



## TABLE OF CONTENTS

Introduction		1	
Drug Diversion	Court Program Description	1	
Drug Diversion	on Court Phases and Requirements	2	
Minimum Red	quirements for the Phases	2	
Phase 1:	Show Up (pre-opt-in)	2	
Phase 2:	Stop Using	3	
Phase 3:	Manage Recovery	3	
Phase 4:	Build Community	4	
Phase 5:	Work Your Program	5	
Graduation	n Requirements	5	
RANT		5	
Fix-it Tickets		6	
Therapeutic Inte	erventions (TIs)	6	
Sober Support.		7	
Completing S	Sober Support Slips	7	
Verifying Sober Support Slips			
Community Sup	oports	7	
Action Plan		7	
Empowerment	Class	8	
Empowerment	Plan	8	
Community Ser	vice Hours (CSH)	8	
Restitution		8	
Urinalysis (UA)	Testing	9	
Out-of-Range	e UA	9	
Dilute/Fake/A	Adulterated UA Tests	10	
Request for C	Confirmation Tests	10	
Confidentiality		10	
Incentives		10	
Sanctions		10	
Treatment Repo	orts	11	
Court Attendance and Bench Warrants			
Rapid Respons	e Calendar	11	
To Be Determin	ned (TBD) Hearings	11	
	Court Waiver and Agreement		
_	'e		
Residential Trea	atment	12	
Accelerated Dru	ug Court Model	12	
Hearings & Courtroom Behavior			

Other Drug Court Rules	13
Prescription Medications	13
In Custody Treatment Program / Transitional Recovery Program (TRP)	14
Termination	14
Graduation	15
Drug Diversion Court Contacts	16

The latest version of the Handbook will be available for download at: <a href="https://kingcounty.gov/courts/clerk/drug-court/Forms.aspx">https://kingcounty.gov/courts/clerk/drug-court/Forms.aspx</a>

#### INTRODUCTION

Welcome to the King County Drug Diversion Court Program.

The King County Drug Diversion Court (KCDDC) Program seeks to ensure community safety and empower participants to rebuild their lives by combining the resources of the criminal justice system, substance use treatment, and other community service providers.

This handbook provides information about the Program and what is expected of you as a participant.

Please read this handbook carefully.

It is your responsibility to be familiar with its contents. You will be sanctioned if you fail to abide by the rules and requirements contained in this handbook and the King County Drug Court Policy and Procedures manual and appendices.<sup>1</sup>

The King County Drug Diversion Court Policy and Procedures Manual is available upon eave as is in courtrooms in Seattle and Kent or at the King County Drug Diversion Court website:

https://www.kingcounty.gov/courts/clerk/drug-court/Forms.aspx

#### DRUG DIVERSION COURT PROGRAM DESCRIPTION

All participants will be assessed to determine their unique needs. Treatment and Program requirements will be designed based upon those needs.

Drug Diversion Court (DDC) contracts with geographically diverse, community-based treatment agencies - including culturally-specific agencies - that provide outpatient, residential and Medication Assisted Treatment (methadone / buprenorphine).

Treatment may be paid in full or in part by DDC if you attend one of these agencies. DDC treatment staff will do their best, within available resources, to send you to the treatment program that best suits your needs.

Under certain circumstances, with DDC approval, you may obtain treatment at a non-DDC agency if you find an alternative funding source.

You may try out treatment during Phase 1 before deciding whether to formally join the DDC program, referred to as "opting-in." If you want to be accepted into DDC you must, at a minimum, undergo a treatment assessment and a drug test, and attend other activities as directed during this try-out period. Even if you can't stop using drugs and alcohol during Phase 1, it is important that you show up to court, drug tests, and other treatment obligations, and that you are honest with the court.

Keep in mind that during this time period, the court is also reviewing your level of engagement to see that you and DDC are a good fit.

After opting-in, you remain in drug court for a minimum of 10 months, although the average length of participation is 18 months. You pass through five DDC Phases after opt-in. If you successfully complete the requirements of DDC, you graduate from the Program and your DDC charge(s) will be dismissed. (If you will still owe restitution at graduation, please see the Restitution section on page 8 for an explanation about the special status of your case.)

<sup>&</sup>lt;sup>1</sup> This handbook for King County Adult Diversion Drug Court is designed to structure, but not to eliminate, decision making for all those individuals who seek to join the program as well as those who participate in it. The court reserves the right, in each individual case, to make discretionary decisions consistent with the law and public policy.

#### **Drug Diversion Court Phases and Requirements**

DDC divides a participant's progress into phases. These are not the same as treatment phases used by your treatment agency. You will be advanced to the next phase of DDC based on your compliance, attendance at your treatment sessions and sober support meetings, community support activities, and compliance with other phase requirements. You are expected to remain in full compliance with your treatment agency conditions including additional urinalysis tests as directed. DDC may require more attendance at sober support meetings and drug testing than your treatment agency. The Judge will make the final determination as to your readiness to advance to the next phase.

For an explanation of the following terms located in the phase descriptions, please see the sections with the same titles:

- Risk and Needs Triage (RANT) Screening Tool (page 5)
- Fix-It Tickets (page 5)
- Therapeutic Interventions (TIs) (page 6)
- Sober Support (page 6)
- Community Supports (page 7)
- Action Plan (page 7)
- Empowerment Class (page 7)
- Empowerment Plan (page 8)
- Community Service Hours (page 8)
- Restitution (page 8)

## Minimum Requirements for the Phases

#### Phase 1: Show Up (pre-opt-in)

Phase 1, or the pre-opt-in phase, is expected to last no more than 30 days.

