



Community Health Worker Asthma Training Program

Learning collaborative #2

April 27th, 2020

Welcome!

Agenda

1. Introductions

- ▶ PHSKC Team
- ▶ King County CHWs & Supervisors
- ▶ Southwest WA CHWs & Supervisors

2. Supporting our peers and learning how to overcome barriers/challenges of remote home visits

3. How to utilize M.I skills on the phone/video calls

4. Self-Care & Strategies

5. Questions and Comments

Welcome

- ▶ This is the 2nd Learning Collaborative, a place for all who have attended our trainings to participate and engage with their peers and the PHSKC CHW training team

Remote Visits

- ▶ Supporting our peers and learning how to overcome barriers/challenges of remote home visits

How to utilize M.I skills on the phone/video calls

ROLLINICK'S BRIEF MI: A MAP

Speak with curiosity to a person with strengths who appreciates choice

CONNECT: Engage

CLARIFY TOPIC:

ASK ABOUT : WHY AND HOW

OFFER INFORMATION OR ADVICE (if needed)

SUMMARIZE: Highlight strengths and end with the change talk

ASK: 'So what do you think you will do?'

SPIRIT OF MI CRITICAL FOR EVERY INTERACTION:

PARTNERSHIP

ACCEPTANCE

COMPASSION

EVOCATION

1. Get to know person with social talk
2. Ask good questions
3. Listen well
4. Support Autonomy
5. Skillful advice giving
6. Listen for Change

Self-Care strategies- Handouts

1. Home School Thoughts for All of Us
Kim Stafford, Oregon's poet laureate,

In the pandemic, what should we all be learning?

2. Coping Strategies for Anxiety Handout

Next steps

Topics for Learning
Collaboratives

Scheduling for Learning
Collaboratives

Thank you!