

Shiga toxin-producing *E. coli* (STEC) infection

E.coli waa bakteeriyoo ku nool xiidmaha ama mindhicirka dadka iyo xayawaanka. Noocyada E. coli qaarkood (STEC) waxay dhaliyaan sun sababi karta cudur halis ah iyo cudurro faafa. **Inta badan waqtiga, wararka warbaahinta iyo jaraaidyada ee ku saabsan E. coli waxay ka hadlayaan STEC (bakteeriyada suntaa).**

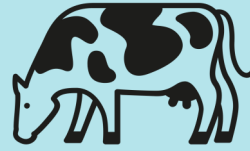
DHAQ GACMAHA SI AAD UGA FOGAATID FAAFINTA E. COLI.



Kahor diyaarinta
cuntada



Kadib beddelidda
xafaayadaha



Kadib taabashada
xayawaanka



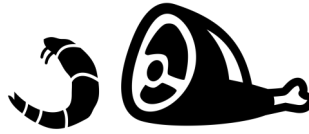
Kadib isticmaalka
suuliga

CUNTOOYINKA KU KEENI KARA KHATARTA INFEKSHANKA E. COLI

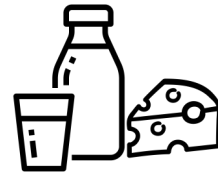
Cuntooyinka waxay caan ku yihiin in bakteeriyada E. coli ku jirto. **U dhaq una kari cuntooyinka ceeriinkaa si kaamil ah, oo ka sooc dhamaan cuntooyinka khatarta leh cuntooyinka kale si looga fogaado sun isku-gudubta.**



Khudaarta iyo miraha
ceeriinkaa



Hilibka, hilib digaaga iyo kalluunka
aan la karin ama ceeriinkaa



Caanaha aan la karkarin

Calaamadaha

Waxay bilowdaan 1-3 bari kadib la-kulanka jeermiska E. coli. Haddii aad u maleyso in aad qabto E. coli, si dhaqso leh ugu sheeg dhaqtarkaaga daryeel-caafimaadka .



Shuban (inta badan
dhiig leh)



Matag (marmar)



Qabatin Calooshaa

E. coli (STEC) waxay dadka qaar ku keeni kartaa dhibaatooyin halis ah oo kelyaha gaara.

Dadka khatarta saaidkaa ku jira waxaa ka mid ah:

- Waayeelka (da'da 65+)
- Caruurta yaryar (da'da 0-5)
- Dadka jir difaacoodu liito

FIIRO GAAR U AH SHAQAALAHA QAARKOOD & WAALIDIINTA

Dadka qaba infekshanka E. coli oo ka shaqeeya adeeg cunto, daryeel caafimaad, xannaano ilmo, iyo ilmaha taga xannaano ilmo waxay u baahanyihiin **Caafimaadka Dadweynuhu** (Public Health) **inuu ansaxiyo kahor ku laabashada shaqada ama goobaha xannaanada ilmaha.**

Xog badan ka ogow infekshannada E. coli: (206) 296-4774, www.kingcounty.gov/cd