

Family Health Information Sheet

If there is a flu pandemic or other medical emergency, a list of health information about your family will be important. Fill in information for each family member in the space provided. Make copies for your home, your car(s), children’s school(s) and your places of work.

1. Family Member Information

Home address _____ Phone # _____

Family Member	Allergies	Medical Conditions	Medication	Dosage

2. Emergency Contacts

Contacts	Name & Phone Number
Local personal emergency contact	
Out-of-town personal emergency contact	
Hospitals near: Home	
Work	
School(s)	
Family physician(s)	
Specialist(s) (including counselors)	
Public Health - Seattle & King County	Communicable Disease Hotline: (206) 296-4949 Website: www.metrokc.gov/health
Pharmacy	
Employer(s) contact and emergency information	
School(s) contact and emergency information	
Religious/spiritual organization	
Veterinarian	