

Full service gym facilities

Facility	Location	Amenities	Discount details
24 Hour Fitness	Find your local 24 Hour Fitness	Each club's amenities vary and can include a wide variety of cardio, weights and strength training equipment, Group x classes, personal trainers, lap pools and a fun and active Kids' Club.* <i>*Additional fees apply</i>	Free three day pass Discounts: <ul style="list-style-type: none"> Joining fee: \$0 with one year commitment Sport membership: \$29.99 (employee), \$28.99 (each add on) Super Sport membership: \$39.99 (employee), \$38.99 (each add on) Ultra Sport membership: \$74.99 (employee), \$73.99 (each add on) Pay first and last month's dues at enrollment. To Join: <ul style="list-style-type: none"> Online: Visit the website and enter your corporate ID 95393. In-Club: Bring an employee ID, business card or current pay stub as proof of employment.
Anytime Fitness	Snoqualmie, WA Fremont - Seattle, WA Queen Anne - Seattle, WA	Anytime Fitness is a 24-hour/365-day boutique fitness facility featuring a full line of strength training, free weight, and top of the line cardio equipment with cutting edge touch screens, and an open studio room with live instructed classes and virtual on-demand classes. Free parking provided!	Free seven day pass Snoqualmie location: <ul style="list-style-type: none"> Monthly dues: \$48 Joining fee: \$58 (regularly \$78) Membership includes one free personal training session and access to all AF locations after 30 days (immediate access to AF Queen Anne, Fremont, and Snoqualmie). Fremont location: <ul style="list-style-type: none"> Monthly dues: \$50 Joining fee: \$68 (regularly \$88) Membership includes one free personal training session and access to all AF locations after 30 days (immediate access to AF Queen Anne, Fremont, and Snoqualmie). Queen Anne Location: <ul style="list-style-type: none"> Monthly dues: \$50 Joining fee: \$68 (regularly \$88) Membership includes one free personal training session and access to all AF locations after 30 days (immediate access to AF Queen Anne, Fremont, and Snoqualmie).
Athletic Form	SODO - Seattle, WA	Athletic Form offers a variety of cardio equipment, dumbbells, medicine balls, barbells, suspension trainers, group fitness classes and a variety of certified Personal Trainers and fitness plans to help you tackle your fitness goals.	Special Offers Discounts: <ul style="list-style-type: none"> TRAIN 30: \$65.40/month (regularly \$109) TRAIN 60: \$78.00/month (regularly \$130) Unlimited Yoga: \$78.00/month (regularly \$130) TRAIN 24/7: \$129/month (regularly \$215) Initiation fee due at sign-up (waived with TRAIN 24/7 plan) All prices exclude sales tax. To Join: <ul style="list-style-type: none"> Online: Visit Athletic Form's website In-Club: Bring an employee ID, business card or current pay stub as proof of employment.
Bainbridge Athletic Club	Bainbridge Island, WA	Bainbridge Athletic Club offers over 40 complimentary group exercise classes, four indoor tennis courts, a 7,000 square foot basketball gymnasium and Kids Club childcare.	Individual memberships: <ul style="list-style-type: none"> Starter fee: \$149 (regularly \$250) Monthly dues: \$68 Couple memberships: <ul style="list-style-type: none"> Starter fee: \$229 (regularly \$350) Monthly dues: \$122 Family memberships: <ul style="list-style-type: none"> Starter fee: \$279 (regularly \$400) Monthly dues: \$148, includes access to all facilities except tennis For more info: <ul style="list-style-type: none"> Call: 206-842-5661 Email: info@bainbridgeathleticclub.com
Columbia Athletic Club	Kirkland, WA Sammamish, WA Everett, WA	Services vary by location and can include a variety of cardio and strength equipment, personal training, fitness assessments, and group exercise classes. Youth Programs and kids club are also available.	Free five day pass Individual memberships: <ul style="list-style-type: none"> Enrollment: \$50 Monthly: \$107 (regularly \$119) Couple memberships: <ul style="list-style-type: none"> Enrollment: \$100 Monthly: \$158.40 (regularly \$176) Family memberships: <ul style="list-style-type: none"> Enrollment: \$150 Monthly: \$194.40 (regularly \$216)

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Curves	Locations vary	The Curves workout is a complete workout including all five necessary components: warm-up, aerobic exercise, strength training, cool down, and stretching. Curves uses hydraulic resistance. There are no weight stacks to manage or change.	Free seven day pass Discounts: <ul style="list-style-type: none"> • Sign-up fee: \$19 • Monthly dues: Standard monthly dues apply and vary by region, typically up to \$44 per month. • Weekly dues: \$13.95 per week, with a one year commitment.