#### Minimum Requirements to Opt-In:

- Attend Hearings.
- Attend weekly Thursday Check Ins.
- Attend Legal Question & Answer (Q&A) session.
- Contact your Attorney.
- Attend Orientation & Intake (O&I) and complete RANT screening.
- Attend Treatment Intake and take a Urinalysis (UA) drug test.
- Read Participant Handbook.
- Apply for Medicaid / Washington Apple Healthcare if eligible.
- Attend Alcohol & Drug Information School (ADIS) only if required.

#### Other Requirements:

- Attend ongoing treatment sessions group and individual counseling.
- Attend 2 per week random, observed UAs.

- Create an Action Plan with Drug Court Case Manager (DCCM). Bring to every hearing and be prepared to discuss with Judge. Complete Action Plan follow-up items as suggested by the Judge.
- Sober Support Meetings / Community Support Activity attendance
  - High Needs participants: 3 per week Sober Support meetings.
  - Low Needs participants: Develop plan with DCCM for 3 per week Community Supports to begin in Phase 2.

Phase 1 is a time for you, in consultation with your attorney, to consider your particular legal situation, and whether or not you should opt into drug court or take your case through the regular mainstream criminal justice system.

#### Phase 2: Stop Using

Phase 2 is a minimum of 60 days.

- Attend Hearings
  - Bring Sober Support slips / Community Support logs.
  - Bring Action Plan and be prepared to discuss with Judge.
- Complete Action Plan follow-up items as suggested by the Judge.
- Attend all Treatment Sessions.
- Minimum of 2 random, observed UAs per week.
- Sober Support Meetings / Community Support Activity attendance
  - High Needs participants: 3 per week Sober Support meetings.
  - Low Needs participants: 3 per week Community Support activities (approved by DCCM).
- 60 consecutive days sanction-free (immediately prior to promotion to Phase 3).
- 30 consecutive days of abstinence (immediately prior to promotion to Phase 3).

Fix-It Tickets available (for missed appointments) = 2 per reporting period (the time between hearings).

No restitution owed for promotion to next phase.

No community service hours owed.

Note: Those who go to Transitional Recovery Program (TRP) while pre-opt may be eligible to skip this phase if they meet all other Phase 1 requirements (without going on bench warrant).

#### Phase 3: Manage Recovery

Phase 3 is a minimum of 60 days.

- Attend Hearings -
  - Bring Sober Support slips / Community Support logs.
  - Bring Action or Empowerment Plan and be prepared to discuss with Judge.
- Complete Action Plan and/or Empowerment Plan follow-up items as suggested by the Judge.
- Attend all Treatment Sessions.
- Minimum 2 random, observed UAs per week.

- Sober Support Meetings / Community Support Activity attendance -
  - High Needs participants: 1 Sober Support & 2 Community Supports (approved by DCCM) per week.
  - Low Needs participants: 3 per week Community Support activities (approved by DCCM).
- Attend Empowerment Class by next hearing after promotion to Phase 3 (about 30 days later).
- Meet with Resource Specialist to create Empowerment Plan with own goals. Present Empowerment Plan to the court. Must include plan for 20 hours per week of Productive Activity (such as employment, vocational training, school, parenting or volunteering) to begin by the first day of Phase 5.
- Attend a Graduation Ceremony.
- Complete 4 Community Service Hours.
- Pay 20% of Total Restitution Owed.
- 60 consecutive days sanction free (immediately prior to promotion to Phase 4).
- 60 consecutive days of abstinence (immediately prior to promotion to Phase 4).

Fix-It Tickets available (for missed appointments) = 1 per reporting period (the time between hearings).

#### **Phase 4: Build Community**

Phase 4 is a minimum of 90 days.

- Attend Hearings -
  - Bring Sober Support slips / Community Support logs.
  - o Bring Empowerment Plan and be prepared to discuss with Judge.
- Complete Empowerment Plan follow-up items as suggested by the Judge.
- Attend all Treatment Sessions.
- Complete Moral Reconation Therapy (MRT) as required.
- Minimum 2 random, observed UAs per week.
- Sober Support Meetings / Community Support Activity attendance -
  - High Needs participants: 1 Sober Support & 2 Community Supports (approved by DCCM) per week.
  - Low Needs participants: 3 per week Community Support Activities (approved by DCCM).
- Complete 12 additional Community Service Hours.
- Pay 50% of Total Restitution Owed.
- Must be ready to begin 20 hours per week of Productive Activity (such as employment, vocational training, school, parenting or volunteering) on the first day of Phase 5.
- 90 consecutive days sanction-free free (immediately prior to promotion to Phase 5).
- 90 consecutive days of abstinence free (immediately prior to promotion to Phase 5).

Fix-It Tickets available (for missed appointments) = 1 during the entire Phase 4.

#### **Phase 5: Work Your Program**

Phase 5 is a minimum of 90 days.

