# **Domestic Violence** FEATURED RESOURCES



For tailored resources, a King County Making Life Easier counselor can help.
ONLINE <u>www.KCMakingLifeEasier.com</u> TOLL FREE 1-888-8747290
Your username is King County

According to the National Coalition Against Domestic Violence, an average of 20 people experience intimate partner physical violence every minute. About one in four women, and one in seven men have experienced severe physical violence by an intimate partner. These distressing statistics indicate that domestic violence is far more common than we may realize, as many tend to suffer in silence. Help is available to those effected by domestic violence.

There are many resources for you to contact if you are in a domestically violent situation to discuss your options for safety. One option is to call 9-1-1 if you feel that immediate police intervention is necessary.

## King County Making Life Easier (KCMLE)

#### ONLINE www.kcmakinglifeeasier.com TOLL FREE 1-800-553-7798

King County Making Life Easier (KCMLE) is a confidential resource available to you 24/7. Through KCMLE, you can access a range of services including in-the-moment support that connects you to a therapist over the phone; legal as well as financial services with complimentary consultations; daily living services that provide resource and information research assistance; childcare resource support; and in-person counseling assessments. Through KCMLE, you can receive guidance and support when you don't know where to turn and get help with finding the resources you need.

## **The National Domestic Violence Hotline**

#### ONLINE www.thehotline.org TOLL FREE 1-800-799-7233

A comprehensive resource center that offers support, resources, and information for navigating the often treacherous way out of domestic violence. Find out how to get help, learn the signs of abuse, know what healthy relationships should be, and download resources (such as Safety Plan information) and more. The National Domestic Violence Hotline can also assist with referrals to local & state resources, personalized safety planning, crisis intervention, information requests, among others.

## Washington State Coalition Against Domestic Violence

#### ONLINE www.wscadv.org TOLL FREE (206) 389-2515

A Washington State domestic violence online resource center for survivors. It includes listings for domestic violence programs, assistance for immigrants, children and youth, financial assistance, friends and family guide, housing assistance, legal assistance and more. Program listings are organized by county, and provide website and contact phone number information.

## Here are some of the county/area-specific programs for victims:

#### SEATTLE AREA

- Abused Deaf Women's Advocacy Services (ADWAS), Seattle, WA. Office: (206) 922-7088 TTY, Crisis Line: (206) 812-1001
- API Chaya, Seattle, WA. Office: (206) 568-7576

- Consejo Counseling & Referral Services, Seattle, WA. Office: (206) 467-9976
- The DoVE Project, Vashon, WA. Office: (206) 715-0258, Crisis Line: (206) 462-0911
- Interim Community Development Association, Seattle, WA. Office: (206) 624-1802
- Jewish Family Services Project DVORA, Seattle, WA. Office: (206) 461-3240, Crisis Line: (206) 461-3222
- Mother Nation, Seattle, WA. Office: (206) 722-2321
- Multi-Communities, Seattle, WA. Office: (206) 937-7155
- New Beginnings, Seattle, WA. Office: (206) 783-4520, Crisis Line: (206) 522-9472
- NW Immigrant Rights Project, Seattle, WA. Office: 206-587-4009, Crisis Line: 206-957-8621
- <u>NW Network of Bisexual, Trans, Lesbian & Gay Survivors of Abuse</u>, Seattle, WA. Office: (206) 568-7777
- Refugee Women's Alliance, Seattle, WA. Office: (206) 721-0243, Crisis Line: (206) 721-0243
- Salvation Army Domestic Violence Programs, Seattle, WA. Office: (206) 447-9944
- Salvation Army-Hickman House Transitional Housing, Seattle, WA. Office: (206) 932-5341
- <u>Seattle Indian Health Board</u>, Seattle, WA. Office: (206) 324-9360
- <u>Solid Ground Broadview Emergency Shelter and Transitional Housing Program</u>, Seattle, WA. Office: (206) 299-2500, Crisis Line: (206) 299-2500
- <u>Somali Family Safety Task Force</u>, Seattle, WA. Office: (206) 495-9504
- YWCA of Seattle/King/Snohomish, Seattle, WA. Office: (206) 490-4353, Crisis Line: (206) 461-4882

#### EAST KING COUNTY

• LifeWire Bellevue, WA. Office: (425) 562-8840, Crisis Line: (425) 746-1940

#### SOUTH KING COUNTY

- Domestic Abuse Women's Network (DAWN), Kent, WA. Office: (253) 893-1600, Crisis Line: (425) 656-7867
- Jennifer Beach Foundation, Covington, WA. Office: (206) 833-5366
- Mother Africa, Kent, WA. Office: (253) 277-7625
- YWCA of South King County, Renton, WA. Office: (425) 226-1266

#### PIERCE COUNTY

- Catherine Place, Tacoma, WA. Office: (253) 572-3547
- Crystal Judson Family Justice Center, Tacoma, WA. Office (253) 798-4310, Crisis Line (253) 798-4166
- Eatonville Family Agency, Eatonville, WA. Office: (360) 832-6805
- Puyallup Tribe of Indians Community DV Advocacy Program, Puyallup, WA. Office: (253) 680-5499, Crisis Line: (253) 680-5499
- Tacoma Community House Client Advocacy Services, Tacoma, WA. Office: (253) 383-3951
- Korean Women's Association, Tacoma, WA. Office: (253) 535-4202, Crisis Line: (253) 359-0470
- YWCA of Pierce County, Tacoma, WA. Office: (253) 272-4181, Crisis Line: (253) 383-2593

#### **KITSAP COUNTY**

• YWCA of Kitsap County-ALIVE Program, Bremerton, WA. Office: (360) 479-0522, Crisis Line: (800) 500-5513

#### **SNOHOMISH COUNTY**

- Domestic Violence Services of Snohomish County, Everett, WA. Office: (425) 259-2827, Crisis Line: (425) 252-2873
- Tulalip Indian Tribe Legacy of Healing Advocacy Center and Safe House, Tulalip, WA. Office: (360) 714-4400
- YWCA Housing and Shelter for Snohomish County, Call 425-258-2766

### **Resources for Domestic Violence Treatment/Intervention**

Northwest Family Life 206-363-9601 hope@nwfamilylife.org http://northwestfamilylife.org Anger Control Treatment & Therapies 206-575-3935 http://www.angertreatment.com/