Job Analysis Form

Alternate Format Available



SHORT FORM FOR PRE-EMPLOYMENT PHYSICALS

A more detailed form is available on the web at http://www.metrokc.gov/ohrm/kcjabank/

***Continued on next page.

PHYSICAL DEMAND	HRS PER SHIFT
Standing	15 min – 4 hours
Walking ■ uneven terrain	15 min – 10 hour
Sitting	2 – 7 hours
Climbing stairs	0 – 30 minutes
Climbing <u>slopes/ladder</u>	0 – 3 hour
Balancing	0 – 3 hours
Bending/Stooping	0 – 1 hour
Kneeling	0 – 1 hour
Crouching	0 – 1 hour
Crawling	0 – 30 minutes
Foot controls	0 – 2 hours
Reaching above shoulders	0 – 1 hour
Reaching waist-shoulder	4 – 7 hours

PHYSICAL DEMAND	HRS PER SHIFT
Reaching knee-waist	0 – 1 hour
Reaching floor-knee	0 – 1 hour
Lifting/Carrying 1-10#	1 – 6 hours
Lifting/Carrying 11-20#	0 – 2 hours
Lifting/Carrying 21-50#	0 – 30 minutes
Lifting/Carrying 51-100#	0
Lifting/Carrying 100+#	0
Handling	2 – 5 hours
Hand Controls	0
Fingering keyboarding	1 – 7 hours
Vision to assure safety of others	0 – 12 hours
Hearing to assure safety of others	0 – 12 hours
Riding in Helicopter	0 – 3 hours

I have reviewed the following Job Analysis for the above-named candidate.		
Physician's Signature	 Date	