- Attend Hearings
  - o Bring Sober Support slips / Community Support logs.
  - o Bring Empowerment Plan and be prepared to discuss with Judge.
- Complete Empowerment Plan follow-up items as suggested by the Judge.
- Attend all Treatment Sessions. Full-time employment MAY be able to replace groups and individual treatment sessions with DCCM recommendation and court approval.
- Minimum 2 random, observed UAs per week.
- 2 Community Support activities (approved by DCCM) per week.
- Prove 20 hours per week engagement in Productive Activity (such as employment, vocational training, school, parenting or volunteering) as identified within Empowerment Plan.
- Complete Grad 101 (including Continuing Care Plan) with Peer Specialist.
- Complete 8 additional Community Service Hours.
- Pay 100% of Total Restitution Owed
- 90 days consecutive sanction-free (immediately prior to graduation).
- 90 days of consecutive abstinence (immediately prior to graduation). However, following a
  relapse that was not pre-disclosed/self-reported, the presumption is that 6 months of abstinence
  will be required prior to graduation. After 90 days of abstinence, participants may petition the
  court to graduate earlier.
- Attend own graduation ceremony.

Fix-It Tickets available (for missed appointments) = none.

#### **Graduation Requirements**

- Generally, you must be abstinent from drugs and alcohol for a minimum of 6 months.
- Prove 20 hours per week of engagement in Productive Activity (such as employment, vocational training, school, parenting or volunteering) as identified within Empowerment Plan.
- Pay restitution in full unless a special agreement has been made with the prosecutor at opt-in.
   See Restitution section on page 8 for more information.
- Complete 24 hours of community service.
- Attend a graduation ceremony.
- Complete the graduation packet. You will receive the graduation packet in Phase 4. As soon as
  you receive the packet, schedule a Grad 101 session with the DDC Peer Specialist to complete
  the documents.

#### RANT

The Risk and Needs Triage (RANT) is an evidence-based 19-question screening tool designed to match you with the most effective level of supervision and clinical services. You will be assessed for risk (the likelihood that more intensive supervision and treatment services are needed) and need (the level of substance use, mental health and other daily needs). Participants are screened into one of four

quadrants: 1) high risk / high needs 2) high risk / low needs 3) low risk / high needs 4) low risk / low needs. Drug court program requirements may differ depending on your risk / needs quadrant. RANT screenings are completed at the program start and may be revisited as more information becomes available.

#### **FIX-IT TICKETS**

A Fix-it Ticket lets you avoid a sanction in two situations: 1) arriving late to an appointment or 2) missing an appointment due to a last minute, unplanned situation. Fix-It Tickets can NOT be used for missed UAs or behavior issues.

If you are running late and you are afraid you might miss your appointment, call your treatment counselor and/or drug court case manager ahead. If you arrive late, wait calmly to talk with your counselor.

If you miss an appointment due to circumstances beyond your control, call your drug court case manager or treatment counselor (and leave a voicemail if they are unavailable) and report that you missed an appointment. Make the call no later than midnight on the date of the missed appointment. DCCMs will give you a time sensitive assignment that you can complete to "fix" the missed appointment and get back into compliance. It is your responsibility to follow-up with your DCCM to get a fix-it ticket assignment as soon as possible.

The number of fix-it tickets varies by phase as follows:

- Phase 1 = none.
- Phase 2 = 2 per reporting period (the time between hearings).
- Phase 3 = 1 per reporting period (the time between hearings).
- Phase 4 = 1 during the entire Phase 4.
- Phase 5 = none.

Failure to complete the assignments associated with a Fix-It Ticket will result in a sanction.

Note that you will typically be able to reschedule treatment appointments for good cause (such as a conflicting social security or medical appointment) without having to use a Fix-It Ticket if you call significantly in advance and provide proper documentation.

Fix-it tickets are intended to cover appointments missed for reasons that could not be anticipated. They are not intended to be used for intentionally sleeping in or choosing to skip appointments. Fix-it tickets are up to the discretion of the court and are subject to suspension if they are used repetitively or inappropriately.

## THERAPEUTIC INTERVENTIONS (TIS)

You can utilize TIs to avoid a sanction for substance use by pre-disclosing use. Pre-disclosing use means notifying staff of the substance use in one of the following ways: 1) in writing on the UA form or 2) in person or via phone to your treatment counselor, drug court case manager or attorney (as long as the attorney immediately relays info to the team) The disclosure must occur by midnight on the day of the scheduled UA. If you are unable to reach your counselor, DCCM or attorney, you can leave a voicemail by midnight on the day of the scheduled UA to qualify for a TI. A sanction is avoided but the abstinence clock still restarts when use is pre-disclosed. TIs will be available on every phase, subject to suspension with ongoing use.

Honesty is essential to your recovery and to your success in DDC. TIs are intended to encourage and reward upfront honesty that supports sobriety.

#### SOBER SUPPORT

The majority of DDC participants are required to attend sober support (SS) meetings in Phases 1 through 4 of DDC, with the required number varying by phase.

## **Completing Sober Support Slips**

Blank sober support slips are provided by DDC and the information on the form must be accurate and complete.

The secretary's name and phone number are required, meeting hall numbers are not acceptable. If a secretary will not give you a phone number, then that meeting cannot count towards your DDC requirement. Phone numbers are used to prove your attendance at a meeting.

For participants who attend court in Seattle, the sober support week will be counted Monday to Sunday. For participants who attend court in Kent, the sober support week will be counted Friday to Friday.

Participants are encouraged to photograph their slips as a back-up. In rare instances, the court may agree to accept a photographic image in place of a lost slip.

If you are behind in SS meetings or you lose a slip, do not attempt to recreate or falsify your slip – instead, contact your drug court case manager to discuss. A forged SS slip is an act of dishonesty and will result in a high magnitude sanction, which may include termination.

