENDED UP CREATING A LOT OF PAIN FOR ME AND MY FAMILY. I THINK MY LIFE WOULD'VE BEEN DIFFERENT IF I HADN'T BEEN ABLE TO GET THOSE PILLS SO EASILY.



SOME TEENS THINK MEDICINES ARE SAFE TO EXPERIMENT WITH. SO ANY KID MIGHT TRY THEM. NO ONE SUSPECTED ME.



AND IT MIGHT BE A FRIEND, OR A FAMILY MEMBER WHO TAKES YOUR PILLS WITHOUT YOUR KNOWLEDGE. MY ADVICE? KEEP MEDICINE LOCKED UP.



IF YOU HAVE ANY MEDS YOU AREN'T TAKING OR THEY ARE EXPIRED, GET RID OF THEM AT A LOCAL TAKE-BACK BOX. YOU'RE KEEPING THE PEOPLE AROUND YOU SAFE.

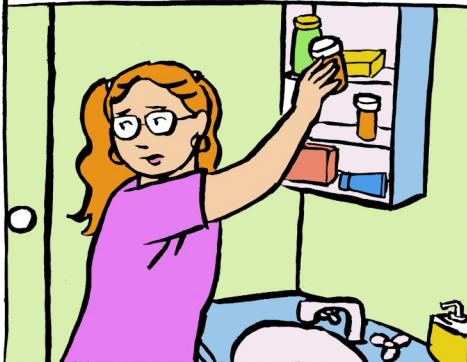


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PROTECT OUR KIDS, FAMILIES AND ENVIRONMENT

DON'T HANG ON TO MEDS

You can safely get rid of medicines you no longer need. Take them to a medicine return drop-box at pharmacies, clinics, hospitals and law enforcement offices!

Find a free drop-box near you: [TakeBackYourMeds.org](https://www.TakeBackYourMeds.org)

Adapted from King County, Washington.

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