

Seattle TGA Ryan White Program Standards

Medical Nutrition Services

Approved by Planning Council 1/12/2026

HRSA Definition:

Medical Nutrition Therapy includes:

- Nutrition assessment and screening
- Dietary/nutritional evaluation
- Food and/or nutritional supplements per medical provider’s recommendation
- Nutrition education and/or counseling

These activities can be provided in individual and/or group settings and outside of HIV Outpatient/Ambulatory Health Services.

Program Guidance: All activities performed under this service category must be pursuant to a medical provider’s referral and based on a nutritional plan developed by the registered dietitian or other licensed nutrition professional. Activities not provided by a registered/licensed dietician should be considered Psychosocial Support Services under the HRSA RWHAP. See also Food-Bank/Home Delivered Meals

TGA Directive

Funds in this category are to be used for nutritional supplements such as Ensure.

Service Units

1. Dietary Assessment by a licensed nutrition professional
2. Supplemental Meal Replacement

Medical Nutrition Therapy

1.0 General Standards

	STANDARD	MEASURE
1.1	The agency adheres to Seattle TGA Ryan White Program General Standards	Recipient review of documents and policies

2.0 Intake

	STANDARD	MEASURE
2.1	<p>As described in the General Standards 2.3, the agency initiates an Intake within 5 working days following a referral for medical nutrition therapy.</p> <p>The Intake will include:</p> <ul style="list-style-type: none"> • Documentation of a medical provider’s referral • Documentation of client needs and eligibility for Medical Nutrition Therapy • Documentation of the review of required policies (See General Standards 2.0) • An Eligibility Assessment in Provide, if the client does not already have one • A signed Release of Information and Informed Consent from the client • Upon confirmation of eligibility, the client is immediately enrolled into the Medical Nutrition Therapy program on the care team tab in Provide 	Documentation in client record and Provide

3.0 Assessments

	STANDARD	MEASURE
3.1	<p>Within five (5) business days of referral, the provider will initiate contact with the client to conduct a Nutritional Assessment. The Nutritional Assessment should include documentation of recommendations by a medical provider and a Registered Dietician or other licensed nutrition professional.</p>	Documentation in client record

4.0 Nutrition Plan

	STANDARD	MEASURE
4.1	<p>The nutrition plan must be developed by a Registered Dietitian or other licensed nutrition professional. The plan should be reviewed and/or updated at least every six months. The plan should include:</p> <ul style="list-style-type: none"> - A recommendation for nutritional supplements, amount, and duration - The diagnosed condition for which medical nutrition therapy is needed. - Recommended services and course of medical nutrition therapy to be provided, including types and amounts of nutritional supplements and food. - Date the service is to be initiated. - Planned number and frequency of sessions. - The signature of the registered dietician who developed the plan. 	Documentation in client record

	- The client file includes a medical provider's recommendation and is noted in the nutritional plan.	
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5.0 Case Closure

	STANDARD	MEASURE
5.1	The agency adheres to Seattle TGA Ryan White Program General Standards 2.1.	Recipient review of documents and policies

Created 12/9/2024

Dates Revised:

10/6/2025

1/12/2026