Emerald City Athletics	Seattle, WA Monroe, WA Everett, WA	We offer great facilities and great amenities which feature state of the art equipment and multi-level Group Exercise classes such as Bootcamps, Zumba, Group Cycling and Yoga. We are focused on getting the results you want.	Free ten day pass Seattle: <ul style="list-style-type: none"> • Enrollment fee: \$0 • Monthly dues: \$39 • Annual Fee (one time per year) billed 60 days after enrollment: \$59 Everett and Monroe: <ul style="list-style-type: none"> • Enrollment fee: \$0 • Monthly dues: \$19 • Annual Fee (one time per year) billed 60 days after enrollment: \$49 *1st and Last Months Dues required at time of enrollment.
Gold's Gym	Bothell, WA Issaquah, WA Kirkland, WA Redmond, WA Woodinville, WA	Club amenities vary by location and can include basketball, volleyball or racquetball courts, state-of-the-art weight and cardio training equipment, group fitness classes, Kids Klub, Certified personal training, pool and hot tub, steam rooms and unlimited tanning.	Free pass Redmond and Issaquah: <ul style="list-style-type: none"> • Enrollment fee: \$0 (regularly \$99) • Monthly dues: \$59.00 with agreement Bothell: <ul style="list-style-type: none"> • Enrollment fee: \$0 (regularly \$99) • Monthly dues: \$18.99 with agreement Kirkland: <ul style="list-style-type: none"> • Enrollment fee: \$0 (regularly \$199.99) • Monthly dues: \$24.99, no annual contract required • Enhancement fee: \$39.99, charged annually on June 1 each year • Cancellation fee: \$0 (regularly \$125) • Jumpstart Training program: \$29 (regularly \$49.99) Additional family members: <ul style="list-style-type: none"> • Enrollment fee: \$0 (regularly \$49.99) • \$24.99 monthly membership fee per additional member Woodinville Elite Club: This membership allows access to the Woodinville Elite Club, as well the clubs listed above. <ul style="list-style-type: none"> • Enrollment fee: \$0 (regularly \$199.99) • Monthly dues: \$49.99, no annual contract required • Enhancement fee: \$29.99, charged annually on June 1 each year • Cancellation fee: \$0 (regularly \$125) • Jumpstart Training program: \$29 (regularly \$49.99) Additional family members: <ul style="list-style-type: none"> • Enrollment fee: \$0 (regularly \$49.99) • \$39.99 monthly membership fee per additional member Ready to enroll online ? Request the King County promo code .
Harbor Square Athletic Club	Edmonds, WA	Harbor Square Athletic Club offers a variety of group exercise classes, salt-water based indoor lap pool, indoor and outdoor tennis courts, day spa and massage therapy studio.	Free six day pass Individual memberships: <ul style="list-style-type: none"> • Enrollment fee: \$100 (regularly \$400) • Monthly dues: \$87, includes access to all amenities except tennis Couple memberships: <ul style="list-style-type: none"> • Enrollment fee: \$150 (regularly \$65) • Monthly dues: \$87, includes access to all amenities except tennis Family memberships: <ul style="list-style-type: none"> • Enrollment fee: \$50 (regularly \$150) • Monthly dues: \$19 for members ages 12-22 years old
LA Fitness	Find your local LA Fitness	Most clubs offer a wide variety of amenities such as heated lap pools and spas, full court basketball, racquetball, group exercise classes, personal training and Kids' Klub services. Check the specific facility you are interested in for details.	Free five day pass Multi-club memberships (access to any LA Fitness except Signature branches) <ul style="list-style-type: none"> • Initiation fee: \$25 • Monthly dues: \$32.99 • Racquetball court use: \$5 per month Signature Club memberships (access to Ballard, West Seattle and Kirkland branches only) <ul style="list-style-type: none"> • Initiation fee: \$25 • Monthly dues: \$44.99

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			<ul style="list-style-type: none"> Racquetball court use: No additional charge <p>Ready to enroll? Request the King County promo code.</p>
Olympic Athletic Club	Ballard Seattle, WA	Open 24 hours a day (Monday - Saturday), Olympic Athletic Club also includes a private, women's only workout room, strength equipment, two swimming pools, 90 free group exercise classes a week, and Kid's Korner (childcare and kids yoga).	<p>Single memberships:</p> <ul style="list-style-type: none"> Initiation fee: \$0 (regularly \$249) Monthly dues: \$75 Prepaid rate: \$660 for 12 months <p>Single parent memberships:</p> <ul style="list-style-type: none"> Initiation fee: \$0 (regularly \$249) Monthly dues: \$95 Prepaid rate: \$900 for 12 months <p>Single parent and family memberships include all dependents under 19 years of age. These memberships also include 10 hours of childcare per month.</p> <p>Couples memberships:</p> <ul style="list-style-type: none"> Initiation fee: \$0 (regularly \$349) Monthly dues: \$130 Prepaid rate: \$1,200 for 12 months <p>Family memberships:</p> <ul style="list-style-type: none"> Initiation fee: \$0 (regularly \$399) Monthly dues: \$150 Prepaid rate: \$1,440 for 12 months <p>\$25 processing fee per adult applies to new memberships. Members may freeze membership for one month or more for \$10/month.</p>