## **Verifying Sober Support Slips**

It is your responsibility to get your sober support slips verified at least once since your last hearing and to bring your SS slips to each hearing. To verify SS, bring your slips to each one-on-one counseling session or schedule a meeting with your treatment counselor. The counselor will review the form, sign and date it. For each court hearing, you must bring SS slips going back to the entire week of your previous court hearing through to the present.

#### **COMMUNITY SUPPORTS**

Community Supports are activities that are positive, prosocial, and meaningful to you. This could be art classes, exercise, yoga, spiritual, cultural or religious activities, recovery support, book clubs, etc. Your choice of community supports must always be pre-approved by your Drug Court Case Manager.

If you were assessed as "High Needs" on the RANT, beginning in Phase 3, you will have the option of substituting 2 community support activities for 2 of the 3 required sober support meetings. You must still attend a minimum of 1 sober support meeting per week during Phase 3 and Phase 4. On Phase 5, you will only be required to do 2 community support activities per week and will not be required to attend sober support meetings.

If you were assessed as "Low Needs" on the RANT, you will be required to do 3 community support activities per week during Phase 2, 3 & 4. You will be required to do 2 community support activities per week during Phase 5.

You are required to bring Community Support Logs to each court hearing.

#### **ACTION PLAN**

In Phase 1, you will develop an Action Plan with your Drug Court Case Manager. The Action Plan will focus on your status and goals in 3 specific areas: 1) Substance Use 2) Mental Health and 3) Housing. Your Action Plan goals will help you to achieve immediate stability within the drug court program. You will bring your Action Plan to each hearing and discuss with the Judge who will work with you to identify next

steps. You will use the Information Update form in the courtroom to report on progress on your Action Plan goals at each follow-up hearing until transitioning into an Empowerment Plan.

#### **EMPOWERMENT CLASS**

In Phase 3, by the first hearing after promotion to the phase (which is about 30 days later), you will attend an Empowerment Class. You will be provided with the times and locations of the class at your promotion hearing.

#### **EMPOWERMENT PLAN**

After attending the Empowerment Class, you will develop an Empowerment Plan with the Drug Court Resource Specialist as soon as possible. The Empowerment Plan will focus on vocational and community support activities and other life and recovery goals, specifically; 1) Recovery 2) Community/Family Supports 3) Employment/Benefits 4) Housing 5) Education/Training and 6) Health and Wellbeing. Your Empowerment Plan goals will help to set you up for long-term success after your drug court graduation. You will bring your Empowerment Plan to each hearing and discuss with the Judge, who will encourage your progress and next steps. Follow-up items discussed between you and the judge will be given to you at the end of each hearing. You will use the Information Update form in the courtroom to report on progress on your Empowerment Plan goals at each hearing until graduation.

The Empowerment Plan must also include a plan for 20 hours per week of Productive Activity (such as employment, vocational training, school, parenting, or volunteering) to begin by the first day of Phase 5.

## **COMMUNITY SERVICE HOURS (CSH)**

Before graduating from the program you are required to perform 24 hours of community service at a not-for-profit agency. You must provide proof of completion on letterhead stationery from the agency. The letter should specify the number of hours and the date(s) completed.

The hours may be completed in advance during your DDC participation and can be "banked" for phase promotion/graduation. Community Service Hours completed for a required DDC sanction or as your chosen Community Support activity cannot be double counted as hours towards your promotion/graduation requirement.

The hours must be completed as follows:

Community Service Hours	# Hours to Completed	Total Hours Completed
In order to move to Phase 4	4	4
In order to move to Phase 5	12	16
In order to graduate	8	24

#### RESTITUTION

If you owe \$2,000 or less in restitution at the time of opt-in on your drug court case(s), you must pay as follows:

To promote from Phase 3 to Phase 4	Payment of 20% of the total restitution owed
To promote from Phase 4 to Phase 5	Payment of 50% of the total restitution owed
To graduate from Drug Diversion Court	Payment of 100% of the total restitution owed

If you owe more than \$2,000 in restitution at the time of opt-in, you are required you to pay a minimum of \$2,000 according to the schedule above prior to graduating. After graduation you will plead guilty to a

gross misdemeanor with an agreed two-year deferred sentence where the only condition is to pay the outstanding balance of the restitution order.

## **URINALYSIS (UA) TESTING**

The observed collection and scientific testing of your urine for drugs, alcohol, and other mood-altering substances is an important part of DDC. DDC uses the results of these tests to determine whether or not you are using drugs, alcohol, or other mood-altering substances which are prohibited while in DDC.

Positive UAs are taken very seriously by the court and may result in you receiving a sanction or being terminated from the program. You are responsible to make sure you are tested as often as is required by your phase in DDC and by your treatment agency. Even if you have already completed the weekly minimum number of UAs required on your phase, you must continue to call the UA line every day as you may be required to take additional UAs.

You may be directed to obtain a UA at any time by a DDC case manager.

A missed UA will result in a sanction and will typically lengthen your time in the program. To lessen the sanction, contact your drug court case manager immediately after missing a UA and ask to be scheduled for a UA the next morning.

You must be very careful not to ingest or absorb any substance that can produce a positive UA such as:

- alcohol or any food or products containing alcohol;
- Kratom, marijuana or other cannabis products;
- poppy seeds in any form (no poppy seed cake, bread, muffins, salad dressing, mustard, etc.);
- any mood-altering substances;
- · any prescription medication without medical verification;
- any over-the-counter medications, such as Nyquil or Sudafed, without prior approval from your drug court case manager; or
- "natural" or "herbal" remedies or supplements or substances such as those commonly sold in health food stores, or smoke shops.

