


Full service gym facilities

Facility	Location	Amenities	Discount details
24 Hour Fitness	Find your local 24 Hour Fitness	Each club's amenities vary and can include a wide variety of cardio, weights and strength training equipment, Group x classes, personal trainers, lap pools and a fun and active Kids' Club.* <i>*Additional fees apply</i>	Free three day pass Discounts: <ul style="list-style-type: none"> Joining fee: \$0 with one year commitment Discounts available for Sport, Super-Sport and Ultra-Sport locations. Check out full discounts here. To Join: <ul style="list-style-type: none"> Online: Visit the website and enter your corporate ID 95393. In-Club: Bring an employee ID, business card or current pay stub as proof of employment.
Anytime Fitness	Snoqualmie, WA Fremont - Seattle, WA Queen Anne - Seattle, WA	Anytime Fitness is a 24-hour/365-day boutique fitness facility featuring a full line of strength training, free weight, and top of the line cardio equipment with cutting edge touch screens, and an open studio room with live instructed classes and virtual on-demand classes. Free parking provided!	Free seven day pass Snoqualmie location: <ul style="list-style-type: none"> Monthly dues: \$48 Joining fee: \$58 (regularly \$78) Membership includes one free personal training session and access to all AF locations after 30 days (immediate access to AF Queen Anne, Fremont, and Snoqualmie). Fremont location: <ul style="list-style-type: none"> Monthly dues: \$50 Joining fee: \$68 (regularly \$88) Membership includes one free personal training session and access to all AF locations after 30 days (immediate access to AF Queen Anne, Fremont, and Snoqualmie). Queen Anne Location: <ul style="list-style-type: none"> Monthly dues: \$50 Joining fee: \$68 (regularly \$88) Membership includes one free personal training session and access to all AF locations after 30 days (immediate access to AF Queen Anne, Fremont, and Snoqualmie).
Bainbridge Athletic Club 	Bainbridge Island, WA	Bainbridge Athletic Club offers over 40 complimentary group exercise classes, four indoor tennis courts, a 7,000 square foot basketball gymnasium and Kids Club childcare.	Free three day pass Individual memberships: <ul style="list-style-type: none"> Starter fee: \$149 (regularly \$250) Monthly dues: \$68 Couple memberships: <ul style="list-style-type: none"> Starter fee: \$229 (regularly \$350) Monthly dues: \$122 Family memberships: <ul style="list-style-type: none"> Starter fee: \$279 (regularly \$400) Monthly dues: \$148, includes access to all facilities except tennis For more info: <ul style="list-style-type: none"> Call: 206-842-5661 Email: info@bainbridgeac.com
Columbia Athletic Club	Kirkland, WA Sammamish, WA Everett, WA	Services vary by location and can include a variety of cardio and strength equipment, personal training, fitness assessments, and group exercise classes. Youth Programs and kids club are also available.	Free five day pass Individual memberships: <ul style="list-style-type: none"> Enrollment: \$50 Monthly: \$107 (regularly \$119) Couple memberships: <ul style="list-style-type: none"> Enrollment: \$100 Monthly: \$158.40 (regularly \$176) Family memberships: <ul style="list-style-type: none"> Enrollment: \$150 Monthly: \$194.40 (regularly \$216)
Curves	Locations vary	The Curves workout is a complete workout including all five necessary components: warm-up, aerobic exercise, strength training, cool down, and stretching. Curves uses hydraulic resistance. There are no weight stacks to manage or change.	Free seven day pass Discounts: <ul style="list-style-type: none"> Receive 30 days' free when you sign up for a 12-month recurring billing fitness membership (monthly fees vary by location). A one-time enrollment fee is also due up-front. Sign up for MyCurves On-Demand and receive a 30-minute total body workout in the comfort of your own home. This option costs \$49.99 for the first month and the second month is free. Monthly charge is \$24.99 thereafter.