ProFitness Club	Burien, WA	Our mission is to provide a state of the art health club facility where everyone is welcome. We offer state-of-the-art exercise equipment, full service locker rooms, personalized training (one hour free for new members) and 24 hour access to the gym seven days a week.	<p>Free fourteen day pass</p> <p>For 24 hour access membership:</p> <ul style="list-style-type: none"> Employee/retiree: \$39.99 per month (regularly \$49.99) Each additional family member: \$34.99 per month (regularly \$44.99) <p>For regular access membership:</p> <ul style="list-style-type: none"> Employee/retiree: \$29.99 per month (regularly \$39.99) Each additional family member: \$24.99 per month (regularly \$34.99) <p>You must make an appointment to receive the discount. Call 206-248-3800 to schedule.</p>
Sammamish Club	Issaquah, WA	Sammamish Club offers personal trainers, a variety of group exercise classes, cardio equipment, swimming pool, hot tub, sauna, massage, private locker rooms and Kid's Club for children 3 months - 10 years old.	<p>Free three day pass</p> <p>Discounts:</p> <ul style="list-style-type: none"> Initiation fee: \$0 (regularly \$199) Primary Member: \$59 (15% discount) Secondary Member: \$49 (15% discount) Student Add-on: \$29 (covers all children over 12)
Seattle Athletic Club	Downtown - Seattle, WA	Seattle Athletic Club offers a variety of group exercise classes, Cybex weight training and free weights, heated indoor swimming pool, cycling studio and childcare.	<p>Free three day pass</p> <p>Individual memberships:</p> <ul style="list-style-type: none"> Initiation: \$250 (regular \$300) Monthly dues: \$114 (regular \$129) <p>Family memberships:</p> <ul style="list-style-type: none"> Initiation: \$350 (regular \$450) Monthly dues: \$179 (regular \$205)
Seattle Athletic Club	Northgate - Seattle, WA	Seattle Athletic Club offers a variety of group exercise classes, Cybex weight training and free weights, heated indoor swimming pool, cycling studio and childcare.	<p>Free three day pass</p> <p>Individual memberships:</p> <ul style="list-style-type: none"> Initiation fee: \$200 (regularly \$300) Monthly dues: \$95 (regularly \$115) <p>Family memberships:</p> <ul style="list-style-type: none"> Initiation fee: \$300 (regularly \$400) Monthly dues: \$137 (regularly \$165) <p>Families includes two adults and children through the age of 20.</p> <p>Promotions and seasonal discounts may offer better rates - check at the facility to see if there are any current promotions.</p>
Seattle Fitness	Pioneer Square - Seattle, WA	Seattle Fitness is a welcoming, no-attitude health club with a diverse membership. We offer a range of group exercise classes, personal fitness instruction and tons of cardiovascular and strength training equipment.	<p>Enrollment fees: \$50 (regularly \$75)</p> <p>Monthly dues:</p> <ul style="list-style-type: none"> Individual: \$39 Each additional member: \$22
Seattle Pro Sports Club	Eastlake - Seattle, WA	Seattle Pro offers personal training, state of the art equipment, group fitness classes, physical therapy, childcare and more!	<p>Single memberships:</p> <ul style="list-style-type: none"> Initiation fee: \$200 (regularly \$400) Monthly dues: \$77 <p>Family memberships:</p>

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Snap Fitness	Edmonds, WA	Snap amenities include a wide range of cardio and strength training equipment, tanning, personal training, fitness consults and 24/7 secure access to any Snap Fitness location world-wide.	Free seven day pass One-time joining fees: <ul style="list-style-type: none"> Initiation: \$0 (regularly \$99) Card fee: \$25 Security fee: \$55 Monthly dues: <ul style="list-style-type: none"> Individual membership: \$59.95 Joint membership: \$64.95 Family membership is \$74.95 and includes two adults and two children (ages 12 - 18 years old) Adult family members can be added for \$25 each member
Stroum Jewish Community Center	Mercer Island, WA	The JCC include a robust gym, 41+ fitness classes with professional and motivating instructors, swimming pool, racquetball courts, indoor running track, Rogue strength and conditioning equipment, modern J Café and a space dedicated to meditation and mindfulness.	No joining fee for King County employees. See the website for special promotional offers.