If you receive a positive UA result because you ingested or absorbed a substance producing a positive UA without prior approval, you will receive a sanction and/or may be terminated from the program.

After providing a urine sample, it is important that you tighten the lid on the collection cup properly so that it does not spill during transit. Any specimen that is unable to be tested due to leaking in transit will be considered an abnormal UA result and an act of dishonesty

## Out-of-Range UA

Drug Court UAs measure your fluid intake (how much liquid you drink) as well as the presence of drugs/alcohol in your urine. Excessive fluid intake prior to a UA could lead to an out-of-range (OOR) urine sample, which interferes with the validity of the test. DDC generally recommends you limit your fluid intake for two hours prior to a UA. An OOR UA at any phase will result in a formal OOR Warning; any additional OOR UA(s) will be treated as a positive UA and will result in a sanction.

#### Dilute/Fake/Adulterated UA Tests

A dilute UA is one that meets a federal standard for dilution which is understood to be purposeful overhydration. An adulterated UA is one where a foreign substance is added to the urine sample. A dilute or adulterated UA is viewed as an attempt to avoid the Court's detection of substance use and as an act of dishonesty. After opt-in, acts of dishonesty, including dilute or adulterated UAs, will result in a high magnitude sanction that may include up to 6 days jail and/or termination from the program.

## Request for Confirmation Tests

If you have received a positive UA result which you believe is in error, you may request a confirmation test from the court; however, a higher magnitude sanction will be imposed if the original positive result is confirmed.

## **CONFIDENTIALITY**

As a condition of your participation in drug court, you will be required to sign a release of information (ROI) which gives your treatment provider permission to give treatment information to Drug Diversion Court Services (DDCS). The release authorizes DDCS to share treatment information with your attorney, the DDC judge, prosecuting attorney, law enforcement, probation, other members of the DDC team and other service providers as appropriate. This information shall be used only to monitor compliance on your DDC case and for no other purpose.

DDC staff will make every effort to protect your identity by not using your name in research or evaluation activities without your permission.

#### **INCENTIVES**

You will be rewarded and encouraged by the Court through incentives when you are an "Express" in Court (in full compliance and working on achieving your goals).

Incentives include:

- · verbal praise;
- a chance to draw from the fishbowl in the courtroom and receive tangible rewards, such as gift cards, pens, candy, etc;
- promotion to the next DDC phase;
- placement in a special "express" group whose cases are heard earlier on the calendar; and
- dismissal of your felony case(s).

#### SANCTIONS

If you fail to follow DDC requirements, you will receive a sanction. Further, you may be sanctioned or terminated from DDC if you behave in a manner contrary to the rules and regulations of DDC. Sanctions are individualized and are utilized in a therapeutic way, aimed at changing behavior. Your response to a situation often determines if the sanction will be high or low – accepting responsibility is taken into account.

Sanctions include, but are not limited to:

- in-court "jury box observation";
- community service hours;

- Community Center for Alternative Programs (CCAP);
- Work Education Release (WER);
- Community Work Program (CWP);
- other: peer-to-peer accountability meeting, attendance at a court-sponsored class, essay writing, increased attendance at sober support meetings;
- · return to a prior DDC phase;
- jail; and
- termination from the DDC program.

If you fail to complete a sanction in time, you will receive an additional sanction.

#### TREATMENT REPORTS

Your attendance at treatment sessions, sober support groups, the results of your urinalysis tests, and your level of participation in treatment are monitored by the court. Prior to each hearing, your treatment counselor provides a written report to the court on your compliance in all areas.

#### **COURT ATTENDANCE AND BENCH WARRANTS**

While in Phase 1, 2, and 3, you will be required to report to court at least every two weeks. When you advance to Phases 4 and 5, you will generally be expected to report to court at least every four weeks. The court may require more or less frequent court appearances. At each hearing you will be notified in writing of your next court hearing. This is the only notice you will receive. If you lose your hearing notice, call Drug Diversion Court Services at 206-477-0788 to determine your next hearing date.

If you have a scheduling conflict, you must call your attorney before the day of the hearing and ask permission to reschedule the hearing. A bench warrant will be issued if you do not appear. Calls made the day of the hearing will not excuse your absence, unless you have a verifiable emergency.

#### If you receive a bench warrant, it is your responsibility to address it.

If you wish to ask the Court to address a bench warrant, generally, you may appear at a DDC calendar and request to quash the bench warrant. The Court may or may not quash the warrant depending on the circumstances, but it is always more likely the warrant will be quashed if you appear voluntarily instead of waiting to be arrested on the warrant.

If you are arrested on the bench warrant, you will remain in custody until the next "in-custody" calendar. You are less likely to spend time in jail if you voluntarily appear in court to address your warrant.

#### RAPID RESPONSE CALENDAR

It is important to address compliance issues as soon as they arise. The case manager, a treatment counselor, or you yourself, may request to have your hearing accelerated to discuss your compliance with the Court. If you are notified of an accelerated hearing date, you must appear for the hearing. A failure to appear for an accelerated hearing may result in the Court issuing a warrant for your arrest.

## To Be Determined (TBD) Hearings

After you opt into drug court, your hearings will generally have a result of "Express" (100% compliance) or "Sanction" (a response or assignment given by the court to address non-compliance). Occasionally the

court will agree to a "To Be Determined" (TBD) finding at your hearing and will allow the result to be decided at the next hearing instead. For example, you may receive a TBD if you forget to bring your sober support slips to court or if circumstances beyond your control have prevented you from completing a sanction, TI or Fix-It Ticket by the hearing date. When a TBD finding occurs, you are expected to complete the assignment by the next hearing **and be in full compliance** in order to avoid a higher magnitude sanction. The court will not typically allow more than one TBD hearing in a row.

