

## Separation Anxiety Questionnaire

Please answer all of the questions and be as specific as possible.

1. What behavior does the dog exhibit that leads you to believe he/she has separation anxiety?
  
2. How long has the dog been exhibiting this behavior? Do you know of any incident/change in routine that may have caused the behavior to start?
  
3. When someone is **not** at home the dog is left
  - indoors. Please circle one: loose/confined to one room/crate
  - outdoors. Please circle one: loose in yard/dog run/tether
  - other:
  
4. When someone **is** home the dog (check all that apply)
  - follows household members around the house
  - insists on being in close physical contact with household member(s) at all times
  - will sleep, play with a toy or go outside, not taking notice of household members moving from one room to another
  - Other. Please explain:
  
5. When someone is preparing to leave the house the dog (check all that apply)
  - doesn't react. There is only a problem when no one is home.
  - becomes anxious. Please circle all that apply: panting / whining / pacing / trembling / other:
  - becomes frantic. Please circle all that apply: loses bowel control / profuse panting / whining / trembling / barking / other:
  - other. Please explain:
  
- 5a. If you noted that your dog has a reaction to you preparing to leave the house please note what specific thing(s) causes your dog to react (please check all that apply):
  - putting on certain clothes (coat, shoes, etc)
  - picking up keys
  - picking up purse/backpack/briefcase
  - putting dog in crate/confinement area
  - other. Please describe:

6. When left alone the dog:
  - barks/whine/cries/howls
  - chews/destroys items
  - drools
  - escapes/tries to escape—where from? window/door/\_\_\_\_\_
  - urinates/defecates in house/crate
  - injures himself. Please describe:
  - other:

What length of time can you leave the dog without one or more of the above incidents occurring?

7. When left alone the dog has chewed on or damaged/destroyed (check all that apply)
  - door jambs/doors
  - window frames/blinds
  - furniture
  - walls
  - rugs or carpets in front of exits
  - shoes/slippers
  - dog toys
  - children's toys
  - pillows/bedding
  - landscaping
  - fencing
  - other:

8. When does the dog have housetraining mistakes (urinate/defecate) in the house? (please check all that apply)  
 does not     when someone is home     when someone is not home

9. Will the dog eat food or treats when left alone?  
 yes     no     don't know  
**If no:** does the dog go and eat the food as soon as you get home?  
 yes     no     don't know

10. Have you tried crating the dog?  yes  no  
**If yes,** what is the dog's reaction to the crate **when left alone?** Please check all that apply:  
 settles quickly  
 will settle if provided with toys/chews  
 drools in crate  
 cries/barks. For how long?  
 defecates or urinates in crate (please circle one or both)  
 has escaped the crate  
 will cause injury to himself trying to escape the crate. Please describe:

What is the dog's reaction to the crate when left in it when someone is home?

11. What other types of confinement have you tried?  
 confined to one room of house  
 loose in the house  
 garage  
 loose in fenced yard  
 chained/tethered in yard  
 other:

Please describe the dog's reaction to these forms of confinement, especially most and least successful:

12. How does the dog react when you get home?  
 extremely excited, takes a long time to calm down  
 very happy but calms down fairly quickly  
 happy/excited but anxious (panting, pacing, whining, etc)  
 other:

13. Have you seen a dog trainer, behaviorist, or veterinarian for this issue?  yes  no  
**If yes,** what was the diagnosis or recommendation?

Have you tried any training/behavior modification for this issue? What were the results?

Have you tried any medication for this issue? If yes, what kind and what were the results?

Please provide the name(s) of the trainer/behaviorist you have seen for this issue:

**Staff use only**

All questions have been answered

Staff initials \_\_\_\_\_

Animal ID# \_\_\_\_\_