Emerald City Athletics	Seattle, WA Monroe, WA Everett, WA	We offer great facilities and great amenities which feature state of the art equipment and multi-level Group Exercise classes such as Bootcamps, Zumba, Group Cycling and Yoga. We are focused on	Free ten day pass Seattle: <ul style="list-style-type: none"> Enrollment fee: \$0 Monthly dues: \$39 Annual Fee (one time per year) billed 60 days after enrollment: \$59 Everett and Monroe:

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		getting the results you want.	<ul style="list-style-type: none"> Enrollment fee: \$0 Monthly dues: \$19 Annual Fee (one time per year) billed 60 days after enrollment: \$49 <p>*1st and Last Months Dues required at time of enrollment.</p>
Fitness Quest	Puyallup, WA Auburn, WA	Fitness Quest's mission is to help our clients realize their most passionate fitness quest at the greatest integrated wellness, sport and fitness center in the world with world-class training. Take advantage of this discount and receive 1 free personal training session every month as well as full access to Auburn, Puyallup and any future club we open!	<p>Free seven day pass</p> <p>Skip the initiation and processing fee. Pay first and last month's dues only!</p> <p>Monthly rates:</p> <ul style="list-style-type: none"> Single Memberships \$22.00 Platinum Single Membership \$35.00 (Free Guest Privileges) Couples Membership \$35.00 Family Membership \$52.00 (3-5 people) <p>Please contact us with any questions or schedule at 253-268-0625.</p>
425 Fitness	Bothell, WA Issaquah, WA Redmond, WA	Club amenities vary by location and can include basketball, state-of-the-art weight and cardio training equipment, group fitness classes, Kids Klub, Certified personal training, pool and hot tub, steam rooms and HydroMassage Chairs.	<p>Free pass</p> <p>Redmond and Issaquah:</p> <ul style="list-style-type: none"> Enrollment fee: \$0 (regularly \$99) Monthly dues: \$59.00 with agreement <p>Bothell:</p> <ul style="list-style-type: none"> Enrollment fee: \$0 (regularly \$99) Monthly dues: \$18.99 with agreement
Harbor Square Athletic Club	Edmonds, WA	Harbor Square Athletic Club offers a variety of group exercise classes, salt-water based indoor lap pool, indoor and outdoor tennis courts, day spa and massage therapy studio.	<p>Free six day pass</p> <p>Individual memberships:</p> <ul style="list-style-type: none"> Enrollment fee: \$75 (regularly \$200) Monthly dues: \$87, includes access to all amenities except tennis <p>Add on memberships:</p> <ul style="list-style-type: none"> Enrollment fee: \$75 for each add on (regularly \$125) Monthly dues: \$36 for 1st add on member, \$19 for additional members
LA Fitness	Find your local LA Fitness	Most clubs offer a wide variety of amenities such as heated lap pools and spas, full court basketball, racquetball, group exercise classes, personal training and Kids' Klub services. Check the specific facility you are interested in for details.	<p>Free five day pass</p> <p>Multi-club memberships (access to any LA Fitness except Signature branches)</p> <ul style="list-style-type: none"> Initiation fee: \$0 Monthly dues: \$29.99 Racquetball court use: \$5 per month Annual membership fee: \$49 <p>Signature Club memberships (access to Ballard, West Seattle and Kirkland branches only)</p> <ul style="list-style-type: none"> Initiation fee: \$0 Monthly dues: \$39.99 Racquetball court use: No additional charge Annual membership fee: \$49 <p>Ready to sign up? Request the King County promo code.</p>
ProFitness Club	Burien, WA	Our mission is to provide a state of the art health club facility where everyone is welcome. We offer state-of-the-art exercise equipment, full service locker rooms, personalized training (one hour free for new members) and 24 hour access to the gym seven days a week.	<p>Free fourteen day pass</p> <p>For 24 hour access membership:</p> <ul style="list-style-type: none"> Employee/retiree: \$39.99 per month (regularly \$49.99) Each additional family member: \$34.99 per month (regularly \$44.99) <p>For regular access membership:</p> <ul style="list-style-type: none"> Employee/retiree: \$29.99 per month (regularly \$39.99) Each additional family member: \$24.99 per month (regularly \$34.99) <p>You must make an appointment to receive the discount. Call 206-248-3800 to schedule.</p>
