Due to the rapidly evolving nature of state and federal programs, this information may change unexpectedly.

Resources for Immigrants and Refugees

GENERAL COVID-19 INFORMATION/ Información general de COVID-19

- COVID-19 Public Health Recommendations
  - Available on this webpage in multiple languages: Amharic, Arabic, Chinese, Tagalog, French, Hindi, Japanese, Khmer, Korean, Marshallese, Russian, Somali, Spanish, Thai, and Vietnamese

- Informacion en Lenguas Originarias/Lenguas Indigenas / COVID-19 Resources in Indigenous Languages

- How to Prevent Spread of COVID-19 (in 30+ languages)

- Washington State Coronavirus Response Page

- WA Department of Health COVID-19 Page

- Social Distancing How-To Guide

- COVID-19 Assistance and Public Charge FAQ for Immigrants

- Financial Resources for Washington Residents Impacted by COVID-19

- Spanish Seminar about COVID-19/ Seminario Web de la Oficina de Inmigrantes y Refugiados de Seattle – Platica Comunitaria Sobre El Nuevo Coronavirus (Video)
  - Oprime aqui para la presentacion con recursos

- Somali Webinar about COVID-19/ Webinar oo ku saabsan Covid-19 oo af-Soomaali ah – March 26

- Know your Rights from the Washington LawHelp
  - Valuable information on how COVID-19 is impacting court access, health care, benefits, mortgage, and more.

- Recursos Sobre COVID-19 para los Trabajadores del WSLC

- Coronavirus Education Materials in Indigenous Languages, Dialects and Spanish

FEDERAL RESOURCES / Recursos federales

- Department of Education – Federal Student Loan Relief

- Federal Resources for Immigrants list via Informed Immigrant / Recursos federales para la comunidad inmigrante en espanol

- Small Business Guidance & Loan Resources

COUNTY RESOURCES / Recursos del condado
• King County COVID-19 Daily Updates
• King County Anti-Stigma Resources
• Yakima County COVID-19 Updates
• Skagit County COVID-19 Updates
• Clark County COVID-19 Updates
• Kitsap Public Health District COVID-19 Resources

CITY RESOURCES / Recursos de la ciudad
• City of SeaTac Human Service Providers
• City of Seattle Food Vouchers during this pandemic
• City of Tacoma COVID-19 Emergency Assistance Program
• Vancouver Specific Resource List
• Seattle COVID-19 “Request Support” Form – If you need food or other supplies dropped at your front door.
  o Spanish
  o Amharic
  o Tigrinya
  o Vietnamese
• City of Seattle COVID-19 list of services and benefits
• Eastside King County COVID-19 Resource Directory
• City of Seattle 2020 Emergency Fund for Businesses Impacted by COVID-19 (in multiple languages – Chinese, Korean, Spanish, Somali, Vietnamese)

EDUCATION RESOURCES / Recursos Educativos
• School Closures FAQ from the Washington Office of Superintendent
• Public School Meal Distribution:
  o Highline Public Schools
  o Seattle Public Schools (multiple languages)
  o Tacoma Public Schools
  o Shoreline School District
  o Snohomish School District
• FREE Access to Internet for Seattle Public School Students

HOUSING RESOURCES / Recursos de alojamiento
• **Video de preguntas sobre derechos de inquilino** del Washington Community Action Network
• **WA Emergency Housing Protections** – see what has passed
• **WA Protecciones de vivienda** – leyes
• **Rental Assistance Resources**
• **Ayuda Legal, Legal Help** – Northwest Justice Project

