### Job Analysis Form

**SHORT FORM FOR PRE-EMPLOYMENT PHYSICALS**

A more detailed form is available on the web at http://www.metrokc.gov/ohrm/kcjbank/ 

<table>
<thead>
<tr>
<th>PHYSICAL DEMAND</th>
<th>HRS PER SHIFT</th>
</tr>
</thead>
<tbody>
<tr>
<td>Standing</td>
<td>15 – 30 minutes</td>
</tr>
<tr>
<td>Walking</td>
<td>15 – 30 minutes</td>
</tr>
<tr>
<td>Sitting</td>
<td>6 – 7 hours</td>
</tr>
<tr>
<td>Climbing stairs</td>
<td>0 – 15 minutes</td>
</tr>
<tr>
<td>Climbing truck</td>
<td>15 min – 1 hour</td>
</tr>
<tr>
<td>Balancing</td>
<td>0 – 30 minutes</td>
</tr>
<tr>
<td>Bending/Stooping</td>
<td>0 – 30 minutes</td>
</tr>
<tr>
<td>Kneeling</td>
<td>0 – 15 minutes</td>
</tr>
<tr>
<td>Crouching</td>
<td>15 – 30 minutes</td>
</tr>
<tr>
<td>Crawling</td>
<td>0 – 15 minutes</td>
</tr>
<tr>
<td>Foot controls</td>
<td>6 – 7 hours</td>
</tr>
<tr>
<td>Reaching above shoulders</td>
<td>0 – 30 minutes</td>
</tr>
<tr>
<td>Reaching waist-shoulder</td>
<td>6 – 7 hours</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>PHYSICAL DEMAND</th>
<th>HRS PER SHIFT</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reaching knee-waist</td>
<td>15 – 30 minutes</td>
</tr>
<tr>
<td>Reaching floor-knee</td>
<td>15 – 30 minutes</td>
</tr>
<tr>
<td>Lifting/Carrying 1-10#</td>
<td>0 – 1 hour</td>
</tr>
<tr>
<td>Lifting/Carrying 11-20#</td>
<td>0 – 1 hour</td>
</tr>
<tr>
<td>Lifting/Carrying 21-50#</td>
<td>0 – 1 hour</td>
</tr>
<tr>
<td>Lifting/Carrying 51-100#</td>
<td>0 – 30 minutes</td>
</tr>
<tr>
<td>Lifting/Carrying 100+#</td>
<td>0 – 30 minutes</td>
</tr>
<tr>
<td>Handling</td>
<td>6 – 7 hours</td>
</tr>
<tr>
<td>Hand Controls</td>
<td>6 – 7 hours</td>
</tr>
<tr>
<td>Fingering</td>
<td>0 – 1 hour</td>
</tr>
<tr>
<td>Vision</td>
<td>6 – 7 hours</td>
</tr>
<tr>
<td>Hearing</td>
<td>6 – 7 hours</td>
</tr>
<tr>
<td>Other</td>
<td></td>
</tr>
</tbody>
</table>

Exposures:
- [x] Outside weather
- [x] Non-weather related temp below 55\(^{\circ}\)
- [x] Non-weather related temp above 75\(^{\circ}\)
- [x] Humidity/dampness
- [x] Moving mechanical parts
- [x] Exposed high places
- [x] Vibration
- [x] Toxic or caustic chemicals
- [x] Confined spaces
- [x] Wet
- [x] Gasses
- [x] Fumes
- [x] Odors
- [x] Dusts
- [x] Mists
- Radiation
- Explosives
- [x] Noise Level 90 DBL
- Traffic Hazards

Special Requirements:
- [x] CDL
- [x] Respirator use

I have reviewed the following Job Analysis for the above-named candidate.

Physician’s Signature ______________________ Date ______________________