Seattle Athletic Club	Downtown - Seattle, WA	All memberships are month to month, they include all group exercise classes and have no hourly restrictions. Locker rooms include: Sauna, Jacuzzi, lockers, complimentary towels and free parking. Additional specials may be available and vary based on current promotions. * Promotions may vary from Club to Club.	<p>Free three day pass</p> <p>Individual memberships:</p> <ul style="list-style-type: none"> Initiation: \$200 (regularly \$300) Monthly dues: \$103 (regularly \$139) <p>Family memberships:</p> <ul style="list-style-type: none"> Initiation: \$350 (regularly \$450) Monthly dues: \$193 (regularly \$220)
Seattle Athletic Club	Northgate - Seattle, WA	All memberships are month to month, they include all group exercise classes and have no hourly restrictions. Locker rooms include: Sauna, Jacuzzi,	<p>Free three day pass</p> <p>Individual memberships:</p> <ul style="list-style-type: none"> Initiation fee: \$200 (regularly \$300) Monthly dues: \$103 (regularly \$122) <p>Family memberships:</p>

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		lockers, complimentary towels and free parking. Additional specials may be available and vary based on current promotions. * Promotions may vary from Club to Club.	<ul style="list-style-type: none"> Initiation fee: \$300 (regularly \$400) Monthly dues: \$150 (regularly \$176) Families includes two adults and children through the age of 18.
Seattle Fitness	Pioneer Square - Seattle, WA	Seattle Fitness is a welcoming, no-attitude health club with a diverse membership. We offer a range of group exercise classes, personal fitness instruction and tons of cardiovascular and strength training equipment.	Enrollment fees: \$50 (regularly \$75) Monthly dues: <ul style="list-style-type: none"> Individual: \$49
Seattle Pro Sports Club	Eastlake - Seattle, WA	Seattle Pro offers personal training, state of the art equipment, group fitness classes, physical therapy, childcare and more!	Single memberships: <ul style="list-style-type: none"> Initiation fee: \$200 (regularly \$400) Monthly dues: \$77 Family memberships: <ul style="list-style-type: none"> Initiation fee: \$400 (regularly \$600) Monthly dues: \$124
Snap Fitness	Edmonds, WA	Snap amenities include a wide range of cardio and strength training equipment, tanning, personal training, fitness consults and 24/7 secure access to any Snap Fitness location world-wide.	One-time joining fees: <ul style="list-style-type: none"> Initiation: \$0 (regularly \$99) Card fee: \$25 Security fee: \$55 Monthly dues: <ul style="list-style-type: none"> Individual membership: \$59.95 Joint membership: \$64.95 Family membership is \$74.95 and includes two adults and two children (ages 12 - 18 years old) Adult family members can be added for \$25 each member
Stroum Jewish Community Center	Mercer Island, WA	The JCC include a robust gym, 41+ fitness classes with professional and motivating instructors, swimming pool, racquetball courts, indoor running track, Rogue strength and conditioning equipment, modern J Café and a space dedicated to meditation and mindfulness.	No joining fee for King County employees. See the website for special promotional offers.
YMCA of Pierce and Kitsap Counties	Find your local YMCA	Membership includes full access to all seven of our facilities, group exercise classes, wellness orientations, and youth programs like swim lessons and gymnastics.	Enrollment fee: No enrollment fee for King County employees, their families and retirees (normally \$150). Monthly membership fees: No discount available. Visit website for current rates.
ZUM Fitness	Downtown - Seattle, WA	ZUM is an inclusive, fitness-oriented community that provides personal training, group fitness classes, massage services and more! Our members are all ages, sizes and walks of life.	Free seven day pass Sign up is free! Monthly dues: <ul style="list-style-type: none"> \$107 per month for a 12-month agreement \$127 per month for a 6-month agreement