**UNEMPLOYMENT RESOURCES / Recursos de desempleo**

• **How to apply for Unemployment in Washington State** (w/ updates about COVID-19)
• Worker Q&A during this time
• Paid Sick Leave & Coronavirus from the WA State Department of Labor & Industries
• **The Unemployment Law Project** is a legal aid organization. They offer advice and free/low-cost legal representation to people whose unemployment benefits claims have been denied or challenged by the employer.
  - 1904 Third Avenue Suite 604, Seattle WA 98101 | 888-441-9178 | info@ulproject.org
• ‘Critical’ Job Opportunities via WorkSource
• **Safeway Delivery Drivers and Employee Openings**
• **Video de Derechos en Tu Trabajo Durante el COVID-19** de Casa Latina

**RESOURCES FOR UNDOCUMENTED FOLKS / Recursos para personas indocumentadas**

• **Tangible Support for Undocumented Communities during COVID-19 from Immigrants Rising**
  - A list of resources for undocumented folks
• Healthcare access – safe healthcare centers in the WA
  - Free and charitable clinics
  - No matter if you have legal documents, you have the right to receive medical attention. At this time, seeking medical attention will not affect your current immigration situation. *Tenga o no documentos legales, usted tiene el derecho de recibir atención médica. El recibir atención médica en el estado de Washington no le afectará en el momento que pueda arreglar su situación migratoria.*
• **Alien Emergancy Medical (AEM)** – **Atención Médica de Emergencia para Extranjeros**
  - Washington State Health Care Authority (HCA) is now allowing undocumented adults to apply for Alien Emergency Medical (AEM) if they need COVID-19 testing. HCA will come out with more changes/information/direction soon. However, in the meantime, individuals can apply online at [www.washington-connection.org](http://www.washington-connection.org) or by completing the Application for Long-Term Care/Aged, Blind, Disabled Coverage (HCA 18-005). This application can be downloaded from the [Health Care Authority website](http://www.washington-connection.org).
• **COVID-19 Relief Fund for Undocumented People | COVID-19 Fondo de Ayuda para Personas Indocumentadas**
Founded by South Seattle College student organizer, this is a fund to help ensure undocumented families can continue to pay back their rent once the current residential evictions moratorium has been lifted.

- **El Centro de la Raza – Emergency Response Fund**
- **Seattle COVID-19 “Request Support” Form** – If you need food or other supplies dropped at your front door.
  - Spanish
  - Amharic
  - Tigrinya
  - Vietnamese
- **Emergency Funds from Betancourt Macias Family Scholarship Foundation**
  - If you are undocumented yourself or have family members who are undocumented and have been impacted by the COVID-19 pandemic, you can fill out the request form and receive emergency funds.

**RESOURCES FOR MUSLIM COMMUNITIES**

- **CAIR-WA COVID-19 Help Hotline**
- **CAIR Community Resource Guide** – Resources on childcare, technology, rent, and utility assistance

**MUTUAL AID / Ayuda Mutua**

- **Seattle COVID-19 “Request Support” Form** – If you need food or other supplies dropped at your front door.
  - Spanish
  - Amharic
  - Tigrinya
  - Vietnamese
- **COVID-19/ Coronavirus South King County & Eastside Mutual Aid “Request Support” Form**
- **COVID-19 Seattle Small Business Assistance and Financial Help for Immigrants**
- **Snohomish County COVID/Coronavirus Mutual Aid Group**
  - Providing food and supplies deliveries, medicines pick-up, help to access local, state, or federal resources/relief, emotional and mental health support via phone, and small cash grants.

**WELL-BEING RESOURCES / Recursos de bienestar**

- A guide to “Taking Care of Your Mental Health in the Face of Uncertainty” from the American Foundation for Suicide Prevention.
- **Grocery Stores w/ Hours for At-Risk Groups**
- **Comcast Free Internet Program**
- **Puget Sound Energy** – No late fees or shut-offs
RESOURCES TO STAND AGAINST RACISM / *Recursos para luchar contra racismo*

- List of resources to combat racism created by our friends at the Asian Americans Advancing Justice Organization.
  - Help them track hate by visiting their **Stand Against Hatred website**, accessible in Chinese, Korean, and Vietnamese.