Todo Bien! Wellness Center	Green Lake - Seattle, WA	Todo Bien! offers a fully equipped Pilates studio, boxing classes, personal training, boot camps, onsite massage and more!	5% off regularly priced services for new and current members. Does not include packaged services.
Valley Lifestyle Medicine and Fitness Center	Renton, WA	Valley Fitness Center is a medically based fitness facility located on the Valley Medical Center campus. We focus on results-based fitness and wellness programs designed to reduce health risk factors and increase activity, reduce pain and impact enjoyment of daily activities. Our amenities include access to group fitness classes, personal training, a 25 yard lap pool and more!	Basic Individual memberships: <ul style="list-style-type: none"> Enrollment fee: \$37.50 Monthly dues: \$46.50/+tax Basic Family memberships: <ul style="list-style-type: none"> Enrollment fee: \$37.50 Monthly dues: \$36.50/+tax Family membership includes all members of your household, ages 18 and over. Lifestyle 365® Prescriptive Exercise: This enhanced membership includes regular biometric screening, goal setting and a progressive fitness program created with the partnership of an exercise specialist. <ul style="list-style-type: none"> Enrollment fee: \$37.50 Assessment fee: \$37.50 Monthly dues: \$85.50
Washington Athletic Club	Downtown - Seattle, WA	WAC Membership includes access to group fitness classes, state of the art cardio and weight training equipment, personal training, swimming pool, running track, gymnasium and racquetball, handball and squash courts.	Resident individual memberships, ages 34+: <ul style="list-style-type: none"> Initiation fee: \$850 (regularly \$1200) Monthly dues: \$174-\$234 Resident young adult memberships, ages 18 - 33 years old: <ul style="list-style-type: none"> Initiation fee: \$500 (regularly \$550) Monthly dues: \$132-192 Resident family memberships: <ul style="list-style-type: none"> Initiation fee: \$1,200 (regularly \$2,400) Monthly dues: \$220-\$312 Non-resident memberships: <ul style="list-style-type: none"> \$400 initiation fee (regularly \$600) \$75 monthly dues
YMCA of Greater Seattle	Find your local YMCA	YMCA offers programs for the whole family at 13 facilities in Greater Seattle. Amenities include dozens of group exercise classes, new member fitness orientation, free childcare, indoor heated swimming pools and more!	Free three day pass Enrollment fee: No enrollment fee for King County employees, their families and retirees (100% discount). Membership Fee: No discount available. Rates are online. Financial aid is available for those who qualify.
YMCA of Pierce and Kitsap Counties	Find your local YMCA	Membership includes full access to all seven of our facilities, group exercise classes, wellness orientations, and youth programs like swim lessons and gymnastics.	Enrollment fee: No enrollment fee for King County employees, their families and retirees (normally \$100). Monthly membership fees: No discount available. Visit website for current rates.
ZUM Fitness	Downtown - Seattle, WA	ZUM is an inclusive, fitness-oriented community that provides personal training, group fitness classes, massage services and more! Our members are all ages, sizes and walks of life.	Free seven day pass Sign up is free! Monthly dues: <ul style="list-style-type: none"> \$107 per month for a 12-month agreement \$127 per month for a 6-month agreement