#### DRUG DIVERSION COURT WAIVER AND AGREEMENT

If you request to move to Phase 2 (opt into the program) and the Court grants your request, you do not plead guilty. However, you will be required to sign the DDC Waiver and Agreement. By signing the Waiver and Agreement, you give up certain rights, including the right to resolve your case mainstream, as well as the right to have a trial or present evidence regarding your guilt or innocence on the underlying charge. Failure to abide by all of the terms in the DDC Waiver and Agreement may result in termination from the program. By opting in and signing the Waiver and Agreement, you agree that your case will be resolved in DDC and you cannot take your case mainstream.

## SOBER BIRTH DATE

You are expected to keep track of your sober birth date because it is an important part of your recovery. The sober birth date is the day following the last time you used alcohol or any unauthorized drugs. Each time you come to court, you must report your sober birth date. You do this by filling out an information update form located next to the sign in sheet in the courtroom. Give the completed form to your attorney who will provide the form to the judge. Giving a false sober birth date will result, at a minimum, in a jail sanction.

#### RESIDENTIAL TREATMENT

When therapeutically appropriate, DDC participants may be required to attend residential treatment. If you enter residential treatment ordered by DDC, you must complete the treatment as directed by the treatment center. If you leave treatment against the advice of the treatment center, you will typically be sanctioned to a minimum of six (6) days in jail and/or terminated from the DDC program.

#### ACCELERATED DRUG COURT MODEL

Participants that successfully complete a long-term inpatient treatment program (minimum six months) may be eligible for an accelerated drug court model. In order to qualify, you must:

- Successfully graduate from the long-term inpatient treatment (LTIPTX) program;
- Resume outpatient substance use disorder treatment in the community upon completion of the LTIPTX program. (At a minimum, you must be providing UA's and attending sober support meetings and/or community support activities.)
- Maintain 100% compliance for a period of four consecutive months. The accelerated drug court model is as follows:
  - Upon successful completion of LTIPTX (and if outpatient attendance conditions are met), you will begin at Phase 4.
  - Phase 4 is 60 consecutive days of full compliance.
  - Phase 5 is 60 consecutive days of full compliance.
  - Graduation occurs on the next available graduation day after 60 days on Phase 5.
  - Full participation and compliance is expected through graduation.

A sanction at any point eliminates the accelerated model as an option and you will return to the traditional drug court model. If you are moved from the accelerated model to the traditional model, you will be placed at the beginning of whichever phase you were on prior to entering the LTIPTX program.

Regardless of the phase you were on when you entered LTIPTX, you must still complete a minimum of four consecutive, sanction-free months after LTIPTX, prior to being eligible to graduate.

#### **HEARINGS & COURTROOM BEHAVIOR**

Your hearings will be scheduled on a morning or afternoon calendar, depending on your treatment schedule. If your court hearing is scheduled at the same time as your treatment session, please notify your attorney or drug court case manager in advance so your hearing can be rescheduled.

You are required to be in the courtroom at the beginning of the calendar on the day your hearing is set. You will be expected to remain in the courtroom and maintain appropriate behavior at all times during DDC hearings.

## **OTHER DRUG COURT RULES**

- You cannot leave the state without first obtaining permission from the court.
- Possession of firearms is prohibited.
- You cannot reside where a firearm is present.
- No threatening, harassing or assaultive, disrespectful or disruptive behavior of any kind in DDC, at treatment or in the community at large.

#### PRESCRIPTION MEDICATIONS

As a general rule, you are expected to be drug and alcohol free, including the use of mood-altering prescription medications. However, DDC fully supports Medication Assisted Treatment (MAT) in the form of Methadone, Buprenorphine or Naltrexone prescribed by a doctor and used as prescribed as a part of your drug court treatment plan.

DDC participants with chronic pain or other conditions requiring repeated use of prescription medication which is opioid, amphetamine, benzodiazepine or marijuana/cannabis based may not be able to participate in the DDC program.

If you opt into DDC and then experience an episode of acute pain or other condition requiring a prescription medication, you must have the Drug Court prescription form completed by your medical provider. The medical provider will be asked to indicate on the form that he or she is aware that you are in DDC and that you are expected to remain drug-free except in extreme instances.

You will also be required to complete a release of information (ROI) allowing DDCS to talk to your medical provider. A new prescription form and a new ROI will be required each time you obtain a new prescription or have a prescription filled by a new medical provider.

Prescription forms are available through the court, Drug Court Services or the Drug Court website. Completed forms should be provided to your treatment provider at your next appointment and shown to the court at your next hearing.

The Court has the discretion to rule that a participant's legally prescribed medication is inconsistent with the court's ability to monitor program compliance.

Use of prescription drugs, other than psychotropics and antibiotics, may impact your abstinence clock and your progress in DDC.

# IN CUSTODY TREATMENT PROGRAM / TRANSITIONAL RECOVERY PROGRAM (TRP)

The Transitional Recovery Program (TRP) is a 60-day in-custody treatment program. DDC may require participation in TRP as a condition of your remaining in the DDC program.

