



## Ilmaagu wuxuu baahan yahaybaaritaanka dhiiga macdanta madaw haddii ay...

- ku noolyhiin ama booqashada joogtda ah guri la dhisay ka hor 1950
- ku noolyhiin ama booqashada joogtda ah guri la dhisay ka hor 1978 kaas oo dhawaan ama dayactir ku socda ama hagajin
- ku nool xanaanada korinta
- leh saaxiib ama leh walal qaba heerka dhiiga macdanta madaw
- leh waalid ama daryeеле kaas oo ka shaqeeyasa hogaanka shadaqooda ama hiwayaad
- ka timid dibadda wadanka Mareynka
- macdanta madaw daawo dhir dhaqameedka ama daawooyinka la isku qorxiyo
- waxaa daboolay Apple Health/Medicaid (ka arag hoose)

### Ma xaqiiqisay mid ka mid ah godadka kore?

Kala jeex kaarka hoose ayaa dhahaya “Ilmaheyga wuxuu baahanyahaybaaritaanka dhiiga macdanta madaw” iyo sii dhakhtarkaaga ballanta fayo qabka xigta ee ilmahaaga. Hel Baaritaanka caymiskaaga Mediciad oo lacag la’aan Haddii canugaaga lagu caymiyo Apple Health, xitaa haddii aysan halis kale.

**Canugeyga wuxuu u baahan  
baaritaanka dhiga  
madacanta madaw.**



Washington State Department of

Health

Public Health  
Seattle & King County



## **Waa maxay sababta canugeyga looga baarayo macdanta madaw?**

Xitaa qadar yar oo ah macdanta madaw ayaa halis gelin karta kobaca maskaxda canugaaga Haddii macdanta madaw ay gasho canugaaga, waxay dhigi kartaa inay wax bartaan iyaga, faajignaan, iyo inuu dugsigaagu ku wanaagsanato.

## **Waa maxay astaamaha sumowga macdanta madaw?**

Inta badan carruurta qabta macdanta madaw jirkooda ma u eeka ama u dhaqmo jiro. Baarida dhiiga waa qaabka kaliya ee lagu ogaad haddii lagu u qabo sumowga macdanta madaw.

## **Waxaa sababa sumowga macdanta madaw?**

Boorka macdanta madaw iyo qolfofta rinjiga guryaha duqobay waa mid ka mid ah ilaha ugu ee keeno. Boorka macdanta madaw ayaa geli karaa gacmaha carruurta iyo qalabka ay ku ciyaaraan. Marka ay gacmahoodu saaraan qalabka ama afkooda, waxay sidoo kale liqayaan macdanta madaw. Waxyabaha kale ee keenaya sumowga macdanta madaw waa:



Biyaha & caradda



Albumada, qalabka horee iyo dahabka, & furayaasha



Dhariga gacanta lagu sameeyay ama saxamada



Waxyabaha la isku qorxiyo ama xawaajiyada

Wixii macluumaaad dheeraad ah ee macdanta madaw iyo si aad u aragto halista ay keeni karto xaafada, booqo:

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**Adeeg bixiyaha: Xog ururinta xaqiiqda macdanta madaw ee Gobolka DOH ayaa lagu aqoonsday canugan inuu qabo hal ama ka badan arrimaha halista ee keenaya macdanta madaw.**

Sharciga federaalku waxa u faraya dhammaan carruurta ka diiwaangashan Medicaid looga baahan yahay inay helaaan baaritaan dhiigga macdanta madaw da'du tahay 12 iyo 24 billood. Canug walba oo u dhaxeya 24 iyo 72 biloodoo aan lahan baaritaanka dhiiga macdanta madaw waa inuu helaa hal.

Wixii ah macluumaaad dheeraad ah booqo: [www.doh.wa.gov/lead](http://www.doh.wa.gov/lead)