- Requirements for successful TRP completion:
  - You will remain in custody or be remanded no less than six business days prior to your TRP intake date.
  - You will be UA'ed at TRP intake. You will be required to wait until you can provide a negative UA in order to start attending the program.
  - Drug use is unacceptable in TRP. Frequent UAs will be performed during the program.
  - Disruptive behavior or failure to follow group rules (including drug use) may result in permanent or temporary removal from the TRP.
  - All missed treatment due to behavior issues or substance use must be made up (if you are permitted to remain in the program).
- Participants who choose to enter the TRP during Phase 1 will receive credit for Phase 2 and promote to Phase 3 if they successfully graduate the TRP and meet the following criteria:
  - Complete all other Phase 1 requirements.
  - No bench warrants.
  - No positive UAs.
  - o Additionally, for Work Release participants: no rack backs to secure detention.

The DDC Team will staff your case midway through your time in the TRP to plan for an appropriate release mode. Temporary releases from TRP will not be authorized unless there is a verified emergency.

#### **TERMINATION**

There may be instances when your continuation in the DDC program is unproductive for you, the program, or both. In making the decision regarding whether to terminate you from DDC, the court will consider your past efforts regarding compliance and progress in the program.

Examples of violations, which may result in termination:

- Dishonesty to the court.
- Missing UAs or treatment sessions.
- Failure to abide by the terms of the DDC agreement or rules in the handbook.
- Threatening, harassing or assaultive behavior of any nature at treatment or in the community at large.
- Charged with a new offense of any kind.
- Inability to regularly participate in required treatment, including urinalysis testing, treatment sessions, sober support meetings, community support activities and/or review hearings with the court.

Termination from DDC may be voluntary or involuntary. A voluntary termination occurs when you decide to terminate from the program. You may do this at any time once you have opted in to Drug Court. If you choose to terminate, you do not have the option of sending your case back mainstream. Instead, the Judge will read the police reports to make sure that there is a factual basis to find you guilty of the case(s) you opted in on, and then the Judge would sentence you.

An involuntary termination occurs when the State moves to terminate you for failing to comply with the program's rules. You have the right to contest this termination at a hearing with your attorney. At a termination hearing, you do not have the right to argue the facts of your underlying case, only the allegations of non-compliance. If you win a contested hearing, then you can remain in the program, though the Judge or prosecutor may ask for termination again in the future. If you lose, then the result is the same as a voluntary termination: the Judge reviews the police report to make sure there is a factual basis to find you guilty, and sentences you.

#### **GRADUATION**

When you have successfully completed the DDC Program, you will graduate, and the case(s) you brought into DDC will be dismissed. The DDC Judge will determine the time frame for your graduation, consistent with written policies and procedures.

Your family and friends, counselors, and sponsors are invited to attend your graduation ceremony that honors your successful completion of the DDC Program, achievement of healthy lifestyle and dismissal of your DDC felony case(s).

Successfully graduating from DDC does not make your case(s) disappear from public view. A dismissed case will still show up on most background checks that are used by employers and landlords. If the dismissal shows up on a background check, you may be asked about the case and your successful graduation of drug court by a potential employer or landlord.

#### **DRUG DIVERSION COURT CONTACTS**

King County Drug Diversion Courtroom King County Courthouse, Seattle Site 516 Third Avenue Room E-912 Seattle, WA 98104 (206) 477-1453

King County Drug Diversion Courtroom Regional Justice Center, Kent Site 401 Fourth Avenue, North Kent, WA 98032-4429 (206) 477-1635

King County Drug Diversion Court Services 516 Third Avenue, Room E-917 Seattle, WA 98104

Hours of Operation: Monday to Friday 8:30am-11:30am & 1:30pm-4:30pm Phone: (206) 477-0788 Fax: (206) 296-7885

#### **Department of Public Defense**

Screening Locations:

Maleng Regional Justice Center (Tuesdays & Wednesdays 8am-5pm) 401 Fourth Avenue North Room 1-B Kent, WA 98032 (206) 477-9727 DPDScreening@kingcounty.gov

King County Courthouse (Mondays & Wednesdays 8am-5pm) 516 Third Avenue E-820 Seattle, WA 98104 (206) 477-9727 DPDScreening@kingcounty.gov

#### **Drug Court Public Defender**

Associated Counsel for the Accused Division 701 Second Avenue, Suite 1000 Seattle, WA 98104 (206) 624-8105

Associated Counsel for the Accused Division 420 West Harrison Street, Suite 201 Kent, WA 98032 (253) 520-6509

## **Drug Court Prosecuting Attorney** 516 3rd Avenue. Room W554

Seattle, WA 98104

(206) 296-9000

## **Drug Diversion Court Contract Treatment Agencies**

Asian Counseling and Referral Service 3639 Martin Luther King Jr. Way Seattle, WA 98144 (206) 695-7600

Consejo Counseling and Referral Service 3808 S. Angeline Seattle, WA 98118 (206) 461-4880

Cowlitz Tribal Treatment 15455 65th Ave S Tukwila, WA 98188 (206) 721-5179

Seattle Counseling Service (LGBTQ-focused) 1216 Pine St., Suite 300 (206) 323-1768 Seattle, WA 98101

Sound - START Program 6100 Southcenter Blvd Tukwila, WA 98188 (206) 444-7800

#### **Therapeutic Health Services**

Eastside Branch Rockwood Office Park 1412 140th Place NE Bellevue, WA 98007 (425) 747-7892

Kent Branch 24823 Pacific Hwy. S., Suite 103 Kent, WA 98032 (253) 681-0010

Summit Branch 1116 Summit Avenue Seattle, WA 98101 (206) 323-0930

Shoreline Branch 16715 Aurora Ave N Suite 102 Shoreline, WA 98133 (206) 546-9766

#### Other Treatment Agencies and Services

Hope Place (Women) Union Gospel Mission Program 3802 S Othello St Seattle, WA 98118 (206) 628-2008 Salvation Army 1000 Fourth Avenue South Seattle, WA 98124 (206) 628-0593

Veterans Affairs (VA) Puget Sound Health Care System 1660 S Columbian Way Seattle, WA 98108 (206) 764-2457

#### **Support Groups-12 STEP**

Al-Anon/Alateen Information Service Seattle: (206) 625-0000 www.seattle-al-anon.org

Alcoholics Anonymous (AA) Seattle Intergroup of AA: (206) 587-2838 www.seattleaa.org (24 Hour)

Narcotics Anonymous (NA) Seattle NA: (206) 790-8888 www.seattlena.org (24 Hour)

South King County NA: (253) 872-3494 www.skcna.org

Cocaine Anonymous Seattle Area: (800) 723-1923 www.caofwa.org

Crystal Meth Anonymous

Meetings listed online: www.crystalmeth.org

Strength Over Speed (for Crystal Meth)

Meetings listed online: www.strengthoverspeed.org

Marijuana Anonymous Seattle: (206) 548-9034

www.marijuana-anonymous.org

Nar-Anon Family Groups Seattle: (206) 626-7171

Recovery Cafe
Both 12-Step & Non-12 Step
(206) 374-8731
www.recoverycafe.org

#### **NON-12 STEP**

Peer Seattle Meetings
Listed online
(Both 12-Step & Non-12 Step): w

(Both 12-Step & Non-12 Step): www.peerseattle.org

(206) 322-2437

SMART (Self Management and Recovery Training)
Meetings listed online: <a href="https://www.smartrecovery.org">www.smartrecovery.org</a>

SKIP (Sobriety Knowledge Is Power)
Meetings listed online:

https://sites.google.com/site/skipnetdotorg

#### **Christian Faith-Based**

Celebrate Recovery
Meetings listed online
www.celebraterecovery.com

Matt Talbot (206) 256-9865

www.matttalbotcenter.org/meetings.html

New Heart Recovery Program Meetings listed online www.newheartministry.com

Overcomer's Anonymous

Meetings listed online www.overcomersoutreach.org

#### **Buddhist & Meditation-Based**

Northwest Buddhism Recovery Network
Meetings (includes Refuge Recovery, Heart of
Recovery, Eight Step Recovery):
www.nwbuddhistrecovery.org/nwbr/meetings/

#### **Recreation - Based**

Clean and Sober Softball Association (CSSA) fee required (206) 683-1058 www.leaguelineup.com/cleanandsobersoftball

OSAT - One Step at a Time (206) 686-2927 / www.osat.org
Outdoor club and affiliated AA group. Combine recovery with outdoor activities such as hiking, biking, and climbing. Hold regular AA meetings on Tiger Mountain and at Golden Gardens- Shilshole Bay. Membership fee required for out-door club, not AA meetings.

#### **Help Lines**

24-Hour King County Crisis Line (866) 427-4747 or 1-866-4CRISIS www.crisisclinic.org

24-Hour Washington Recovery Help Line V/TTY (866) 789-1511

www.warecoveryhelpline.org

#### **Housing / Shelter Resources**

Coordinated Entry for All Dial 2-1-1

Bread of Life Mission (Men) (206) 682-3761

Aloha Inn (206) 283-6070

King County Domestic Violence Bed Bank Program (800) 621-4636 call M-F after 9:30am

Housing Justice Project (206) 267-7090

Housing Search Northwest (877) 428-8844 www.housingsearchnw.org

King County Housing Authority (206) 574-1100 www.kcha.org

Orion Center Young Adult Drop-In Center (206) 622-5555

Oxford Housing (206) 528-3899 www.oxfordhouse.org

Pioneer Housing Services (206) 624-0082 x104

www.pioneerhumanservices.org/housing

Seattle Housing Authority (206) 615-3300 www.seattlehousing.org

Solid Ground Tenant Services Hotline (206) 694-6767

Women's Referral Center (shelter) (206) 441-3210

Mary's Place (single women or parents with children) (206) 621-8474or 24 hour: (206) 245-1026

#### Other

Work Crew (CWC) (206) 477-2309

Community Information Line (206) 461-3200 Information on shelter availability and location of food banks.

Country Doctor (206) 299-1600 www.countrydoctor.org

DSHS
(800) 737-0617

www.dshs.wa.gov
Court Resource Center
Seattle Municipal Court
600 5th Avenue Second Floor
Room 235
(206) 299-1600
Seattle, WA 98104

Metro Rider Information (206) 553-3000 http://tripplanner.kingcounty.gov

Pike Market Medical Clinic (206) 299-1600 www.pikemed.org

Pioneer Square Clinic (206) 521-1750

Public Health CHAP Program (Washington Apple Health assistance) (800) 756-5437

Healthcare Authority - Washington Health Plan Finder (855) 923-4633

www.wahealthplanfinder.org

Washington Information Network Dial 2-1-1 <a href="https://www.resourcehouse.com/win211">www.resourcehouse.com/win211</a>

This material is provided in Spanish and in alternative formats for individuals with disabilities upon request by calling Mary K.C. Taylor, 206-477-0788.

KCDDC Participant Handbook 7/2019